



March 02, 2025

**We, Blessed Sacrament Parish, are a Christ-Centered Community,
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,
Committed to Loving Service to All God's People.**

Mass Times & Intentions

Day	Date	Time		Intention
Saturday	03/01	4:00pm	+	Effa Wharton by Father Paul
Sunday	03/02	9:00 am	+	Martha Gresham by Our Parish
		11:30 am		People of Our Parish
Monday	03/03			
Tuesday	03/04			
Ash Wednesday	03/05	Noon	+	Monsignor P. Edward Sadie
		6:00 pm	+	Monsignor P. Edward Sadie
Thursday	03/06	Noon	+	Sylvester & Marie Edquist by Sue Bowyer
Friday	03/07	Noon	+	Nicholas Taylor by Our Parish
Saturday	03/08	5:00 pm	+	Joanna Amsbary Brennan by Mary Ann Johnson
Sunday	03/09	9:00 am		People of Our Parish
		11:30 am	+	Rose Covey by Our Parish

We Remember in Our Prayers

Richard B, Barbara Baldy, Barbara Breese, Bo Burdette, Genevieve Chmellik, Mary Cole, Elizabeth Coleman, Matthew Crabtree, Juanita Diehl, Joe Eisel, John Ellison, Marietta Fenton, Bob Galloway, Mary Gargarella, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Brad Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, Claire Johnson, Linda Lynch, Louann Lynch-Kelley, Alec Mansfield, Keith Morgan, Missy Mowrer, Diane Roberts, Stan Rucker, Bradley Smith, Pat Walker, Crystal Wharton, Sandy Wheeler, Kevin Whelan, Urecki family

**We will have a prayer quilt for John Ellison this weekend.
It will be available for prayers and knot tying after all 3 Masses.**

Daylight Savings Time

Our Saturday Mass time will change to **5:00pm** on March 8th.
On Sunday, March 9th, Daylight Saving Time begins. Remember to set your clocks forward one hour.

This Week at Blessed Sacrament

Saturday, March 01

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

Sunday, March 02 - Pancake Breakfast

- **Pancake Breakfast** – 10:15am – 11:00am in the Parish Hall
- We will not have faith formation classes today.



Monday, March 03

- **OCIA Meeting** - 6:00pm to 8:00pm in the Parish Hall
- **Liturgy Committee Meeting** – 6:00pm to 7:00pm by Zoom
- **Energy Efficiency Team** - 7:15pm by Zoom

Tuesday, March 04

- **BSP Lyres Club in the Worship Space** – 5:30pm to 6:30pm
- **Brown Bag Book Club** - 12:00pm to 1:55pm in Room 5



ASH WEDNESDAY

07:00 am — Ashes and Communion Service
12 Noon — Mass and Ashes
06:00 pm — Mass and Ashes



Wednesday, March 05

- **Bible Study** – 10:00am to 11:00am in Room 5
- **GriefShare Workshop** – 6:30pm to 8:00pm in Room 2
- **Bible Sharing** – class will not meet this evening

Thursday, March 06

- **Youth Meeting at Church** - 5:00pm to 6:00pm
- **Bells Rehearsal** – 6:00 – 7:00pm
- **Choir Rehearsal** – 7:00 – 8:00pm

Friday, March 07

- **Stations of the Cross 5:30**
- **Eucharistic Adoration- Exposition is at 6:10 p.m. with song and prayer and Benediction is at 7 p.m.**

Hygiene Weekend

Saturday, March 08

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** – 10:15am and 4:00pm to 4:30pm in the Reconciliation Room
- **OCIA Rite of Sending**

Sunday, March 09

- **Faith Formation for Students** - 10:15am to 11:15am
- **Adult Faith Formation** – 10:15am to 11:15am
- **Choir Rehearsal** – 2:30-4:30pm in Sacred Heart Choir Loft
- **OCIA Rite of Election**

Blessed Sacrament Parish Online Giving Portal

<https://giving.parishsoft.com/app/giving/bspwv>



Thank you for your generosity.

