

Blessed Sacrament Parish – January 29, 2023

*We, Blessed Sacrament Parish, Are a Christ-Centered Community,
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,
Committed to Loving Service to All God's People*

Our parish office is open on Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during those hours.

Telephone (Parish Office): 304.744.5523 E-mail: BSCCWV@gmail.com

Web page: www.blessedsacramentwv.org

Pastor: Rev. Paul Wharton E-mail: pjw424@gmail.com Cell Phone for Emergencies: 304-433-7472

Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com 304-767-9479

Faith Formation: Dr. Bob Pennington: rpenningtontheologian@gmail.com

Office Manager: Natalie Zellers Office E-mail: BSCCWV@gmail.com

We stream our Masses on Facebook: <https://www.facebook.com/BSCCWV/>
for anyone who cannot come to Mass in person.

Mass Schedule

Day	Date	Time		Intention
Saturday	01/28	4:00pm		The Intentions of Our Priest
Sunday	01/29	9:00am	+	Joseph & Janet Joffre by The Pattons
		11:30am		The Intentions of Our Parish Family
Monday	01/30			
Tuesday	01/31			
Wednesday	02/01	Noon		The Intentions of Our Priest
Thursday	02/02	Noon	+	Sylvester & Marie Edqist by Susan Bower
Friday	02/03	Noon	+	Sam Femia by The Providentis
Saturday	02/04	4:00pm	+	Bevin Kiser by Natalie and Jim Zellers
Sunday	02/05	9:00am	+	Don Churchill by Susan C
		11:30am	+	John "Buz" McCormick

We Remember in Our Prayers

Barbara Baldy, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Loretta DiGiorgi, Joe Eisel, Marietta Fenton, Andrew Fields, Rose Finch, Rita Finnell, Skip Finnell, Patty Geissinger, Dante Geronilla, Joe Gregg, Bob & Kathleen Groom, Mary Lou Hammock, John Hanna, John & Claire Johnson, John Lordan, Bob Lucas, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Barbara McCormick, Evelyn Miller, Bradley Smith, Rabbi Victor Urecki and Sandy Wheeler

Pray She Rests in Peace Stephanie Morgan Hall, daughter of Keith Morgan

This Week at Blessed Sacrament

Day	Date	Time	Event	Location
Sat	01/28	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom
		3:00pm	Reconciliation	Reconciliation Room
		4:00pm	Mass – Vigil	Sanctuary & facebook.com/BSCWV/
Sun	01/29	9:00am	Mass	Sanctuary & facebook.com/BSCWV/
		10:15am	First Communion Class	Room 2
		10:15am	Youth Faith Formation Meeting	Sanctuary
		11:30am	Mass	Sanctuary & facebook.com/BSCWV/
Mon	01/30	6:00pm	OCIA/RCIA	Library
		7:00pm	Creation Care	Room 2
Tues	01/31		Our Office is Closed Today	
Wed	02/01	10:00am	Bible Study	Room 5 / Library
		Noon	Mass	Chapel
		1:00pm	Lecto Devina	Conference Room
		6:00pm	Liturgy Committee Meeting	Gathering Space
Thur	02/02	Noon	Mass	Chapel
		5:00pm	Youth Group	Parish Hall
		6:00pm	Handbell Choir Rehearsal	Sanctuary
		7:00pm	Choir Rehearsal	Sanctuary
Fri	02/03	11:15am	Scriptural Rosary	Chapel
		Noon	Mass – Blessing of St. Blaise	Chapel
			Souper Bowl of Caring Weekend	
Sat	02/04	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom
		3:00pm	Reconciliation	Reconciliation Room
		4:00pm	Mass – Vigil	Sanctuary & facebook.com/BSCWV/
Sun	02/05	9:00am	Mass	Sanctuary & facebook.com/BSCWV/
		11:30am	Mass	Sanctuary & facebook.com/BSCWV/

In Loving Memory - John F. "Buz" McCormick

John F. "Buz" McCormick, 81 of Scott Depot, WV, passed away peacefully surrounded by his loving family at Putnam Center in Hurricane, WV on December 11, 2022. Mass of Christian Burial will be held at 1:00 pm Saturday, February 4th 2023 at Blessed Sacrament Catholic Church, in South Charleston, WV. Visitation will be held the day of from 11am-12:30pm. Private inurnment will be held directly after at the church in the columbarium.

https://www.bartlettnicholsfuneralhome.com/obituaries/John-Mccormick-20/?fbclid=IwAR2UU-eJj_x8TQHf2F3crAFyzuSp_5I5hZy6v12BpPDz3oXe9mUB6-aFZME#!/Obituary

