March 11 – turn your clock forward one hour before you go to bed.

Blessed Sacrament Parish – March 12, 2023

We, Blessed Sacrament Parish, Are a Christ-Centered Community, Committed to Worship the Father, Committed to Respond to the Spirit's Gifts, Committed to Loving Service to All God's People

Our parish office is open on Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during those hours.

Telephone (Parish Office): 304.744.5523 E-mail: BSCCWV@gmail.com

Web page: www.blessedsacramentwv.org

Pastor: Rev. Paul Wharton E-mail: pjw424@gmail.com Cell Phone for Emergencies: 304-433-7472 Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com 304-767-9479 Faith Formation: Dr. Bob Pennington: rpenningtontheologian@gmail.com Office Manager: Natalie Zellers Office E-mail: BSCCWV@gmail.com

Our Pastoral Council: Chip Counsil, facilitator, Rick Brennan, Pam Counsil, Jackson Davis, Matt Davis, Anne Dever, Jack Dever, Christine Fernandes, Mike Granata, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Katie Smithberger, and Charlie Wilson

We stream our Masses on Facebook: https://www.facebook.com/BSCWV/ for anyone who cannot come to Mass in person.

Day	Date	Time		Mass Intention
Saturday	03/11	5:30pm	+	Philip Corkrean by Our Parish
Sunday	03/12	9:00am	+	Robert Grassman by Missy Mowrer
		11:30am		Intentions of the People of Our Parish
Monday	03/13			
Tuesday	03/14			
Wednesday	03/15	7:00am Noon	+	Don Churchill by Susan Churchill
Lunch Bunch Thursday	03/16	Noon	+	(not assigned)
Friday	03/17	Noon	+	Deceased Friends and Relatives
Saturday	03/18	5:30pm	+	(not assigned)
Sunday	03/19	9:00am		Intentions of the People of Our Parish
		11:30am	+	(not assigned)

We Remember in Our Prayers

Barbara Baldy, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Joe Eisel, Marietta Fenton, Andrew Fields, Rose Finch, Rita Finnell, Skip Finnell, Patty Geissinger, Dante Geronilla, Joe Gregg, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, John & Claire Johnson, John Lordan, Bob Lucas, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Barbara McCormick, Evelyn Miller, Keith Morgan, Bradley Smith, and Sandy Wheeler

Day	Date	Time	Event	Location	
Sat	03/11	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom	
		4:30pm	Reconciliation	Reconciliation Room	
		5:30pm	Mass – Vigil	Sanctuary & facebook.com/BSCWV/	
Sun	03/12	9:00am	Mass	Sanctuary & facebook.com/BSCWV/	
		10:15am	First Communion Class	Room 2	
		10:15am	Youth Faith Formation	Library or Room 5B	
		11:30am	Mass	Sanctuary & facebook.com/BSCWV/	
		1:30pm	Book Club: Breathing Under Water	Library	
		7:00pm	Dismas Men's Club	Room 6	
Mon	03/13	6:00pm	OCIA	Library	
		6:00pm	Pastoral Council	Room 2	
Tues	03/14		Our Office is Closed Today		
		5:30-6:30pm	BSP Lyres Club Harp Ensemble	Parish Hall	
Wed	03/15	7:00am	Mass	Chapel	
		10:00am	Bible Study	Library	
		Noon	Mass	Chapel	
		1:00pm	Lectio Divina	Conference Room	
		7:00pm	Lenten Symposium "A Fireside Chat"	Parish Hall	
Thur	03/16	Noon	Mass – followed by Lunch Bunch (see below)	Church – Parish Hall	
		5:00pm	Youth Group	Parish Hall	
		6:00pm	Handbell Choir Rehearsal	Sanctuary	
		7:00pm	Choir Rehearsal	Sanctuary	

Please come to a **Fireside Chat** as part of the LENTEN SYMPOSIUM **this Wednesday at 7:00 pm** in the Parish Hall. Fr. Paul will talk about his ministerial priesthood and will share the reason that God called him to do what no one else could have done. Hint: It happened in Kanawha City around 2005 or 06. Also, everyone will have an opportunity to speak their mind about the parish or the diocese or the Church in general.

