



Blessed Sacrament Parish November 26, 2023

We, Blessed Sacrament Parish, are a Christ-Centered Community, Committed to Worship the Father, Committed to Respond to the Spirit's Gifts, Committed to Loving Service to All God's People.

Mass Times & Intentions

Day	Date	Time		Intention
Saturday	11/25	4:00 pm	+	Michelle Null by Ro DeBias
Sunday	11/26	9:00 am	+	Wesley and Marilyn Burns by Our Parish
		11:30 am *		The People of Our Parish
Monday	11/27			
Tuesday	11/28			
Wednesday	11/29	Noon	+	Gladys DeBias by Ro DeBias
Thursday	11/30	Noon	+	Connie Argento by John & Terry Gilbert
Friday	12/01	Noon		Not assigned
Saturday	12/02	4:00 pm		Blessings for Jennifer Bayless by Missy Mowrer
Sunday	12/03	9:00 am		For the People of Our Parish
		11:30 am *	+	Karol Dunford by Our Parish

*On Sundays at 11:30 Mass our nursery is available for children under the age of 3 years.

We Remember in Our Prayers

Barbara Baldy, Barbara Breese, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Loretta DiGiorgi, Dakota Earl, Joe Eisel, Marietta Fenton, Bob Galloway, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, John & Claire Johnson, John Lordan, Bob Lucas, Linda Lynch, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Evelyn Miller, Keith Morgan, Jim Roberts, Bradley Smith, and Sandy Wheeler

This Week at Blessed Sacrament

Saturday, November 25

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation (Time change)**- 3:00pm to 3:30 pm in the Reconciliation Room

Sunday, November 26

- **Youth Music Ensemble** – 10:00-11:00am in the Music Room (Rm. 3)

Monday, November 27

- **Youth Group** – 5:00pm – 6:00pm in the Gathering Area
- **Bell Rehearsal** – 6:00pm in the Sanctuary
- **Choir Rehearsal** – 7:00pm in the Sanctuary
- **OCIA** - 6:00pm – 8:00pm in Rooms 5A and 5B

Tuesday, November 28 (The office is closed.)

- **GriefShare Meeting** - 6:00pm to 7:30pm in Room 2
- **BSP Lyres Club harp ensemble** - 5:30pm – 6:30pm in the Sanctuary

Wednesday, November 29

- **Bible Study** – 10:00 am in the Library
- **Bible Sharing**–

Weekly: <https://blessedsacramentwv.org/en/download/bible-share-11-292023/?wpdmdl=1522&refresh=655d327c8a5d21700606588>

Join Zoom Meeting: <https://us02web.zoom.us/j/89811466699?pwd=UVdFVmo1SmJObUJqc3VqcytQOTdpQT09>

Thursday, November 30

- **Lectio Divina** 11:00am – 12:00pm in the Community Room

Friday, December 01

Saturday, December 02

- **Men's Bible Sharing**- 9:00 am, Room 5
- **Reconciliation (Time change)**- 3:00pm to 3:30 pm in the Reconciliation Room

Sunday, December 03

- **Youth Music Ensemble** – 10:00-10:12am in the Music Room (Rm. 3)
- **Faith Formation for Adults** – 10:15am to 11:15am - **Meaning Making: 8 Values That Drive America's Newest Generation.**

Christmas Stars – Catholic Charities WV: We have several stars available that note gift ideas for needy children in the Kanawha Valley. Please consider shopping for an item (or several items) noted on each star. Do not wrap your donated gifts. Please place your donations in the gathering area near the Christmas tree. **Deadline to return gifts - Sunday, Dec. 3**

Help Wanted Fr. Bill Petro is looking for a housekeeper. The housekeeping would be 2 hours a month at \$24/hr. If interested please contact the office at Phone: (304) 744-5523 or Email at BSCCWV@gmail.com

The **SEASON OF ADVENT** is a very special time of year that sometimes gets lost in the bright lights of the Christmas season it precedes. The first day of Advent is the first day of a new Liturgical (or church) calendar and begins a four week period of preparation for the nativity of Jesus Christ at Christmas. The Advent Season is all about reflecting on how we can prepare our hearts and homes for Christ's birth in the world as it is today. It is a time for faith communities and families to remember, through prayer, reflections, special music, and good deeds what the true meaning of Jesus' birth is. There are many different Christian traditions associated with the four weeks of Advent: wreath, calendar, Jesse Tree, and others.