From the Director Religious Education

Film Night

As you know Rick Brennan has been in charge of Film night historically at BSP. He will continue to serve as Volunteer Coordinator of this Religious Education ministry program. He and I would like to gather the opinion of the parish as to best date/time for the 1st and subsequent monthly film & faith offerings...<https://www.surveymonkey.com/r/LVL73XY>

1st COMMUNION CLASS

Registration is now open! Our first class will meet Sunday, January 29 in the Sanctuary at 10:15am to 11:15am. The first meeting will serve as a general introduction for parents with our Volunteer Minister, Olivia Hayes, a Blessed Sacrament parishioner and student. To register your child, or to learn more, please contact me at: rpenningtontheologian@gmail.com

YOUTH FAITH FORMATION

Class will meet Sunday, January 29 in the Sanctuary at 10:15-11:15am. Parents are encouraged to attend.

Make your VOICE heard!

A link to the Adult Faith Formation Survey is below. The survey will only remain open until Sunday night, January 29. You can also access it using the church website. And, hard copies are available in the Gathering Space. <https://www.surveymonkey.com/r/6QQX7BN>

Position: Director of Youth, Young Adult and Campus Ministries

WHEELING - The Director of Youth, Young Adult and Campus Ministries of the Department of Diocesan Pastoral Services, as a member of Diocesan Services, is committed to advancing the mission of Jesus Christ, consistent with the core purpose and Gospel values enunciated in the Diocesan Services' Mission Statement.

The Director of Youth, Young Adult and Campus Ministries directs programs and services for youth, young adult and campus ministries within the Diocese; empowers parish personnel and campus ministers through training and consultation; promotes active participation of youth in the life, mission and ministries of the Church; advocates a vision for youth ministry within the diocese.

The successful candidate will possess Bachelor's Degree (M.A.) in Theology, or Religious Education, or related field (master's preferred). Additional youth and campus ministry training or certificates. Three (3) to five (5) years' experience in parish or school youth ministry, or as a Catechist. Interested candidates should submit a current resume with letter of interest to mwalsh@dwc.org.



TOGETHER IN HOLINESS™ CONFERENCE SERIES

Join us for the **second annual Together in Holiness marriage conference** presented by the St. John Paul II Foundation and Diocese of Wheeling-Charleston. This one-day conference provides an opportunity for quality time with your spouse and includes dynamic presentations, Mass, Eucharistic Adoration, Reconciliation, on-site childcare, and more.

February 11, 2023 | 10:30 AM – 5:30 PM

St. Michael Church | Wheeling, WV

Mass Celebrant: Most Rev. Mark E. Brennan

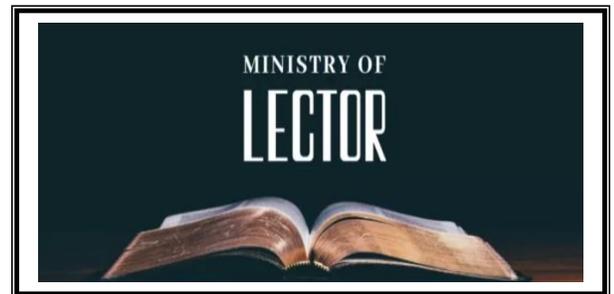
Speakers: Deacon Harold Burke-Sivers and more!

Registration: \$27/couple and \$18/individual. Early Bird discount available through January 9. Scholarships available upon request. On-site childcare (2-12yrs) available with pre-registration. For more information, please visit togetherinholiness.org or email TH@forlifeandfamily.org.

We will be highlighting one of our many ministries every week. All of our ministries will appreciate volunteers.

Please consider becoming a Lector! There will be a Sign up sheet in the gathering space.

Becoming a Lector is a rewarding experience! Being a Lector enables a person to prepare for and proclaim the Word of God, surely quite an awesome opportunity. The lector has the privilege of proclaiming the word of God to the congregation.



31 Club this week		
<i>31 Club members commit to praying for vocations one day each month.</i>		
Sun	1/29	Sister Molly Maloney
Mon	1/30	Jim Scharf
Tue	1/31	Sister Carole Riley Carla Stricker
Wed	02/01	Mary Henderson / Mark Houchins / Terry & Maureen Mathias / Mary Gargarella / Bev Schissler
Thu	02/02	Linda Lynch
Fri	02/03	Sister Frances Kirtley
Sat	02/04	Ashley Starcher / Missy Summey

Spiritual Icebreakers and Soup Starters 30

Icebreakers give us something to talk about. Soup starters make for a good start. Here is some spiritual kindling to use, think about, and pray with this week.

