



# Blessed Sacrament Parish

## October 1, 2023

**We, Blessed Sacrament Parish, are a Christ-Centered Community, Committed to Worship the Father, Committed to Respond to the Spirit's Gifts, Committed to Loving Service to All God's People.**

### Mass Times & Intentions

Day	Date	Time		Intention
Saturday	09/30	5:30 pm	+	Mary Ann Severt by Jim Scharf
Sunday	10/01	9:00 am	+	George and Mary Hamilton by Beth Boyd
		11:30 am *	+	Sam Femia by John and Arlene Hanna
Monday	10/02			
Tuesday	10/03			
Wednesday	10/04	Noon	+	Mike Howard by Sandy Williams
Thursday	10/05	Noon	+	Sylvester & Marie Edquist by Sue Bowyer
Friday	10/06	Noon	+	Paul "Scrappy" Miller by Ruth Conrad
Saturday	10/07	5:30 pm	+	Elizabeth O'Leary by John & Arlene Hanna
Sunday	10/03	9:00 am	+	Michael Shawler by John & Arlene Hanna
		11:30 am *		For the People of the Parish

\*On Sundays at 11:30 Mass our nursery is available for children under the age of 3 years.

### We Remember in Our Prayers

Barbara Baldy, Barbara Breese, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Loretta DiGiorgi, Dakota Earl, Joe Eisel, Marietta Fenton, Bob Galloway, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, John & Claire Johnson, John Lordan, Bob Lucas, Linda Lynch, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Evelyn Miller, Keith Morgan, Jim Roberts, Bradley Smith, and Sandy Wheeler



Flowers for the altar this weekend were provided by Beth Boyd in memory of her parents Dr. George L. Hamilton and Mary Southam Hamilton.

# This Week at Blessed Sacrament

## Saturday, September 30

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation**- 4:30 pm in the Reconciliation Room

## Sunday, October 01

- **Youth Faith Formation Classes** - 10:15am to 11:15am  
K-1<sup>st</sup> grade meet in Room 6  
2<sup>nd</sup> and 3<sup>rd</sup> grades, 4<sup>th</sup> and 5<sup>th</sup> grades, and 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grades meet upstairs.
- **Adult Faith Formation Class** – 10:15am in the Community room  
“Take, Bless, Break and Share – A Strategy for Eucharistic Revival” facilitated by Ted Streit
- **Coffee, Cocoa, and Questions** - 10:15 - 11:15 in the Library
- **Blessing of the Animals** – 2:00pm Property across from the North Entrance

## Monday, October 02

- **OCIA** - 6:00 – 8:00pm in Rooms 5A and 5B
- **Energy Efficiency Meeting** - 6:00 to 7:00pm in Room 2

## Tuesday, October 03 (The office is closed)

- **Brown Bag Book Club** - 12:00pm to 1:55pm in the Library
- **BSP Lyres Club harp ensemble** - 5:30pm to 6:30pm in the Parish Hall
- **GriefShare Meeting** - 6:00pm to 7:30pm in Room 2

## Wednesday, October 04

- **Bible Study** – 10:00 am in the Library
- **Bible Sharing**– 6:30pm to 7:30pm in Room 5/Library and by Zoom  
Weekly: <https://blessedsacramentwv.org/download/bible-sharing-10-04-23/?wpdmdl=1467&refresh=6516f7bbca4f61696004027>  
**Join Zoom Meeting**  
<https://us02web.zoom.us/j/86903804010?pwd=MGJydS9qSW9LSzNGblZSM2xZcWpGZz09>

## Thursday, October 05

- **Virtus Certification** – 5:00pm to 6:00pm in the Parish Hall
- **Youth Group Meeting** – 5:00pm to 6:00pm in the Gathering Space
- **Bells Rehearsal** - 6:00pm
- **Choir** at 7:00pm to 8:30pm

## Friday, October 06

## Hygiene Sunday

### Saturday, October 07

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation**- 4:30 pm in the Reconciliation Room

### Sunday, October 08

- **Adult Faith Formation Class** Mary's Magical Mystery Tour 10:15-11:15am in the Church
- **Adult Faith Formation Class** – 10:15am in the Community room  
“Take, Bless, Break and Share – A Strategy for Eucharistic Revival” facilitated by Ted Streit