Lunch Bunch - We will have a noon Mass and lunch at no charge, for all ages this Thursday, March 16! Main Menu: Corned Beef, Cabbage, Potatoes, Carrots and Onions! There may also be a wee bit of blarney! If you can bring a vegetable, salad or dessert to share, please do! If you have any special dietary needs, please contact John Finnell at 304-377-3560 or snowman25303@hotmail.com. If you would like to contribute a door prize, just bring it along! If you can help with clean up, please plan to stay around and do so. Our team is always happy to hear your thoughts to improve our experience: Kathy Monahan, Steve Rist and Mary Pat Peck.

This Week at Blessed Sacrament is continued on the next page.

This Week at Blessed Sacrament continued

Fri	03/17	11:15am	Scriptural Rosary	Chapel
		Noon	Mass	Chapel
		5:30pm	Stations of the Cross	Sanctuary
Sat	03/18	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom
		4:30pm	Reconciliation	Reconciliation Room
		5:30pm	Mass - Vigil	Sanctuary & facebook.com/BSCWV/
Sun	03/19	9:00am	Mass – OCIA Scrutiny	Sanctuary & facebook.com/BSCWV/
		10:15am	First Communion Class	Room 2
		10:15am	Youth Faith Formation	Library and Room 5B
		10:15am	Coffee, Cocoa, and Questions	Parish Hall
		11:30am	Mass	Sanctuary & facebook.com/BSCWV/
		1:30pm	Book Club: Breathing Under Water	Library
		7:00pm	Dismas Men's Club	Room 6

8 Things to Know about the Restoration of Communion from the Cup

- 1. Communion from the Cup will be available beginning on Holy Thursday.
- 2. As always, it is optional since whenever one receives either the consecrated bread or consecrated wine, one receives both the Body and the Blood of Jesus. The Church has said that doing so is a fuller sign, not a requirement nor a source of more grace.
- 3. When one approaches the Extraordinary Minister of Holy Communion, one bows his or her head, responds by taking the chalice into one's hands, and saying "Amen" before taking a sip, and returning the chalice to the minister.
- 4. Out of charity and genuine love of neighbor, one who is coughing, sneezing, has a runny nose, is feverish, or is the least bit sick, ought never to receive communion from the cup or communion on the tongue.
- 5. Although the chalice is wiped after each communicant, there are no assurances that germs will not be transmitted. The alcohol does not guarantee this either.
- 6. Since the consecrated wine must be consumed afterwards, it is possible we will run out until we get a better idea of how much wine to use.
- 7. It is almost certain that we will need more help distributing communion. Please prayerfully consider volunteering.
- 8. Please complete the Survey Monkey poll on our website or on a table in the Gathering Space.

3 Things to Know about Exchanging the Sign of Peace.

- 1. Also, at your own discretion people may hug, kiss, one shake hands during the Sign of Peace. Peace is exchanged only with those close by.
- 2. Please read the Body Language of those around you. Some prefer not to physically exchange a sign with others. We need to respect that.
- 3. One doesn't move around trying to greet everyone everywhere as if this is essential. As has always been the case since its restoration some 60 + years ago, the exchange of this sign is both encouraged and entirely optional.

HOLY WEEK 2023

Holy Week is the most important time of the year for the Catholic Church. The entire reason for Lent is to prepare us to celebrate Holy Thursday, Good Friday, and the Easter Vigil as a community of faith. We celebrate the Paschal Mystery – the Passion, Death, and Resurrection of our Lord Jesus Christ – in word and sacrament, in voice and silence, and in actions and symbols. Here is something of what to expect.