POEM

Everybody Knows:

You can't be all things to all people.
You can't do all things at once.
You can't do all things equally well.
You can't do all things better than everyone else.
Your humanity is showing just like everyone else's.

So:

You have to find out who you are, and be that.
You have to decide what comes first, and do that.
You have to discover your strengths, and use them.
You have to learn not to compete with others,
Because no one else is in the contest of *being you*.

Then:

You will have learned to accept your own uniqueness.
You will have learned to set priorities and make decisions.
You will have learned to live with your limitations.
You will have learned to give yourself the respect that is due.
And you'll be a most vital mortal.

Dare To Believe:

That you are a wonderful, unique person.
That you are a once-in-all-history event.
That it's more than a right, it's your duty, to be who you are.
That life is not a problem to solve, but a gift to cherish.
And we'll be able to stay one up on what used to get us.
May God Bless you and keep you safe,
— attributed to an unknown Father Pat



MYSTIC MORSELS by Meister Eckhart (1260-1328)

On the air a bird can rest, on the earth a stone, a fish rests in the sea... my soul in God alone.

Above all else, know this: be prepared at all times for the gifts of God and be ready always for new ones.

For God is a thousand times more ready to give than we are to receive.

PRAYER For Lapsed Catholic Children

Father in Heaven, You know what it is to
grieve over sinful, unappreciative children,
and so I turn to You in my sorrow.

My child(ren) seem(s) to have left the Faith.
I wonder if I have failed;
more important, I fear for those whom I love.
Be ever with my family, dear God, to
encourage, console, support, enlighten,
and bless each member.

Bring back those who have strayed,
touch those whose hearts have hardened, and
forgive those who have offended You by selfishness, laziness, or indifference.

You sent Your Son, Jesus, to die for us;
I pray that this wondrous sacrifice not be in vain.
Give my child(ren) the grace of repentance.
Help me to persevere and to suffer all things,
and to offer all things, for Your glory.
— Joseph M. Esper

Events to Mark on Your Calendar!

Wednesday February 1, 2023 (See image at the end) from 5:30pm-7:30pm - Charleston Catholic High School
Prospective Parent Open House

Friday, February 3rd – Feast of St. Blaise - Fr Paul will bless throats during the noon Mass on Friday. - **Saint Blaise of Sebaste** was a Fourth Century Bishop and Martyr who is said - through prayer - to have saved the life of a boy who was choking to death on a fish bone. He was on his way to being put to death for his faith in Jesus Christ. He is the Patron Saint of those with throat problems. On his Feast Day (February 3), some come to Church to receive a blessing of their throat. This sacramental was once as popular as another sacramental distributed on Ash Wednesday. A sacramental is something that helps us receive God's grace. A Sacrament actually confers God's grace. Fr. Paul will bless throats during the noon Mass on February 3.

February 4th & 5th – Souper Bowl Sunday - On the weekend of February 4th/5th, our youth will collect donations of money and soup to benefit a local food pantry. You can vote for who you hope wins the Super Bowl by placing your donations with that team's table/bucket in the gathering area.

Thursday, February 9 (see image at the end) - BraveHeart Valentine's party to be held on Thursday, February 9, 6 p.m. to 8 p.m. at Kanawha United Presbyterian Church. It is for developmentally disabled young adults.

Sunday Comics



“Lord, help us be mindful.”



The Souper Bowl of Caring began in 1990 with a simple prayer, prayed by Rev. Brad Smith at Spring Valley Presbyterian Church in Columbia, South Carolina:

“Lord, even as we enjoy the Super Bowl football game, help us be mindful of those who are without a bowl of soup to eat.”

22 churches raised \$5,700 in that first year. Since its inception, over 305,000 schools, businesses, and congregations of all faiths have raised more than \$175 million in monetary and food donations. Last year, 4,355 groups contributed over \$3.5 million of food and monetary donations to 2,655 local charities.

On the weekends of February 4/5 and 11/12, the youth of Blessed Sacrament invite you to bring cans of soup, boxes of crackers, and/or virtual soup (\$1 = 1 can) donations to help our brothers and sisters who are hungry in West Virginia.

We’re down to just four teams: the Kansas City Chiefs, the Cincinnati Bengals, the Philadelphia Eagles, and the San Francisco 49ers. You can vote for your favorite by placing donations on your team’s table in the Gathering Space.



Thank you for helping us live out the principles of Catholic Social Teaching, especially #2: Call to Family, Community, and Participation and #4: Option for the Poor and Vulnerable.