## Volunteers Needed!

### One of the ministries most in need of new volunteers is the Usher/Greeter Ministry!

Ushers/Greeters are old and young, male and female, families and single folks. Everyone is welcome to be a part of this ministry. Greeters arrive about 20 minutes before Mass and say hello to people as they arrive. They answer questions about our facility, hand things out, and generally make us feel welcome. Greeters also help us to recruit individuals and families to bring up the Bread and Wine during the Offertory. Some of their tasks are quite visible, such as passing the plates for the collection and directing the communion procession. They also prepare the church before Mass and hand out bulletins as we leave. They take on many small tasks that help Mass to run smoothly and minimize distractions so that we can all pray.

If you are interested, please sign up on the sheet in the gathering space or email the office at [BSCCWV@gmail.com](mailto:BSCCWV@gmail.com)

### Something New





Faith Formation has begun. Here is a picture taken from the outside looking into the K and 1 group. A good time was had. They made a field trip at the ending and visited Walter CATEchist in the Meditation Garden. New students are welcome.

**ELECTION for VICARIATE PASTORAL COUNCIL** Bishop, Mark Brennan is looking for a Diocesan Pastoral Council comprised of the laity to help in developing pastoral priorities, initiatives, and plans to for the mission of Christ within the diocese.

Before and after the Masses, parishioners may choose up to two people to be part of the vicariate pastoral council. This Council will choose three to represent the Charleston Vicariate on the Diocesan Pastoral Council. Thanks to and blessings upon six parishioners willing to serve: Ann Bradley, Matt Hayes, Denise Burgess, Ryan Walter, Valicia Leary, Mary Pat Peck.

## October 1 - Blessing of Animals

There will be a **BLESSING OF ANIMALS** at 2:00 pm on Sunday October 1. In good weather, we will gather on the property we own across the street from the North Entrance. In bad weather, we will meet on the Church's parking lot. **Pets must be properly restrained in cages, on leashes, in fishbowls, etc.** The vision of the Prophet Isaiah when lions and lambs will live in peace has not yet arrived. We want no free-range pets on the loose. Given the nature of a particular pet, owners may choose to bring a leash or collar instead. Small children may also bring a favorite stuffed animal.

## October 1 - Coffee, Cocoa and Questions

Fr. Paul will be hosting Coffee, Cocoa, and Questions on October 1 at 10:15 am in the Library. He will do his best to answer questions about our Catholic Faith. You may put questions in the Suggestion Box or email [bsccwv.org@gmail.com](mailto:bsccwv.org@gmail.com). Here are a few questions he's received so far..

Why do Catholics Make the Sign of the Cross?  
What does it mean?

How can I get more out of Mass?

What are Spiritual Exercises? Is there one you can suggest?

## October 5 - Virtus Certification in Person Training

All Blessed Sacrament volunteers must be compliant with Virtus Certification requirements. There are two parts to this:

1. Have a current (within the last 3 years) background check. (Violent crimes and crimes involving children are the only results only one person will see at our diocese.)

2. Learn how to be a guardian for children and vulnerable adults. Training videos will help you recognize “grooming” techniques predators use, how to report suspicious behavior, how to recognize depression in children (which could be a result of abuse), etc.

This will take about 1.5 hours and there will be snacks!

If you don't have time this Thursday, or you would just prefer to do this on your own, let Natalie know and she will send you relatively easy directions to follow to become Virtus certified/compliant online.

---

## **Garden Ideas – Stop in the north entrance breezeway this weekend to view the Conceptual Plans for a parish garden.**



# YOUTH MINISTRY NEWS

from Mary Odin

**We're Hiking for Hunger again!** In past years, you've helped our Youth Group raise over \$3430 to help our neighbors in South Charleston through Heart + Hand Outreach Ministries. Please invite your friends and family to help us this year, too!