The Advent season invites us to step away from what can be a frenzied time of parties, shopping, and holiday noise to consider how we commemorate the birth of Jesus, one of the holiest times in Christian faith. It is also a time to reflect on the triumphant return of Jesus at the second coming. Here are some ways to grow spiritually in the days leading up to Christmas.

- Read and reflect on the daily readings for Mass.
- Take a Star from the tree in the Gathering Space to make Christmas special for a child.
- Sign up for the free The Best Advent Ever a daily short video reflection emailed to you. <https://www.dynamiccatholic.com/advent.html>
- Celebrate the Sacrament of Reconciliation on Saturdays at 3 PM, anytime by appointment, or at our communal Reconciliation Service on Sunday, December 10 at 3 PM.



November 19th and Dec 3. (No session Thanksgiving weekend)

Meaning Making: 8 Values That Drive America's Newest Generation.
Lead by Molly Linehan Belcher

Last year, when our parish participated in the Synod by holding our listening sessions, one of the topics of interest was how grandparents can engage in faith with their grandchildren. Sharing our faith with the next generation is important. Molly Linehan Belcher, parishioner, and theology teacher at Charleston Catholic, will lead a four-week discussion for us on this topic. Molly will take us through the book *Meaning Making: 8 Values That Drive America's Newest Generation*. We hope the study of this book can lead to further conversations with the youngest generation and those who love them. In other words, if you're a member of Gen. Z... please come! If you love members of Gen Z, also come!

Now - December 31



Monetary Donations for Christmas Food Boxes: Now – December 31

Through your donations, our parish can help the Good Shepherd Food Pantry in Coalburg (near East Bank) buy \$12,000 – \$15,000 of food for a few hundred hungry families in the eastern part of our county.

You can make donations by noting “Food Pantry” in the memo line of your check and dropping the check in the collection basket during Advent.



Surviving the Holidays

When you are grieving a loved one's death, the holiday season can be especially painful. Our Surviving the Holidays seminar helps participants discover:

- How to deal with emotions
- What to do about traditions
- Helpful tips for surviving social events
- How to find hope for the future

Tuesday, November 28, 2023

6:00--8:00pm

Parish Hall

Please contact the church office at 304-744-5523 or bsccwv@gmail.com to register. If you have any questions, you are encouraged to contact one of the team members:

Pam Council, Team Leader, 734-664-1527 or pamcouncil@yahoo.com

Ro DeBias, 304-382-3359 or rodebias@aol.com

Missy Mowrer, 304-545-4776 or granmissy@gmail.com

Jeanne Haas, 304-382-2631 or haasjeane@hotmail.com

Debbie Burdette, 304-545-6917 or Dburdette23@gmail.com

Father Paul Wharton, 304-433-7472 or pjw424@gmail.com

December 8

Dear Friends,

Lunch Bunch comes early in December, as we will join together on Friday, the 8th, following the noon Mass celebrating the Solemnity of the Immaculate Conception. Father John will preside at this Mass. The menu we have planned is one of soups, chili, salads, bread/crackers, and of course dessert. Please remember to invite others to join our Lunch Bunch community!

Kathy Monahan and the Lunch Bunch Team

November 25th through December 3rd

COATS AND BLANKETS SOUGHT FOR THE CHARLESTON AREA WARMING CENTER

For the past several years a collaborative of various service providers and community volunteers have run a temporary overnight warming station/shelter for the homeless, and those living with inadequate heating in Kanawha County. The goal of the warming station is to keep our fellow human beings warm, safe, fed **AND ALIVE** when the temperature drops below 15 degrees. (City council recently passed a budget item that should allow that threshold to be raised to 20 degrees in the near future.)

Clean blankets and coats are being sought for the warming shelter, as well as for others served by United Way. Beginning before the 4 p.m. Mass on Saturday November 25 through Sunday November 26 and again all of the following weekend – Dec. 2 & 3, a parishioner will park his older and abused silver Ford Ranger pickup truck with a black truck-cap in the main church lot to collect coats and blankets. The truck-cap will be unlocked and donations can be placed in the back. There will be a sign in the truck-cap window. If you are interested in volunteering to work at the shelter contact:

Margaret Ann O'Neal. Phone 304-340-3503. moneal@unitedwaycwv.org. www.unitedwaycwv.org

Attention: Parents of College Students

Addresses Needed for Care Packages for Our College Students

Please write your college student's name and school address on the list in the gathering space **by Sunday, December 3rd**.

On December 7th, our Youth Group will assemble "We Care" packages for all of the students included on this list as well as our diocesan seminary students to encourage them as they head into their final exams. You may also email this information to wmodin@frontier.com.