Palm Sunday is also known as **Passion Sunday** includes the blessing of palms and the reading of the Passion according to St. Matthew (this year). Beginning in fourth century Jerusalem and spreading throughout the Church, Christians have processed with palm branches to remember and experience the Triumphal Entry of Jesus into Jerusalem. Mass will begin in the Parish Hall for those able to walk easily. It includes blessing of palms, reading of the first gospel, and a procession into the Church as we sing. The Passion includes multiple readers and parts for the congregation to say aloud. Be sure to burn or bring back any palms from past years. Saturday April 1 at 5:30 pm and Sunday April 2 at 9:00 and 11:30 am.

Holy Thursday (April 6 at 6:00 pm) is a commemoration of the Last Supper. We remember with awe the humility of Jesus in washing the feet of the apostles and His generosity in giving us the Sacrament of his Body and Blood that we call the Eucharist. After the entrance, the parish will be presented with the holy oils blessed earlier in the week at Sacred Heart Basilica by Bishop Mark Brennan. These oils will be used in the sacraments of baptism, confirmation, and anointing in the coming year.

The Liturgy on this night includes two other special ceremonies. The entirely optional ritual of foot-washing has been done in a variety of ways through the years. This year (unless he is called in at the last minute to substitute somewhere else) Fr. John will wash the feet of 12 parishioners as did Jesus at the Last Supper according to Saint John. Volunteers will be sought from each Mass of different ages and sexes.

After communion and prayer, the priest, servers and choir will process through the church to the Chapel of Repose (which will be in the Hallway to the Parish Hall) and placed in a tabernacle. Everyone is invited to stop by and visit our Lord Jesus present in the Eucharist, to stay with him as did the disciples in the Garden of Gethsemane. Be sure to sign up for a time to be present and pray. All depart in silence.

Lent Schedule

Every Wednesday through April 5 - Lenten Seminars and other events starting at 7:00pm

Every Friday through March 31 - Stations of the Cross-5:30pm in the Church

Sunday, March 26 - Communal Penance Service at 3:00pm

Saturday, April 1 - Easter Egg Hunt (more information to come)

Thursday April 6 - Holy Thursday Service -- 6:00pm

Thursday April 6 after the 6:00pm Mass Night Watch or Gethsemane Watch

Friday April 7 - Stations of the Cross at Noon -- Good Friday Service at 6:00pm in the Church

Saturday April 8 – Easter Vigil Services at 8:30pm

Easter Sunday April 9 – Mass at 9:00am and 11:30am

To the Men of Blessed Sacrament,

The Dismas Club is the men's organization of Blessed Sacrament Parish. The organization serves the parish in various ways, including maintenance projects, pancake breakfasts, serving hot dogs at the Easter Egg hunt etc. We meet the second Sunday of every month primarily to go over requests involved with such work. We also have a social hour after the meeting (you can stay or leave) which often involves kibitzing and most times, card playing.

There is an e-mail list we use to solicit help from the men on the list and inform them of our activities. <u>If you have not been receiving emails concerning our club's activities and wish to be placed on that list, please let me know by by email: donbecher@gmail.com</u>. If you have any special skills (for example electrical or woodworking) we would also appreciate knowing. If you do not wish to be placed on the list, you need not respond.

The organization is a good way for men of the parish over 18 years old to get to know and interact with other men of the parish, so if you haven't been receiving emails and wish to, please do let me know.

Our next meeting is this Sunday at 7:00pm. Come join us in room 6 for the evening – no commitments needed.

Don Becher, Dismas Club Secretary



CELEBRATE THE SPIRIT IN RECOVERY:

The Journey Toward Transformation

You Are Invited:

A free program to learn about recovery from alcohol and drug addiction.

Panel presentations, information tables, food, and sharing. Enhance your Lenten journey!

> Blessed Sacrament Church, 305 E Street South Charleston, WV 25303

Wednesday, March 22, 2023 6:00pm - 8:30pm

A collaboration of:

Blessed Sacrament Parish (<u>blessedsacramentw.org</u>)

Addiction Healing Center at St. Francis Hospital (<u>wvumedicine.org/thomas-hospital</u>)

The West Virginia Institute for Spirituality (<u>wvis.org</u>)

Birthday Greetings

One of the young men studying for the priesthood, **Dylan O'Sullivan** will celebrate his birthday on March 26.