GoFundMe will issue you a tax-deduction receipt if you want one, and they will transfer all our contributions directly to Heart + Hand for us. **Please note: When you give online through GoFundMe, you may be invited to add a tip to cover GoFundMe costs, but you do NOT have to do this!** Heart + Hand assures us that they are happy with this form of fundraising, but you are also very welcome to simply write a check to Blessed Sacrament with "Hike for Hunger" in the memo line.

Please give as you feel called, and then help us spread the word. Every donation will make a difference!

Thank you in advance for helping us!

## Blessed Sacrament Youth Hike for Hunger



Blessed Sacrament Youth Group is organizing this fundraiser to benefit Heart and Hand Outreach Ministries.

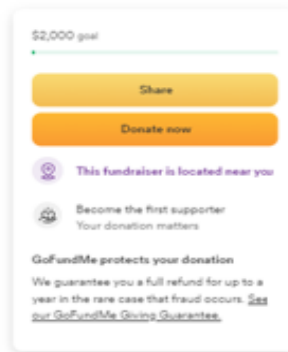
Just now • Public

Heart + Hand Outreach Ministries in South Charleston, WV serves over 6,500 individuals annually, meeting basic needs such as food, clothing, and rent/utility assistance in West Virginia. It is the primary food pantry for our area, and it also provides food to South Charleston Middle School students who do not otherwise have enough to eat at home over the weekend. The Hike for Hunger is their one major fundraiser each year. Please help the youth of Blessed Sacrament Catholic Church raise funds to meet the ongoing needs of our neighbors!

Give thanks for what you have by giving to those in need.  
Thank you!

More information about Heart and Hand Outreach Ministries:  
<https://homev.org/>  
<https://www.facebook.com/heartandhandoutreach/>

More information about Blessed Sacrament Catholic Church:  
<https://blessedsacramentwv.org/>  
<https://www.facebook.com/BSCWV/>



Below is the link to our GoFundMe page, or you can use the QR code to go right to the page on your phone.

<https://gofund.me/af7390be>

Scan to donate



Thank you, Blessed Sacrament parishioners and friends, for helping us live Jesus' words from Matthew 25:40:

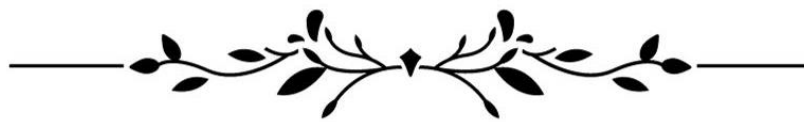
**"As you did it to one of the least of these my brothers, you did it to me."**

# Spiritual Icebreakers and Soup Starters 65

*Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.*

## PRAYER

Lord, you know my weakness. Every morning I make a resolution to practice humility and in the evening I recognize that I have committed again many faults of pride. At this I am tempted to become discouraged but I know that discouragement is also pride. Therefore, O my God, I want to base my hope in You alone. Since You can do everything, deign to bring to birth in my soul the virtue I desire. To obtain this grace of Your infinite mercy I will very often repeat: "O Jesus, gentle and humble of heart, make my heart like Yours!"  
— Saint Thérèse of Lisieux



## MYSTIC MORSELS

Saint Therese of Lisieux (1873-1987)

You cannot be half a saint; you must be a whole saint or no saint at all.

For me prayer is a surge of the heart, it is a simple look towards Heaven, it is a cry of recognition and of love, embracing both trial and joy.

Jesus has shown me the only way that leads to the fire of divine love: it is that of a little child who, full of trust, falls asleep in his Father's arms.

**STORY:** I hired a carpenter to help me restore an old farmhouse. After he had just finished a rough first day on the job, a flat tire made him lose an hour of work, his electric saw quit, and now his ancient pickup truck refused to start. While I drove him home, he sat in stone silence. On arriving, he invited me in to meet his family. As we walked toward the front door, he paused briefly at a small tree, touching the tips of the branches with both hands. When opening the door, he underwent an amazing transformation. His tanned face was wreathed in smiles, and he hugged his two small children and gave his wife a kiss.

Afterward, he walked me to the car. We passed the tree and my curiosity got the better of me. I asked him about what I had seen him do earlier. "Oh, that's my trouble tree," he replied. "I know I can't help having troubles on the job, but one thing's for sure, troubles don't belong in the house with my wife and the children. So I just hang them up on the tree every night when I come home. Then in the morning I pick them up again." "Funny thing is," he smiled, "when I come out in the morning to pick them up, there aren't nearly as many as I remember hanging up the night before."

