

Blessed Sacrament Weekly Email

September 13, 2024



Former parishioners never die, they live on in anecdotes. Karl and Leona were parishioners in a mission located in Littleton, WV. Once I got to know them fairly well, I was comfortable asking a question that was bothering me for some time. It was obvious to everyone who knew them that they were still very deeply in love with each other after more than 40 years of marriage. They often walked together holding hands. But they never sat together during Mass or funerals. Karl sat a little more than halfway to the front. Leona, however, sat in the back with three or four other women. “Leona, I wonder why you and Karl never sit together at Mass.” With a look of surprise, she said. “Father, I am sitting in the choir.” Much to my chagrin, without due consideration, and unable to stop, I replied, “I didn’t know we had a choir.”

I turned about as red as one could when putting my foot in my mouth. We still laugh about this some thirty-five years later. Those few women in our choir sang with zest and more importantly from the heart. Saint Augustine famously declared, “To sing is to pray twice.” Blessed Sacrament is blessed with a singing congregation, a wonderful music director, gifted musicians, talented cantors, and vocal and bell choirs.

The purpose of cantors and choirs is not to put on a performance in order to receive applause, but to serve the liturgy to help everyone worship the Lord by singing together. One doesn’t have to have perfect pitch or a strong voice to be in the vocal choir. For more information or to join the vocal or bell choir, please email Mary Odin modin@frontier.com or talk with her after any Mass.

Phone: Office (304) 744-5523
Parish website
Faith in West Virginia
This Sunday’s Readings
Wednesday Bible Handout
This Sunday’s Bulletin


Cell: (304) 433-7472. Email: pjw424@gmail.com
<https://www.blessedsacramentwv.org>
<https://faithinwv.org/latest-bulletin/>
<https://bible.usccb.org/bible/readings/091524.cfm>

Make a joyful noise to the Lord, all the earth;
break forth into joyous song and sing praises.
Sing praises to the Lord with the lyre, with the lyre and the sound of melody.
With trumpets and the sound of the horn make a joyful noise before the Lord.
— Psalm 98:4-9

Noteworthy News

Because of last weekend's Sneaker Sunday, Hygiene Sunday was moved to this weekend

Hygiene Sunday	On the second Sunday of each month, parishioners are encouraged to donate hygiene products (especially sanitary napkins, shampoo, deodorant, and tooth paste and brushes). Our Tith Fund uses monetary donations to purchase items for these kits. A hygiene kit is used to hold personal care items that clean, comfort, and groom a person's body. Our hygiene kits are used by women and men in addiction recovery or emergencies.
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— which for those of you keeping score at home is — the third Sunday of the month.

FLOORING PROJECT UPDATE: As almost everyone who has ever hired contractors for home remodeling knows, the New Flooring Project is behind schedule. So here's how things are looking right now:

- Sunday September 22 10:10 am — Pancake Breakfast: free, but donations are accepted
- Sunday September 29 10:15 am — Faith Formation Orientation for Students/Parents
- Sunday October 6 10:15 am — Faith Formation Begins in Classrooms

MYSTIC MORSELS

To sing is to pray twice.

—Saint Augustine (354-430)

Underneath all the texts, all the sacred psalms and canticles, these watery varieties of sounds and silences, terrifying, mysterious, whirling and sometimes gestating and gentle must somehow be felt in the pulse, ebb, and flow of the music that sings in me. My new song must float like a feather on the breath of God.

— Saint Hildegarde of Bingen (1098-1179)

Let this presence settle into your bones and allow your soul
the freedom to sing, dance, praise, and love.

— Saint Therese of Lisieux (1873-1897)

DID YOU KNOW Triskaidekaphobia is the fear of the number 13. It is thought by many to stem from the story of the Last Supper where 13 dined. Fear of Friday the 13th is known as paraskevidekatriphobia. In truth, these might be better understood as superstitions. Arachnophobia is the fear of spiders, a fairly common one at that.

POEM This is our Song

Sing praise to God
for the Spirit
calling us
gathering us
beckoning us
into God's presence
into God's power
"come"
says the Spirit —
speak words of lovingkindness"
"come"
sings the Spirit —
"sing beauty out into the world"
"come"
dances the Spirit —
"dance the holiness of life"
"come"
drums the Spirit —
"drum the delight of being"
"come"
signs the Spirit
"show God's love with your hands"
Come
live
love
praise
with your whole body
with all that you are.
— Susan Palo Cherwin



CARBONATED GRACE

Biblical Theme Songs

- ▣ Adam and Eve: "Strangers in Paradise"
- ▣ Noah: "Raindrops Keep Falling on My Head"
- ▣ Methuselah: "Stayin' Alive"
- ▣ Esau: "Born To Be Wild"
- ▣ Moses: "The Wanderer"
- ▣ Samson: "Hair"
- ▣ Esther: "I Feel Pretty"
- ▣ Jezebel: "The Lady is a Tramp"
- ▣ Elijah: "Up, Up, and Away"

- Job: "I've Got a Right to Sing the Blues"
- Jonah: "Got a Whale of a Tale"
- Daniel: "The Lion Sleeps Tonight"
- Shadrach, Meshach, and Abednego: "Great Balls of Fire!"
- Three Kings: "When You Wish Upon a Star"
- John the Baptist "Wild Thing"
- Salome: "I Could Have Danced All Night"
- Peter: "I'm Sorry"
- Lazarus: "The Second Time Around"