LENT 2025

Blessed Sacrament Parish



DAILY MASS

Wednesday, Thursday, and Friday at 12 noon

SACRAMENT of RECONCILIATION

- o Saturdays at 10:15 am and 4pm in the Reconciliation Room
- o any time by appointment at a mutually convenient time
- o Communal Reconciliation Service on March 30 at 3pm

STATIONS of the CROSS

- o Friday March 07 5:30 pm Adoration 6:10 pm
- o Friday March 14 5:30 pm
- o Friday March 21 5:30 pm
- o Friday March 28 5:30 pm
- o Friday April 04 5:30 pm Adoration 6:10 pm
- o Friday April 11 5:30 pm
- o Friday April 18 12 noon

LENTEN BOOK STUDY - Sunday 10:15am - 11:15 am in our School Room 2

Do You Love Me? - A Practical Guide to Catholic Prayer & Spirituality

- o February 23 — Searching
- o March 09 — Recognizing
- o March 16 — Experiencing
- o March 23 — Conversing
- o March 30 — Following
- o April 06 — Choosing

CHURCH HISTORY: VIDEO & DISCUSSION - Sundays 10:15 - 11:15 am in Parish Hall

- o February 23 — Early Heresies
- o March 09 — Peace Between Empire and Church
- o March 16 — Institutional and Doctrinal Developments
- o March 23 — Latin Theology and Saint Augustine
- o March 30 — Popes and Bishops in the Early Middle Ages
- o April 06 — Saint Benedict and His Rule

MORE OPPORTUNITIES

- o Wednesday Morning Bible Study 10:00am Room 5
- o Wednesday Evening Bible Sharing 06:30pm Room 5
- o Saturday Morning Men's Bible Sharing 09:00 am Room 5

Lent Fasting Rules: Frequently Asked Questions



What Is Fasting? In the Catholic Church, fasting is a practice in self-discipline with a penitential focus. In the context of Lent, it refers to reducing food intake and limiting how many meals we have.

What are the Lent fasting rules? On Ash Wednesday & Good Friday, fasting rules allow Catholics to eat only one full meal and two smaller meals which, combined, would not equal a single normal meal. Additionally, Catholics may not eat meat on these two days—or on any Friday during Lent.

What are the Lent rules on abstinence? In this context, abstinence refers to “abstaining” from meat on Fridays during Lent. Whereas Catholics fast on Ash Wednesday and Good Friday with just one large meal, Catholics must refrain from eating meat on other Fridays, though they can have three full meals.

At what age do you start fasting for Lent? Those ages 18-59, in reasonable health, are required to fast on Ash Wednesday and Good Friday. Those 14 and older must abstain from meat on Fridays during Lent. Canon Law does mention that for children not fasting, parents should still communicate the meaning and penance.

Who is exempt from fasting during Lent? Children, adults with physical and mental illness, pregnant women, and those nursing are all exempt. The USCCB says “common sense should prevail” and that no one should jeopardize their health to fast.



Eucharistic Adoration
The First Friday of Every Month

Eucharistic Adoration will take place the first Friday of every month in the main worship space.

The Exposition is at 6 p.m. with song and prayer and Benediction is at 7 p.m., also with song and prayer.

All are invited to spend quiet time with Christ at any time during this one-hour window, whether it be for two minutes or for one hour.

New Pictorial Directories Are Available

Our new directories will be available in the gathering area.

Everyone who has their portrait in the directory receives a free copy. Also - if you registered as a new member of our parish in the last year (between January 1, 2024 and now), you receive a free copy!

Members of our parish can purchase a directory for \$20 to help us offset our costs (~\$2500).

Flood Relief Special Collection – 2nd Weekend

Most Rev. Mark Brennan, Bishop of the Diocese of Wheeling-Charleston, approved a special collection to be held the weekends of February 22-23 and March 1-2 in all parishes and missions throughout the diocese to support recovery efforts related to the series of disasters that have occurred.

Last weekend's collection (see note below!) will be used by ABLE Families in Kermit, WV to help families in their region.

Donations collected this weekend will also remain in WV. This money will be managed by Catholic Charities West Virginia (CCWVa). Checks should be made out to Blessed Sacrament with "Disaster Relief" on the memo line.

Thank You

These photos highlight some of the cleaning supplies, bottles of water, and more that we received.

We raised \$5,762! We are truly grateful for the generosity and kindness shown to our "dear neighbors" in need. Rose Marie "Ro" DeBias

"For in Him we live, and move, and have our being." Acts 17:28



Mailing Addresses to Note:

Sr. Fran Kirtley Stella Niagara, 4421 Lower River Rd, Stella Niagara, NY 14144

Connie Jarzynski 7013 Beagle Court, Hamilton, OH 45011

Jim Scharf 860 Seminole Blvd., Tarpon Springs, FL 34689

Blessed Sacrament Symposium MARCH 8

TRUMP, WOMEN RELIGIOUS, the POPE, and YOU

One desire expressed in the discussion on Synodality by parishioners three years ago was the opportunity to talk about different issues in our Church and Culture. **On Saturday, March 8, 3:45 pm in the Parish Hall**, there will be a panel discussion with plenty of opportunities to express your thoughts, concerns, opinions, and ideas about what's been happening lately on the issue of immigration. The panel includes Sister Rose Heffner, Deacon Tony O'Leary, Molly Linehan-Belcher, and Ro DeBias. Fr. Paul will facilitate.