**POEM:** Mary's Mountain

Mountains

are not like cities  
all towers and spires

Where the sun goes down  
behind steep canyons  
of steel and glass

where you often feel surrounded, trapped.

Mountains

are not like the heartland stretches,  
the flat fields and miles of meadow

where only small churches and meandering  
rivers interrupt the horizon

where you sometimes feel alone, lost.

Mountains snuggle you,

wrap around you  
all elbows and crevices,  
curves and notches

surprises just around the bend,  
or over the rise

where light and color and trapped in leaves  
and streams, rocks and trees.

A mountain curls up like a cat

in the hollow of your back.

in the winter darkness

or in the sun-drenches summer,

it is always there

close, warm, wonderful and powerful,  
belonging to this place  
and none other

a home for living things and spirits past.

Even behind the morning mist

or the smog of human progress

a mountain is a presence that gently intrudes,  
cannot be ignored, must be negotiated  
gradually, with respect.

a mountain is a neighbor, a protector,

A companion and a gift—

No one should take down a mountain

And haul it away.

— Sister Mary Rehman





## SAINT OF THE WEEK: Saint Thérèse of Lisieux (1873-1897) October 1



Saint Thérèse of Lisieux was a young Carmelite Sister who died at the age of 24. She said: “I will spend my time in heaven doing good on earth.” Today is her feast day. Thérèse was aware that most of us will never achieve anything great or be well-known. Her “little way” (as she called it) was to choose to live in a loving way her ordinary daily life, no matter how monotonous it might be. When somebody was annoying her, Thérèse set out to think of that person’s qualities and good intentions. “You’ve always got a smile for me,” remarked someone who, in fact, always irritated her! “My vocation, my calling,” Thérèse said “is to love.” Whatever was frustrating and annoying in daily life she offered to God to be transformed into something good for other

people.

Thérèse said: “Love can do all things. Our Lord does not look so much at the greatness of our actions - or even at their difficulty - as at the love with which we do them.” She was often ill - and she would die of tuberculosis when she was only 24. She realized that, as quiet and hidden suffering and sacrifice is offered to God, it is transformed into being of help to other people. “My little way,” she wrote “is the way of childhood - the way of trust and absolute self-surrender. In my little way, everything is most ordinary. Jesus will transform us.”



October 1, 2023 | Twenty-sixth Sunday in Ordinary Time

Ez 18:25-28 | Phil 2:1-11 | Mt 21:28-32

Written by  
THE  
FAITHFUL  
DISCIPLE

### **GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE**

I used to be something of a sugar fiend. So much so that one birthday, my then boyfriend (now husband) decided to forego flowers and bought me a jumbo-sized bag of Smarties candies instead. While I loved sugar, I eventually decided I didn't love how it made me feel. Now older and wiser, I reach for vegetables more often. It's not that I crave carrots, but I feel better eating healthy foods. It's what God intends for my body. Similarly, God intends for our souls to follow the laws he has ordained. But sometimes life gets tough and we suffer terrible wrongs or are grieving, and we feel like the Israelites in today's first reading, calling out, “The Lord's way is not fair!” Well, thank God for that! How lost would we be, if God treated us “fairly.” Instead, he treats us with love and mercy; with justice. “He humbled himself, becoming obedient to the point of death, even death on a cross,” *for us*. If there is any encouragement in Christ, as Paul says, and we know there is, then being of the same mind and heart - attitude - of Christ, gets us through those moments of “un-fair!” And we can follow Christ's commands, knowing he loves us more than anyone else could love us, and more than we can ever love him.

**PRAY** This week, let us look for ways to live out our faith. Rather than pray only with our words, let us pray with our actions. If you aren't sure where to start, pay special consideration to the verses from the second reading, highlighted above: “Do nothing out of selfishness or out of vanity; rather, humbly regard others as more important than yourselves, each looking out not for his own interests, but also for those of others.”

