



Weekly Email from Father Paul Wharton

April 22, 2023

When in his youth he was asked which he preferred, Martin Buber thought he preferred books to people. Books are easy to handle, easy to open and to close, to remove or place back on the shelves. Books are manna from heaven, while humans are like hard, brown bread on whose crust he breaks his teeth. But as he grew older, Buber changed his mind. "I knew nothing of books when I came forth from the womb of my mother, and I shall die without books; I shall die with another human hand in my own."

These thoughts came to mind as I considered this week's email. My second biggest regret in the past twelve months was the brouhaha or controversy created by a committee of parishioners and staff to design a new logo. Most parishioners didn't realize there already was an unofficial official logo. Few of them knew where it was from or what it meant. People were given the opportunity to weigh in. Check the bulletin for the results and comments.

What makes Blessed Sacrament Parish what it is are those connections we have with one another through our Lord Jesus Christ in the Holy Spirit. When we pray together, play together, learn together, minister together, we are Blessed Sacrament Parish. When we support, encourage, appreciate one another, and carry on the work and mission of the Church in the world we are most the Body of Christ. Priests, logos, and even buildings come and go, but . . . "Jesus Christ is the same yesterday, today, and forever." (Hebrews 13:8)

Phone: Office (304) 744-5523

Parish website

This Sunday's Readings

Faith in West Virginia

This Sunday's Bulletin

Cell: (304) 433-7472

Email: pjw424@gmail.com

<https://www.blessedsacramentwv.org>

<https://bible.usccb.org/bible/readings/042323.cfm>

<https://faithinwv.org/latest-bulletin/>

Headlines and Happenings

Welcome Fr John Finnell (5:30) and Msgr. Fred Annie (9 and 11:30 am) who will preaching and presiding this weekend.

CONGRATULATIONS to our four newly initiated members of Blessed Sacrament Parish: Marla Weiner, Liz James, Pam Steelhammer, and Joey Thornton. May they grow always and ever closer to the Lord!

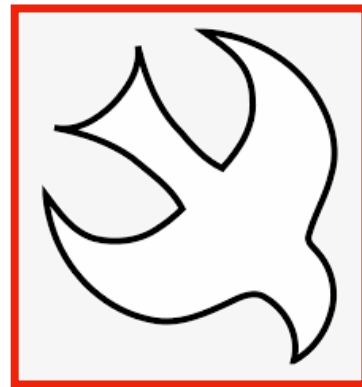
Sunday **BOOK STUDY** and **DISCUSSION** groups Study continue at 10:15 am in the meeting room next to the Parish Hall. Copies of the book are available.

April 23 Oscar Romero Essential Writings
April 30 Joan Chittister The Gift of Years
May 07 Joan Chittister The Gift of Years
May 14 Oscar Romero Essential Writings
May 21 Joan Chittister The Gift of Years
May 28 Oscar Romero Essential Writings
June 04 Joan Chittister The Gift of Years

Hope Beyond Today is a six-week program designed by those who have navigated through the maze of hurt, sorrow, and heartache caused by grief. It continues Monday night in Library Room 5a at 7pm. Come even if you missed the first week.

PRAYER

Breathe into me, Holy Spirit,
that my thoughts may all be holy.
Move in me, Holy Spirit,
that my work, too, may be holy.
Attract my heart, Holy Spirit,
that I may love only what is holy.
Strengthen me, Holy Spirit,
that I may defend all that is holy.
Protect me, Holy Spirit,
that I may always be holy.
— Saint Augustine



PRAYER MYSTIC MORSEL

 courtesy of Rabbi Victor Urecki

Evil speech (Lashon Hara) destroys relationships. Good speech (Lashon Hatov) mends them. This works not only in marriages and families, but also in communities, organizations and businesses. So: in any relationship that matters to you, deliver praise daily. Seeing and praising the good in people makes them better people, makes you a better person, and strengthens the bond between you. This really is a life-changing idea.
— Rabbi Jonathan Sacks

CARBONATED GRACE ***

Once there was a football team who had never won a game. So one day before practice the coach decided to have a talk with them. He told them, “Boys, our **offense** is bad, our **defense** is horrible, and our special teams are the **worst** I have ever seen. So today we are going back to the basics. We are going to start over.” The coach reached over and picked up a football and said, “Boys, this is a football!” Before he could say anything else one of his players spoke up and said, “Coach, please slow down, you’re going too fast.”

*** Anne Lamott calls laughter *carbonated grace*.

Grocery List for Food Drive for the Good Shepherd Food Pantry in Coalburg, WV.

ITEM	SIZE	ITEM	SIZE
Canned corn	16oz	Peanut butter-creamy	16 oz
Canned green beans	16oz	Spaghetti sauce	43 oz
Canned mixed veggies	16oz	Spaghetti noodles	16 oz
Baked beans	16oz	Canned white potatoes	15 oz
Fruit	15 oz	Canned tomatoes	14.5 oz
Vegetable soup	10.5 oz	Vienna sausages	4.6 oz
Tomato soup	10.5 oz	Jello-any flavor	6 oz
Soup - chicken noodle	10 ¾ oz	Cheerios	12 oz
Tuna	12 oz	Frosted Flakes	12 oz
Canned chicken	10 oz	Pudding cups	
Crackers	1 lb	Ramen noodles	3 oz
Pinto beans-dry	2 lb	Navy beans	1# or 2#
Mac and cheese	7.25 oz		

There is still time to help make a difference in helping those who need it.