Sunday, March 16th - Community Garden Meeting after 11:30 Mass

We invite you to the Community Garden Committee meeting in the parish hall on Sunday, March 16th, following the 11:30 Mass. We will discuss updates on the raised bed garden, the rain garden, and begin preliminary planning for a Marian Garden. Additionally, we will cover funding matters. We anticipate an engaging discussion, so please be prepared for a meeting lasting about two hours. Thank you for your ongoing support! If you have any questions please contact Natalie Zellers at bsccwv@gmail.com or Monica Patton at mrpatton965@gmail.com

SAINT OF THE WEEK :

Saint Gregory of Narek

February 27

St. Gregory was born in the city of Narek about 950 A.D. He was a monk, poet, mystical philosopher, and theologian, born into a family of writers. St. Gregory received his education under the guidance of his father, Bishop Khosrov, author of the earliest commentary on the Divine Liturgy, and from Anania Vartabed, Abbot of Nareg Monastery. He and his two brothers entered monastic life at an early age.

He became a priest at the age of 25 and dedicated himself to God completely, always searching for the truth. Most of his life he lived in the monasteries of Narek where he taught at the monastic school. He launched his writings with a commentary on the "Song of Songs," which was commissioned by an Armenian prince. Despite his reservations that he was too young for the task, he wrote the commentary, which is famous for its clarity of thought and language, and its excellence of theological presentation.

He also wrote a number of famous letters, sharagans, treasures, odes, melodies, and church writings. However, his masterpiece is considered to be his Book of Lamentations, commonly called "Narek," in which his genius is displayed. (This work, published in 1673 in Marseille, has been translated into at least 30 languages.) Also known as The Prayer Book, it is described by St. Gregory as his last testament: "Its letters like my body, its message like my soul." He called his book an "encyclopedia of prayer for all nations." It was his hope that it would serve as a guide to prayer by people of all stations around the world.

St. Gregory of Narek is considered the greatest poet of the Armenian nation and its first and greatest mystic. His writing style and command of the Armenian language are unparalleled, and his saintly person has been an inspiration to the Armenian faithful for centuries. St. Gregory's poetry is deeply biblical and is filled with images and themes of sacred history, while also distinguished with an intimate and personal character. Numerous miracles and traditions have been attributed to him and he is referred to as "the watchful angel in human form." St. Gregory died in 1003 A.D. Saint Gregory of Narek is a Patron Saint of expectant mothers and of clerics.

source: <https://armenianchurch.us/the-saints/st-gregory-of-narek/>

Spiritual Icebreakers and Soup Starters 137

Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.

POEM Love

Love is not a feeling; it's kindness.

It's wonder at another's being,
and our shared being in God,
a celebration of our oneness.

To love someone is to honor them as a soul,
regardless of their actions,
and to commit to their well-being.

Love has no room for judgment,
for being in control or being right,
even being "better" than an awful person.
It is only kindness.

Love sets aside our feelings, even our fear,
and our self-interest.

Love is willing to be weak, to be wrong,
to be hurt, to be misunderstood,
for the sake of the other.

Love is not a product of our effort,
but a gift flowing through us:
we are the riverbank and God is the river.

Our feeble love—and we ourselves—
are made whole and perfect
by God's love flowing through us.

We receive and give.

We breathe in and breathe out.

Love flows through us into all the world.

— Steve Garnaas-Holmes www.unfoldinglight.net

PRAYER

By your noble and glorious blood, offered unceasingly to please God who sent you,
may the dangers be lifted from me, may my transgressions be forgiven . . . May you who grant life to all be
compassionate now. Let your light dawn, your salvation be swift,
your help arrive in time, and the hour of your arrival be at hand. Amen.