### **GO EVANGELIZE**

**PRAYER, INVITATION, WITNESS, ACCOMPANIMENT**

It's easy to talk a good game as Christians. We can all agree that it is right to feed the hungry, shelter the homeless, clothe the naked, visit the sick and imprisoned and bury the dead, as the Corporal Works of Mercy instruct us. But when it comes to actually doing those things - “humbly regard[ing] others as more important than [ourselves], each looking out not for his own interests, but also for those of others” - we can find all sorts of reasons not to. Maybe our days are too busy or maybe we feel just the tiniest bit resentful at the idea of sharing something we've worked hard to earn. However, our words don't mean much without action. Jesus says as much in today's Gospel. If we are like the son who says yes but then does not go to work in the vineyard, we are not doing our Father's will. We are like the chief priests who are being bypassed on the way to heaven by “tax collectors and prostitutes” who heard the word of God and believed.

Walter



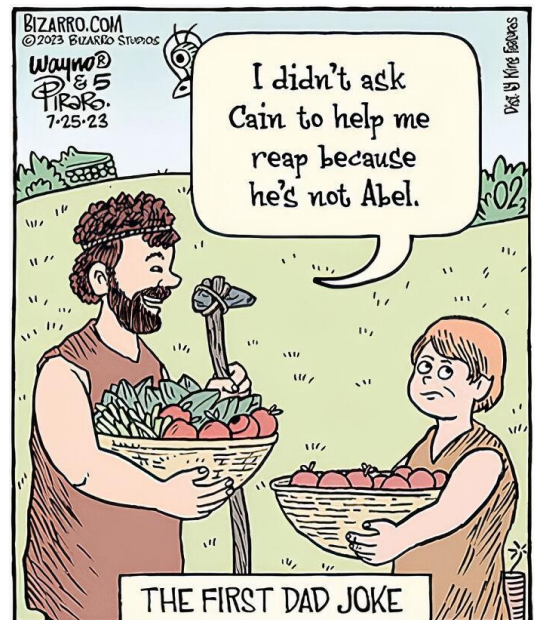
### Squatter's Rights

Listen, kitten,  
Get this clear,  
This is my chair.  
I sit here.

Okay, kitty,  
We can share;  
When I'm not home,  
It's your chair.

Listen cat  
How about  
If I use it  
When you're out?  
— Richard Shaw

### Walter CATechist's Favorite Poems



**Liturgical Ministers – September 30 & October**

1

	<b>5:30 pm</b>	<b>9:00 am</b>	<b>11:30 am</b>
<b>Lectors</b>	John Priestley	Victoria Russo	Mary Pat Peck
<b>Altar Servers</b>	Karen Lewia	Jackson Davis Maureen Mathias	Vince Stricker Carly Stricker
<b>Cantors</b>	Matt Leary	Charlie Wilson	John Dever
<b>Communion Principal</b>	Rick Brennan	P Musilli	Kathy Lester
<b>Chalice Minister</b>	Tony Ciliberti Anne Davis	Jackie Aluise Matt Hayes	Connie Lucas Carolyn Frye
<b>Communion to the Sick</b>		Tom Aluise Jackie Lilly David Elliott	
<b>Greeters/Ushers</b>	Mike Granata David Lewia	Pat Cochran Sue Manahan	Rene Norman Shelley Nason

**Liturgical Ministers – October 07 & 08**

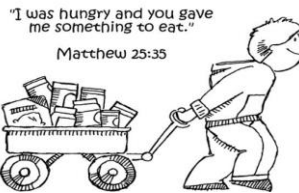
	<b>5:30 pm</b>	<b>9:00 am</b>	<b>11:30 am</b>
<b>Lectors</b>			
<b>Altar Servers</b>	Vince Stricker Carla Stricker	Gary Ferrell Madison Ferrell	Bob Danielson
<b>Cantors</b>	Nancy McLaughlin	Jeanie Walter	Olivia Hayes
<b>Communion Principal</b>	Ron Teufel	Mike Burgess	Jamie Knox
<b>Chalice Minister</b>	Ro DeBias David Lewia	Chuck Wirts Molly Belcher	Chip Council Pam Council
<b>Communion to the Sick</b>		Susan Bowyer Mike Burgess Molly Belcher	
<b>Greeters/Ushers</b>	Susan Churchill John Providenti	Brian Cornell David Elliott	Mary Beth Abbott Renee Norman