Christmas greetings to our seminarians. Thank the seminarians for their generosity in responding to the Lord's call by sending a Christmas card.

- **Peter Russman, Donvito Cortese, and Timoth Kawash**

Pontifical College Josephinum, 7625 N. High St., Columbus, OH 43235

- **Deacon John Soplinski, Michael Aiello, Dominic Re, Bryan Tedeschi, Nathan Schmidt, and Michael Tufta**

Mt. Saint Mary's Seminary, 16300 Old Emmitsburg Rd, Emmitsburg, MD 21727

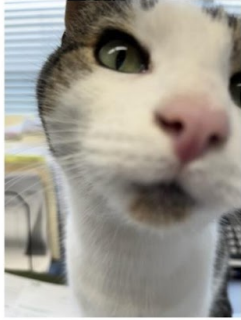
- **Clifton Mastran**

Pope St. John XXIII National Seminary, 558 South Ave., Weston, MA 02493

- **Joseph Derico**

St. John Paul II Seminary, 145 Taylor St., NE, Washington, DC 20017

Walter



Walter's Purr-fect Puzzler #1

Q. What is able to run, but never walk, has a mouth but never speaks, has a head, but never weeps, and has a bed, but never sleeps?

The answer can be found elsewhere in your bulletin.



SAINT OF THE WEEK : Saint Catherine Labouré November 28

On November 28, the Church honors St. Catherine Labouré, the humble Daughter of Charity to whom Mary appeared, requesting that the Miraculous Medal be stamped so that all who wear it and pray would receive great graces. Saint Catherine Labouré was born in France on May 2, 1806. She was the ninth of 11 children. Upon her mother's death, when Catherine was eight years old, the young girl assumed the responsibilities of the household. It was said of her that she was a very quiet and practical child. Eventually she became a Daughter of Charity, and when she was still a novice at the age of 24, the Virgin Mary appeared to her for the first time. Later, Mary appeared once again and requested that Catherine have a medal made portraying Mary just as she appeared. It took two years before Catherine was able to convince her spiritual director to have the medal created, but eventually, he listened to her and 2,000 medals were made. Their dispersal was so rapid and effective that it was said to be miraculous itself.

After the visions ceased, St. Catherine Labouré spent the rest of her life in humble and obedient service as the portress (the one who dealt with visitors who came to the door), and worked with the sick in a convent outside of Paris. She spent that time in silence, not telling her superior that she was the one to whom Mary appeared and gave the medal until 45 years after. She died in Paris on December 31, 1876 and was canonized in 1947 by Pope Pius XII. Her incorrupt body lies in the crypt of the convent. Saint Catherine is a Patron Saint of the elderly and the infirm.

source: <https://www.catholicnewsagency.com/saint/st-catherine-laboure-401>

Spiritual Icebreakers and Soup Starters 73

Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.

POEM God is the One Who Never says

God is the One
who never says: Where have you been?
 having been there.

God is the One
who never says: Why did you do that?
 except to awaken you.

God is the One
who never says: Hello,
 but only: Stay.

You pour yourself out to God,
and, fearful, mutter, "Say when."
But God is the One
 who never says. ["When"]

Steve Garnaas-Holmes - Unfolding Light - www.unfoldinglight.net

PRAYER Sweep Away My Clutter

Most glorious God, God of compassion,
God of forgiveness, I need your presence.
Great Physician, I need healing.
I am spiritually lukewarm
and unbelief mars my confidence
 in trusting you--
brokenness and repeated failures
 occupy my attention.

It astounds me that I continually try to battle life's issues on my own.
Sin makes me forget you.
Too long I have neglected the closet of prayer...
Too long I have forsaken the refreshment of your Word...
The cobwebs of indifference and the dust of life's cares choke my soul.
Broken relationships and shattered trust have prevented
 the health and healing of your Word.

But now--this moment,
I turn from absenteeism to the mercy seat.
I praise you for permission to approach the throne of grace.
Here, I pour out my confession of sin:
 neglect, pride, willfulness, arrogance, self-sufficiency,



foolishly questioning your providence.
 Divinely sweep away my soul's clutter.
 Pour down upon me streams of needful grace.
 Engage my heart to live more faithfully for you.
 Your presence alone can make me
 holy, devout, strong, happy.
 I praise you for forgiveness--
 real, comprehensive, enabling.
 Accomplish in me your eternal purposes, through Jesus Christ,
 my only hope, my only Savior.
 — Wendell C. Hawley

MYSTIC MORSEL by Saint Catherine Labouré DC (1806-1876)

When I go to the Chapel, I place myself before the good God and I say to Him: ‘Lord, here I am, give me what You will.’ If He gives me something, I am very pleased and I thank Him. If He gives me nothing, I still thank Him because I do not deserve anything.
 And then again, I tell Him all that passes through my mind, I recount my pains and my joys and ... I listen.