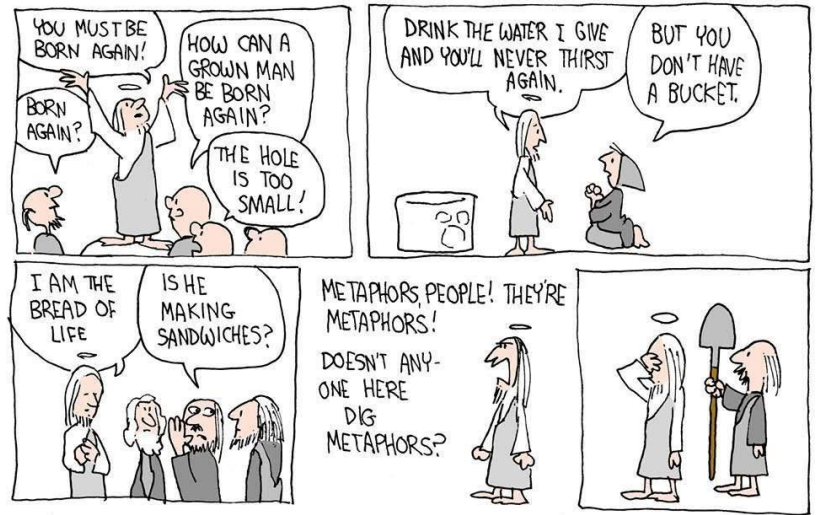
— Saint Gregory of Narek

Walter CATEchist's Favorite Quotes # 6

Cats are intended to teach us that not everything in
nature has a function. - Garrison Keillor (1942)

A cat can purr its way out of anything.
- Donna McCroha





WHY I AM STILL CATHOLIC # 7

Up until a couple of years ago, I kept my spirituality largely to myself. Intuitively more than anything I sensed the loving and guiding presence of God in my heart, almost tangible in the deserts of Jordan, dim churches in Jerusalem, a small convent in Germany, hidden away in the woods. And yet before I came to St. James I had never experienced a community where Jesus' legacy was so alive, his loving compassion for the poor, the hungry, the lonely, the lost, those who had made poor choices in their lives, those marginalized by society.

At St. James it seemed that the essence of our faith was so real, so put in practice, so many hands reaching out, our responsibility carried by so many shoulders. The people I have met here are exceptional, where they have come from, what they have experienced and endured, how their faith saved them, how it gave them new life. I feel honored to be their friend and share with them the realization that it is the tough times which shape us, that the acceptance of one's woundedness, one's vulnerability is the beginning of giving hope to others, of being radiant testimony to God's grace.

Coming to St. James, celebrating Mass in all its solemnity, all its splendor has helped me through some tough times, has allowed me to forgive those who hurt me, forgive myself for my failings, to continuously grow as a person. This is my church, this is where I find peace and healing.

— Julia L. Richardt

BookMark

Volume 4, Number 2

Welcome to the Blessed Sacrament Catholic Church Library! We exist to serve you, our Parish Patrons.

The Library is open for business in Room 6! We are constantly adding new titles to our holdings.




In January we are highlighting Marriage and Sexuality:

- *Marital Spirituality* by Patrick & Claudette McDonald
- *Words at the Wedding* by William J. Byron, SJ
- *How Far Can We Go?* by Leah Perrault & Brett Salkeld
- *The Sexual Person* by Todd Salzman & Michael Lawler

The Blessed Sacrament Library contains books, CDs, and DVDs that reflect a strong catholic emphasis. Questions? Comments? Just email me at BSCCLibrary@proton.me. John C. Priestley II

31 Club this week *31 Club members commit to praying for vocations one day each month.*

Sun	03/02	Joan Fernandes / John McGarrity
Mon	03/03	Sister Frances Kirtley / Marla Weiner / Wayne Miller
Tue	03/04	Missy Summey
Wed	03/05	Mary Ann Johnson / Vince Stricker
Thu	03/06	Ro DeBias / Sue Anderson
Fri	03/07	Philip Maramba / John Priestley / Elizabeth Battle
Sat	03/08	Peg Nagem

 <p>MANNA MEAL SO THE HUNGRY CAN EAT</p> <p>MANNA MEAL/KROGER PICK UP SCHEDULE</p>	<p>March & April</p>
<p>MARCH</p> <p>March 4 Don Becher March 5 Edd McDevitt March 11 Dennis Thornburg March 12 Kelley Endres March 18 Matt Leary March 19 Anne Davis March 25 Don Becher March 26 Edd McDevitt</p>	<p>APRIL</p> <p>April 1 Dennis Thornburg April 2 Kelley Endres April 8 Matt Leary April 9 Anne Davis April 15 Don Becher April 16 Edd McDevitt April 22 Dennis Thornburg April 23 Kelley Endres April 29 Matt Leary April 30 Anne Davis</p>

Liturgical Ministries – March 01 & 02

	4:00pm	9:00 am	11:30 am
Lectors	T Ciliberti	B Caldwell	S Churchill
Altar Servers	C Council	J Carpenter J Camenter	R Brennan
Principal	M Summey	T Mathias	K Lester
Eucharistic Ministers	T Streit N Zellers	A Bradley B Sherrard	J Knox C Frye
Communion to the Sick		A Bradley L Hayes B Sherrard	
Greeters/Ushers	D Lewia J Haas	K & R Plutro	Crane Family