If you would like to send him greetings, his mailing address is John Paul II College Seminary, 145 Taylor St. NE, Washington, DC 20017



Help Moving Needed

Jane Ann Grishaber will be moving to Edgewood Summit this weekend. If anyone is available to help, please contact Connie Lucas 304-419-5755.

Also, there are many pieces of furniture, kitchen utensils, Christmas decorations, etc. available if you know someone who might need them. If you are interested, please contact Connie Lucas.

Coffee, Cocoa, and Questions - March 19th between the Masses

Questions to be answered by Fr. Paul in the Parish Hall from 10:15 to 11:15 am

- 1. Can a priest withhold communion from a politician who supports every abortion bill or a healthcare worker who is forced to help terminate a pregnancy?
- 2. In his letters Saint Paul tells us to admonish one another to help grow in faith. How can we do this without being a busybody?
- 3. Why is there a crucifix in plain sight in every Catholic Church?
- 4. My sister was married by a judge and therefore was not sacramentally married. If he has been married by a Protestant Minister would her marriage be a sacrament?
- 5. Why did Jesus have to die to open the gates of heaven? Couldn't God, in his infinite power, have simply opened heaven to worthy souls?

From the Director of Religious Education

1st COMMUNION CLASS is meeting every Sunday from 10:15am to 11:15am in Classroom 2. If you missed our first few classes, don't worry, please attend this week's class and every Sunday through May! Parents can drop off and pick up their child directly in Room 2 of the Parish classrooms past the parish office. If anyone has any questions, please contact me at: rpenningtontheologian@gmail.com.

YOUTH FAITH FORMATION class will meet every Sunday from 10:15-11:15am. I want to thank CCHS student Audrey Allred, and parishioner volunteers Lynne Gianola and Ann Winton; because of their generosity of spirit and time we are now able to simultaneously have multiple faith formation classes. All students should meet their catechists in the Sanctuary every week until May.

Faith & Film Festival: Please come watch "Food Inc." in the Parish Hall on March 19 @ 2pm. The event is cosponsored by the Creation Care Committee and the Social Justice Committee. The documentary shows the reality of how, where, when, and why food in the United States is grown, genetically modified, produced, and sold in stores and fast-food chains.

"Celebrate the Spirit in Recovery: The Journey Toward Transformation" is a community event from 6pm to 8:30pm on March 22 and is open to the public. The event is a program to learn about recovery from alcohol and drug addiction through spirituality. Panel presentations, information tables, food, and sharing will enhance your Lenten journey!

Back by Popular Demand: "Coffee, Cocoa, and Questions." Our first CCQ session was a success with about 40 parishioners in attendance. Our next meeting will be March 19 from 10:15-11:15am. This is an opportunity for all parishioners, young and old, and in-between, to submit anonymous questions in-person in the submission box in the parish gathering space. Or go to our Survey Monkey link below to submit questions with complete and secure anonymity. For our next meeting, we invite questions related to Lent! Fr. Paul will answer the questions in a town hall style event. https://www.surveymonkey.com/r/252W85K

COMING SOON: "Theology on Tap & Uncorked" plus "Theology Book Club" will hold their inaugural meetings March 25 at Taylor Books (next to Pies & Pints downtown). If you are interested, please email me to learn more: rpenningtontheologian@gmail.com

THANK YOU: to our newest Youth Catechist Ms. Audrey Allred, Charleston Catholic High School student, and parishioner at St. Agnes, who generously offered to lead our younger group of youth in their Sunday Faith Formation. I also want to continue to thank Kris Maramba, Ann Winton, and Lynne Gianola for their generosity of spirit as they continue to serve our Youth in their Faith Formation programs. I am grateful for your assistance!

Youth Group News

We made pretzels for Lent!