If you listen to Him, He will speak to you also because with the good God, it is necessary to speak and to listen. He will always speak to you, if you go to Him simply & sincerely.

Liturgical Ministers – November 25 & 26

	4:00 pm	9:00 am	11:30 am
Lectors	Tony Ciliberti	Peg Nagem	Kathy Lester
Altar Servers	Karen Lewia	Jackson Davis Maureen Mathias	Tommy Ross
Cantors	Elizabeth Leary	Rory Isaac	Mary Odin
Communion Principal	Ron Teufel	Terry Mathias	Jamie Knox
Chalice Minister	Natalie Zellers Bill Frame	Sr Fran Kirtley Ofelia Duarte	Pam Council Chip Council
Communion to the Sick		Ann Bradley Susan Bowyer David Elliott	
Greeters/Ushers	Pat & Mike Habenschuss	Pat Cochran Brian Cornell	Shelley Nason Renee Norman

Liturgical Ministries – December 2 & 3

	4:00 pm	9:00 am	11:30 am
Lectors	John Priestley	Tim DiPiero	Don Becher
Altar Servers	David Bowles	Gary Ferrell Madison Ferrell	Eli Simonton Nathanial Simonton
Cantors	Matt Leary	John Dever	Heather White
Communion Principal	John McGarrity	Ted Streit	Carolyn Fry
Chalice Minister	Marla Weiner Anne Davis	Bob Sherrard Susan Churchill	John Priestley Connie Lucas
Communion to the Sick		Bob Sherrard Laura Hayes Rob Riser	
Greeters/Ushers	David Lewia John Providenti	David Elliott Jeanne Haas	Mary Beth Abbot Anna Sites

31 Club this week

31 Club members commit to praying for vocations one day each month.

Sun	11/26	Kelley Endres
Mon	11/27	John Finnell
Tue	11/28	Bernie Mabe / Lucy, Henry, & Katie Smithberger
Wed	11/29	Irene Galloway / Therese Cox
Thu	11/30	Jim Scharf / Jack Dever / Diane Lordan / Carla Stricker
Fri	12/01	Mary Gargarella / Bev Schissler
Sat	12/02	Joan Fernandes / John McGarrity

MANNA MEAL/KROGER PICK UP SCHEDULE

"I was hungry and you gave me something to eat."

Matthew 25:35



November – December

November 29 – Don Becher
December 6 – Dennis Thornburg
December 13 – Tony O’Leary
December 20 – Rob Schissler
December 27 – Matt Leary

Cookie and Coffee Volunteer Schedule



November 26 -
December 3 - Kelly Plutro
December 10 -
December 17 -
December 31 -



Me being removed from Thanksgiving dinner after eating all the deviled eggs:





Attention: All Volunteers -- All volunteers must be Virtus certified.

The deadline to become Virtus certified is November 30.

We need you!

Please take time to do this now.

After November 30, you must suspend your volunteer activities until this requirement is met.

Again: We need you! See the instructions on the next page on becoming certified

Virtus Certification has two parts:

- **A background check every 3 years.**
- **Training to help you guard our children.** This includes learning how a predator grooms his/her prey; the signs of depression in children; the code of conduct for all adult volunteers in our diocese; how to report suspicious activity, etc.

We ALL need to know these things (not just our volunteers).

You can become Virtus certified in several ways:

- If you do not have an online Virtus account: follow the instructions in Handout 1 to make an online account and take the steps needed for certification.
- If you have an online Virtus account: follow the instructions in Handout 2 to bring your certification up-to-date.
- All: Attend an in-person training session - 1.5 hours (at most) of your time
- If you would like to do everything online, but do not have a computer, or would like help while you do it, sign up for an appointment to work with one of our staff members in our office on one of our computers.

Handouts are in the gathering space. You can also request help by calling our office 304-744-5523 or emailing us BSCCWV@gmail.com

The West Virginia Institute for Spirituality is an ecumenical center for prayer and spiritual growth, located in the heart of the city of Charleston, West Virginia. Our ministry promotes spiritual life through silence, prayer, retreats, education, spiritual direction, and inter-faith dialogue. Presently, our calendar reflects the following:

Almost Heaven Retreat. WVIS continues to offer Almost Heaven Retreats throughout the year.