## 31 Club this week

*31 Club members commit to praying for vocations one day each month.*

<b>Sun</b>	10/01	Mary Gargarella / Bev Schissler
<b>Mon</b>	10/02	Joan Fernandes / John McGarrity
<b>Tue</b>	10/03	Sister Frances / Kirtley Marla Weiner
<b>Wed</b>	10/04	Missy Summey
<b>Thu</b>	10/05	Mary Ann Johnson / Vince Stricker
<b>Fri</b>	10/06	Ro DeBias / Sue Anderson
<b>Sat</b>	10/07	Philip Maramba / John Priestley

### MANNA MEAL/KROGER PICK UP SCHEDULE



September-October 2023

October 4      John Ellison  
 October 11     Rob Shissler  
 October 18     Dennis Thornburg  
 October 25     Tony O'Leary

### Cookie and Coffee Volunteer Schedule



October 1 - Pam Council  
 October 8 -  
 October 15 - Paula Potter  
 October 22 - Jennifer DePond

November 5 - Jennifer DePond  
 November 12 - Paula Potter  
 November 19 - Paula Durst  
 November 26 -  
 December 3 - Kelly Plutro  
 December 10 -  
 December 17 -  
 December 31 -

### State Tax Credits Available Through the Gabriel Project

State income tax credits are now available through the Gabriel Project of WV. Donate \$500 or more and receive 50% of your donated amount in tax credits. Individuals as well as businesses may donate for these credits offered through the WV Neighborhood Investment Program (NIP). Send your donation to: Gabriel Project of West Virginia, PO Box 4663, Charleston, West Virginia 25364. Or donate online through our secure website: [gabrielwv.org](http://gabrielwv.org).

For more information call the Gabriel Project at 304-205-5865 or email: [info@gabrielwv.org](mailto:info@gabrielwv.org). Help us give babies in low-income families a healthy, safe start in life. And make your donation work for you with state tax credits from the Gabriel Project. Credits are subject to availability on a first-come, first-served basis. Donate today!

**Blessed Sacrament Catholic Church**

**305 E St**

**South Charleston, WV 25303**

[www.blessedsacramentwv.org](http://www.blessedsacramentwv.org)

**Phone: (304) 744-5523**

**E-mail: BSCCWV@gmail.com**

Our parish office is open on  
Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during office hours.  
The North entrance doors are unlocked on days that there is a Mass.

<p><b>Pastor: Rev. Paul Wharton</b></p> <p>E-mail: <a href="mailto:pjw424@gmail.com">pjw424@gmail.com</a>  Cell Phone: 304-433-7472  (For emergencies only after 8:00pm)</p>	<p><b>Office Manager:</b>  Natalie Zellers  304-744-5523 Office E-mail:  <a href="mailto:BSCCWV@gmail.com">BSCCWV@gmail.com</a></p>
<p><b>Music &amp; Youth Director:</b>  Mary Odin  E-mail: <a href="mailto:wmodin@frontier.com">wmodin@frontier.com</a>  Phone: 304-767-9479</p>	<p><b>Director of Religious Education</b>  Mike Granata  E-mail: <a href="mailto:mikegranata3@gmail.com">mikegranata3@gmail.com</a> Phone: 304-561-8063</p>
<p><b>Parish Therapy Cat</b>  Walter  Email: <a href="mailto:WalterCatechist@gmail.com">WalterCatechist@gmail.com</a></p>	
<p><b>Blessed Sacrament Parish Pastoral Council:</b>  Chip Council, facilitator, Pam Council, Jackson Davis, Matt Davis, Anne Dever, Jack Dever, Christine Fernandes, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Katie Smithberger, and Charlie Wilson</p>	



**DIOCESE OF WHEELING-CHARLESTON**

**How to Report Suspected Cases of Sexual Abuse of Children**

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop’s designees at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. Please visit [www.dwc.org](http://www.dwc.org) under “Accountability” for additional information and reporting methods.