And you can, too! Here's our recipe:

Ingredients:

- 1 package yeast .25 oz
- 1 1/2 cups warm water
- 1 tablespoon sugar
- 1 teaspoon table salt
- 4 cups flour

kosher salt for sprinkling

Instructions:

Preheat your oven to 425°F. Mix yeast, warm water, sugar, and salt in a large mixer bowl. Add flour, one cup at a time, and mix with dough hook until it forms a ball. Divide into pieces about the size of a golf ball, and shape into the form of arms



crossed in prayer. Place on a baking sheet. (We lined ours with parchment paper and sprayed them with cooking spray.) Sprinkle the top with kosher salt and bake for about 15 minutes or until they're the color you like.

This weekend is Hygiene Sunday!

You're invited to bring any of following items to place in one of the bins in the Gathering Space. The Youth Group will assemble your offerings into personal hygiene kits for those in addiction recovery and other situations of emergency need:

Shampoo/conditioner Toothbrushes/toothpaste Body wash/soap deodorant disposable razors lip balm disposable razors body wash feminine napkins pocket combs hairbrushes shaving cream

Spiritual Icebreakers and Soup Starters 36

Icebreakers give us something to talk about. Soup starters make for a good start. Here is some spiritual kindling to use, think about, and pray with this week.

STORY:

A university professor went off searching for the meaning of life. After several month and many miles, he came to the home of a holy hermit and asked to be enlightened. The holy man invited his visitor into his humble dwelling and began to serve him tea. The tea filled the cup, overflowed onto the saucer, then onto the table and finally onto the floor. The professor watched it until he could stand it no longer. Stop! It is full. No more will go in." The hermit answered, Like this cup you are full of your own ideas, opinions, and answers. How can I teach you unless you first empty your cup?"

POEM and **PRAYER**: Flow

"Those who drink of the water that I will give them will never be thirsty. The water that I will give. will become in you a spring of water gushing up with eternal life." -John 4.14

I'm thirsty.

I've drunk, oh, from spigots and bottles and hoses and fountains, piped in from vendors, drunk in a thousand places—and still thirsted. Not my lips, but my soul. The water I seek isn't for soup or laundry: I'm seeking you. I have no bucket, no special ability, just thirst. And I come to this spring, bubbling up from the deep-water table of you, God, this powerful flow, this living stream of water gushing up in me, given, free, flowing, your love rising from the depths unhindered, this power to live with love and courage, this joy and hope, this clear, sparkling beauty, this living stream of your life, Beloved, your eternal life, flowing through me, not subject to weather or commerce, or my doing or not doing, but steady, constant. This is eternal life: not far-off or later, but here and now, and infinite. I am the well. You are the water. Flow in me.

Steve Garnaas-Holmes Unfolding Light www.unfoldinglight.net.



PRAYER:

Lord Jesus Christ, you have power over life and death. You know what is uncertain and obscure, and our thoughts and feelings are no secret from you. Cleanse me from my hidden faults, for I have done evil and you have seen it. Day by day my life draws nearer to its end. You know how frail I am, in soul and in body. Give me strength, Lord, in my weakness and uphold me in my sufferings. Amen. — Saint Ephraim the Syrian, Deacon

MYSTIC MORSEL:

The great flood of divine love never ceases. Instead, it flows on and on without stopping. It flows on and on effortlessly and sweetly and without failing until,

finally, our tiny vessel becomes full and spills over.

-Mechthild of Magdeburg (1208-1282)

BookMark

Volume 2, Number 1

Welcome to the Blessed Sacrament Library! We exist to serve you, our Parish Patrons. Recent additions to our library:

- Jesus: the evidence
- Amazed by God's Grace
- The Popes every question answered
- Merton's Abbott
- Saint Who? 39 holy unknowns

This month is Lent and Easter month. The following books have been placed on display especially for your consideration:

- Into the Desert: Reflections for Lent
- Lent The Sunday Readings
- Lent and Easter Reflections for the Younger Crowd
- Spirituality for Lent and Easter
- No Longer Silent: The Empowerment of Women in the Gospel
- When I Survey the Wondrous Cross: Spiritual Reflections for Lent