<https://www.wvis.org/retreats/almost-heaven-retreat>

Donation: \$90/night (includes retreat, retreat house accommodation, and all meals).

Embracing My Personal Journey: Learning the Art of Aging and Dying Well via Zoom

Saturday, November 11, 2023, 8:00 am – 3:30 pm EST

Questions: email Sr. Carole Riley, C.P.D., PhD at wviscr@aol.com

To live is to change. Age is a gift. Dying is an art. During this program, reflective strategies are provided to assist participants in coming to terms with life and death for themselves or a loved one. Hospice, palliative care, caregivers, and helping professionals will benefit from time to process. Topics of grieving, diminishment, companionship, those dying, and the resources for personal integration are provided.

Donation: \$50

CEU credits are available for Social Workers (5.0 CEU), Registered Nurses, and Licensed Professional Counselors (5.75 CEU)

Register: You can register by visiting our website at Programs - WVIS or call 304.345.0926.

An Advent Retreat to lower my holiday stress – say WHAT? (Zoom Retreat)

<https://www.wvis.org/retreats/advent-retreat>

Donation: \$50 scholarships available by emailing WVIS Executive Director at wviscr@aol.com

Register: You can register by visiting our website at Registration - WVIS or call 304.345.0926.

Living in the Gap via Zoom

A 4-week program on Thursday evenings January 18 th and 25 th and February 1 st and 8 th from 7:15 – 8:30 p.m. EST

Questions: email Ms. Sally Orcutt, O.P. at sally@sayyes2yourlife.org

How do you live in the gap and why would you want to? The “gap” as identified by Thomas Keating, is the emotional space between the moment you begin to feel distressed, irritated, or anxious and the negative reaction that follows. Living in the gap invites us to live in a space of awareness. It is about increasing our understanding of the things that trip us up. This awareness allows us to respond as the person we desire to be, rather than react with a behavior that is often something we regret, as a result of being triggered.

Donation: \$70

Register: You can register by visiting our website at Programs - WVIS or call 304.345.0926.

Contemplative Prayer via Zoom (Monday through Friday)

You are invited to join us each evening at 7:00 pm via Zoom for Contemplative Prayer. We are blessed to have a variety of individuals who volunteer to lead each evening. Prayer begins promptly at 7:00 pm when the leader opens with a brief chant followed by 20 minutes of silence. Sign up to receive the weekly reminders and the Zoom link. Come as often as you are able, it is always good to see those who attend.

Questions/Register: email wvis_sally@aol.com

Thomas Merton Charleston West Virginia Chapter via Zoom (3 rd Tuesday each month)

You are invited to join the Charleston, West Virginia chapter of the International Thomas Merton Institute on the 3 rd Tuesday of the month from 7:00 – 8:30 pm via Zoom. Each month, the group discusses recent material from the International Merton Society and/or information from the Book of Hours.

Questions/Register: email Father Bill Petro at frbpetro42@gmail.com

Sister Mary Irene Sorber, SCC, 1601 Virginia St. East, Charleston, WV 25311
wvismaryirene@aol.com. (201) 230-2362

Walter = Walter's Purr-fect Puzzler # 1 Answer — A River

Blessed Sacrament Catholic Church

305 E St

South Charleston, WV 25303

www.blessedsacramentwv.org

Phone: (304) 744-5523

E-mail: BSCCWV@gmail.com



Our parish office is open on
Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during office hours.
The North entrance doors are unlocked on days that there is a Mass.

<p>Pastor: Rev. Paul Wharton</p> <p>E-mail: pjw424@gmail.com Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p>	<p>Office Manager: Natalie Zellers 304-744-5523 Office E-mail: BSCCWV@gmail.com</p>
<p>Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com Phone: 304-767-9479</p>	<p>Director of Religious Education Mike Granata E-mail: mikegranata3@gmail.com Phone: 304-561-8063</p>
<p>Parish Therapy Cat Walter Email: WalterCatechist@gmail.com</p>	
<p>Blessed Sacrament Parish Pastoral Council: Chip Council, facilitator, Pam Council, Jackson Davis, Matt Davis, Anne Dever, Jack Dever, Christine Fernandes, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Katie Smithberger, and Charlie Wilson</p>	



DIocese of WHEELING-CHARLESTON

How to Report Suspected Cases of Sexual Abuse of Children

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. Please visit www.dwc.org under "Accountability" for additional information and reporting methods.