Ash Wednesday March 5

	12:00pm	6:00pm
Lectors		
Altar Servers		
Principal	R Brennan	T Mathais
Eucharistic Ministers	M P Peck N Zellers	P Musilli J Aluise
Greeters/Ushers	J Haas S Nason	D Lewia

Liturgical Ministries – March 08 & 09

	5:00pm	9:00 am	11:30 am
Lectors	C Stricker	D Becher	F Maramba
Altar Servers	C Council	E & N Simonton	J Crane J Matics
Principal	V Stricker	P Musilli	J Knox
Eucharistic Ministers	B Frame N Zellers	M Hayes A Bradley	P Garnet R Brennan
Communion to the Sick		T Aluise L Hayes J Lilly	
Greeters/Ushers	J Haas J Providenti	N & D McLaughlin	T Greene R Norman



DIOCESE OF WHEELING-CHARLESTON
Office of Youth and Young Adult Discipleship



*Lenten
Mission*

“For the Love of God”

Presented by
Chris Padgett
March 9 - 12, 2025



9th - 11th: Refreshments at 6 PM
Event at 6:30 PM

12th: Lenten Penance Service
at 6:30 PM

Ascension Catholic Church
905 Hickory Mill Rd



Lenten Fish Dinners

**Immaculate Conception
Catholic Church**
(708 First Avenue Montgomery)



**Every Friday
MAR. 7 thru APR. 11**

Serving 5 PM – 7 PM

Doors open at 4:45 PM



\$12⁰⁰ per meal

Carryouts
Available



Dinner includes:

- | | |
|------------------------------|---------------------|
| Fish (fried or baked) | Baked Potato |
| Cole Slaw | Baked Beans |
| Bread | Dessert |
| Iced Tea or Lemonade | |
| (Drink with Eat-In Only) | |

Blessed Sacrament Catholic Church
305 E St
South Charleston, WV 25303
www.blessedsacramentwv.org
Phone: (304) 744-5523
E-mail: BSCCWV@gmail.com

Our parish office is open Monday and Wednesday-Friday from 9:00am to 3:00pm. The South entrance doors are unlocked during office hours.
The North entrance doors are unlocked on days that there is a Mass.

Second Collections - cash, envelopes, or checks made out to Blessed Sacrament may be placed in a marked box in the Gathering Space.

 <p style="text-align: center;">Online Giving Portal</p>	 <p>Give Trees Online To support Blessed Sacrament (all funds raised will go to our Garden Project), click here: https://blessedsacramentwv.givetrees.online/cause/give-a-tree/ or click on the QR code:</p>
<p>Pastor: Rev. Paul Wharton E-mail: pjw424@gmail.com Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p>	<p style="text-align: center;">Deacons</p> <p>Deacon Tony O’Leary - cell: 304-395-6208 / email: aoleary@dwc.org</p> <p>Deacon Tommy Ross – cell: 304-590-5003 / email: tross@dwc.org</p>
<p style="text-align: center;">Office Manager: Natalie Zellers 304-744-5523 Office E-mail: BSCCWV@gmail.com</p>	<p style="text-align: center;">Director of Religious Education Mike Granata E-mail: mikegranata3@gmail.com Phone: 304-561-8063 Acting Director: Theresa O’Leary mtoleary93@gmail.com</p>
<p style="text-align: center;">Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com Phone: 304-767-9479</p>	<p style="text-align: center;">Parish Therapy Cat Walter Email: WalterCatechist@gmail.com</p>
<p style="text-align: center;">Blessed Sacrament Parish Pastoral Council: Chip Counsil, Rick Brennan, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Dan McLaughlin, Jonathan Perry, Katie Smithberger, Charlie Wilson</p>	

St. Paul Catholic Radio - WLUX-AM 1450 Charleston/Dunbar



DIOCESE OF WHEELING-CHARLESTON

How to Report Suspected Cases of Sexual Abuse of Children

The Diocese encourages reporting to civil authorities first and foremost if a crime has been committed. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, you may also report suspected cases of sexual abuse by personnel or volunteers of the Diocese of Wheeling-Charleston to the Diocese, by contacting one of the Bishop’s designees 1311 Byron St., PO Box 230, Wheeling, WV 26003 Fax: 304.233.4086 Phone 304.230.1504 at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. You may also visit www.dwc.org, under “Accountability” for additional reporting mechanisms.”