The Blessed Sacrament Library contains books, CDs, and DVDs that have been carefully curated to appeal to your interests. If you do not find something to your interest, let me know so that I can attempt to get a title. Questions? Comments? Just email me at BSCCLibrary@proton.me. John C. Priestley II



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Manna Me	
Sche	dule
March 1	Don Becher
March 8	John Ellison
March15	Rob Schissler
March 22	Matt Leary
March 29	Tony O'Leary
April 5	Don Becher
April 12	John Ellison
April 19	Rob Schissler
April 26	Greg Ayers



March 12, 2023

Third Sunday of Lent

Ex 17:3-7 | Rom 5:1-2, 5-8 | Jn 4:5-42

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

Even St. Teresa of Calcutta experienced a period of "spiritual dryness." We pray, we go to Mass faithfully, we serve others yet at times God's presence may seem elusive. Like the Israelites, we may ask, "Is the Lord in our midst or not?" As we enter the third Sunday of Lent, today's readings assure us that God remains with us even during those times we may feel spiritually parched. In Exodus, water flows from a rock to satisfy the people. In the Gospel, Jesus tells the Samaritan woman at the well: "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman, a sinner and an outcast, recognizes Jesus as Messiah, and it changes her life. Even when we don't "feel" God's presence, we can rest assured that Jesus stands beside us. He is our redemption and our Hope, and "Hope does not disappoint."

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In today's Gospel, Jesus breaks with custom by talking to a woman – a Samaritan woman, no less. He "sees" her – knowing she has been married five times before and is living with a man not her husband. Yet he chooses to reveal to her his identity as the Messiah and offers her "living water." But it doesn't end there. The woman at the well goes forth and shares her experience with others. Many more came to believe in the Messiah based on her testimony. What an unlikely disciple! We may feel that we, too, are unlikely disciples: We are sinners, we've made mistakes, perhaps we feel we are unworthy to "represent" Jesus to others. But nothing is further from the truth. Jesus invites us not only to partake of the living water but to share it with others so that all may believe.

ACTION Put a note on your mirror or bedside: "Hope does not disappoint." Each morning, remind yourself that Jesus is the source of our hope, and try to think of ways to share this hope with others.



Liturgical Ministers – March 11 & 12

	5:30pm	9:00 am	11:30 am
Lectors	Tony O'Leary	Denise Burgess	Don Becher
Altar Servers	Karen Lewia	Gary Ferrell Madison Ferrell	Tommy Ross
Cantors	Nancy McLaughlin	John Dever	Heather White
Communion Principal	Ron Teufel	Terry Mathias	Sally Cline
Communion to the Sick		Missy Summey Susan Bowyer Mike Burgess	
Greeters/Ushers	Rob & Bev Schissler	Sue Manahan Brian Cornell	Ken McNeil Emilie McNeil

Liturgical Ministers – March 18 & 19

	5:30pm	9:00 am	11:30 am
Lectors	Carla Stricker	Peg Nagem	Kathy Lester
Altar Servers	Rick Brennan	Bob Danielson Eip Shawler	Jeanne Jarrett
Cantors	Dave Haas	Jack Dever	Olivia Hayes
Communion Principal	Vince Stricker	Rob Plutro	Todd Witsberger
Communion to the Sick		Jackie Lilly Molly Linehan-Belcher Ann Bradley	
Greeters/Ushers	Rob & Bev Schissler	Kelly Plutro	Ken McNeil Emilie McNeil

31 Club this week

31 Club members commit to praying for vocations one day each month.

Sun	03/12	Nancy McLaughlin
Mon	03/13	Mike Granata
Tue	03/14	Shelley Nason / Kathy Pojman
Wed	03/15	Moon Musilli and Peg Musilli
Thu	03/16	Mary Odin / Connie Jarzynski / Theresa O'Leary / Pippa Maramba
Fri	03/17	Bowles Family
Sat	03/18	Mary Burriss