January 29, 2023

Fourth Sunday in Ordinary Time

Zep 2:3; 3:12-13 | 1 Cor 1:26-31 | Mt 5:1-12a

Written by
THE
FAITHFUL
DISCIPLE

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I have a competitive streak. Whether it's guessing Wordle in one try, grabbing the last Doorbuster deal at Kohl's or snagging Boardwalk early in a game of Monopoly, I like to win. For this reason, the readings today especially challenge me. In a world that values success, wealth and "winning," today's readings turn things upside down when it comes to status and justice. In Zephaniah, God chooses the "humble and lowly." In the Sermon on the Mount, Jesus lays out a road map to lasting happiness that bears little resemblance to what the world tells us, and even what our own instincts may tell us, about being "happy." I'll still buy Boardwalk at the first opportunity, but Jesus' words invite me to focus on seeking righteousness, and to be merciful and "clean of heart." They encourage me to seek the happiness that only Christ can give. Through prayer and reflection on these words, we can ask the Lord to transform our hearts and lives to align with what it truly means to be blessed.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

Pope Francis has referred to the Eight Beatitudes as a kind of Christian "identity card." (General Audience, Jan. 2020) And he had a suggestion for those of us, like me, who love to listen to the Sermon on the Mount but may not be sure where to start when it comes to living it. His suggestion is simple: "There are eight Beatitudes, and it would be nice to learn them by heart and to repeat them in order to keep this law that Jesus gives us in our mind and in our hearts." Perhaps we can place each Beatitude on a sticky note by the mirror, incorporate them into our morning prayers, teach them to our children or discuss them with friends. Practice makes perfect, yes? As Pope Francis reminds us, "the Beatitudes always bring you to joy; they are the paths to reach joy."

STUDY Memorize the Eight Beatitudes. Learn about each one by reading the writings of Pope Francis or another theologian such as Bishop Robert Barron. Ask God to help you incorporate them into your daily life.

Liturgical Ministers – January 28 & 29

	4:00pm	9:00 am	11:30 am
Lectors	Tony Ciliberti	Rory Isaac	John Priestly
Altar Servers	David Bowles	Gary Ferrell Madison Ferrell	Tommy Ross
Cantors	Joe Deegan	John Dever	Heather White
Communion Principal	Ro DeBias	Terr Mathias	Carolyn Frye
Communion to the Sick		Ann Bradley Susan Bowyer Mike Burgess	
Greeters/Ushers	Mike & Pat Habenschuss	Jeannie Haas Shelly Nason	Ken McNeil Emilie McNeil

Liturgical Ministers – February 4 & 5

	4:00pm	9:00am	11:30am
Lectors	Philip Maramba	Victoria Russo	Rick Brennan
Altar Servers	Karen Lewia	Eli Simonton Nathanial Simonton	Jeanne Jarrett
Cantors	Nancy McLaughlin	Jeanie Walter	Rory Isaac
Communion Principal	John McGarrity	Rob Pluto	Todd Witsberger
Communion to the Sick		Moly Blecher Jackie Lilly Bob Sherrard	
Greeters/Ushers	Mike & Pat Habenschuss	Pat Cochran Sue Mananhan	Anna Sites Rene Norman

Manna Meal Pick Up Schedule

February 1 John Ellison
 February 8 Matt Leary
 February 15 Don Becher
 February 22 Tony
 O’Leary

February 5th - Fifth Sunday in Ordinary Time

Reading 1

Is 58:7-10

Thus says the LORD: Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own. Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer, you shall cry for help, and he will say: Here I am! If you remove from your midst oppression, false accusation and malicious speech; if you bestow your bread on the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday.

Responsorial Psalm

Ps 112:4-5, 6-7, 8-9

R. The just man is a light in darkness to the upright.

Light shines through the darkness for the upright; he is gracious and merciful and just. Well for the man who is gracious and lends, who conducts his affairs with justice.

R. The just man is a light in darkness to the upright.

He shall never be moved; the just one shall be in everlasting remembrance.

An evil report he shall not fear; his heart is firm, trusting in the LORD.

R. The just man is a light in darkness to the upright.

His heart is steadfast; he shall not fear. Lavishly he gives to the poor;

His justice shall endure forever; his horn shall be exalted in glory.

R. The just man is a light in darkness to the upright.

Reading 2

1 Cor 2:1-5

When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. I came to you in weakness and fear and much trembling, and my message and my proclamation were not with persuasive words of wisdom, but with a demonstration of Spirit and power, so that your faith might rest not on human wisdom but on the power of God.

Alleluia

Jn 8:12

R. Alleluia, alleluia.

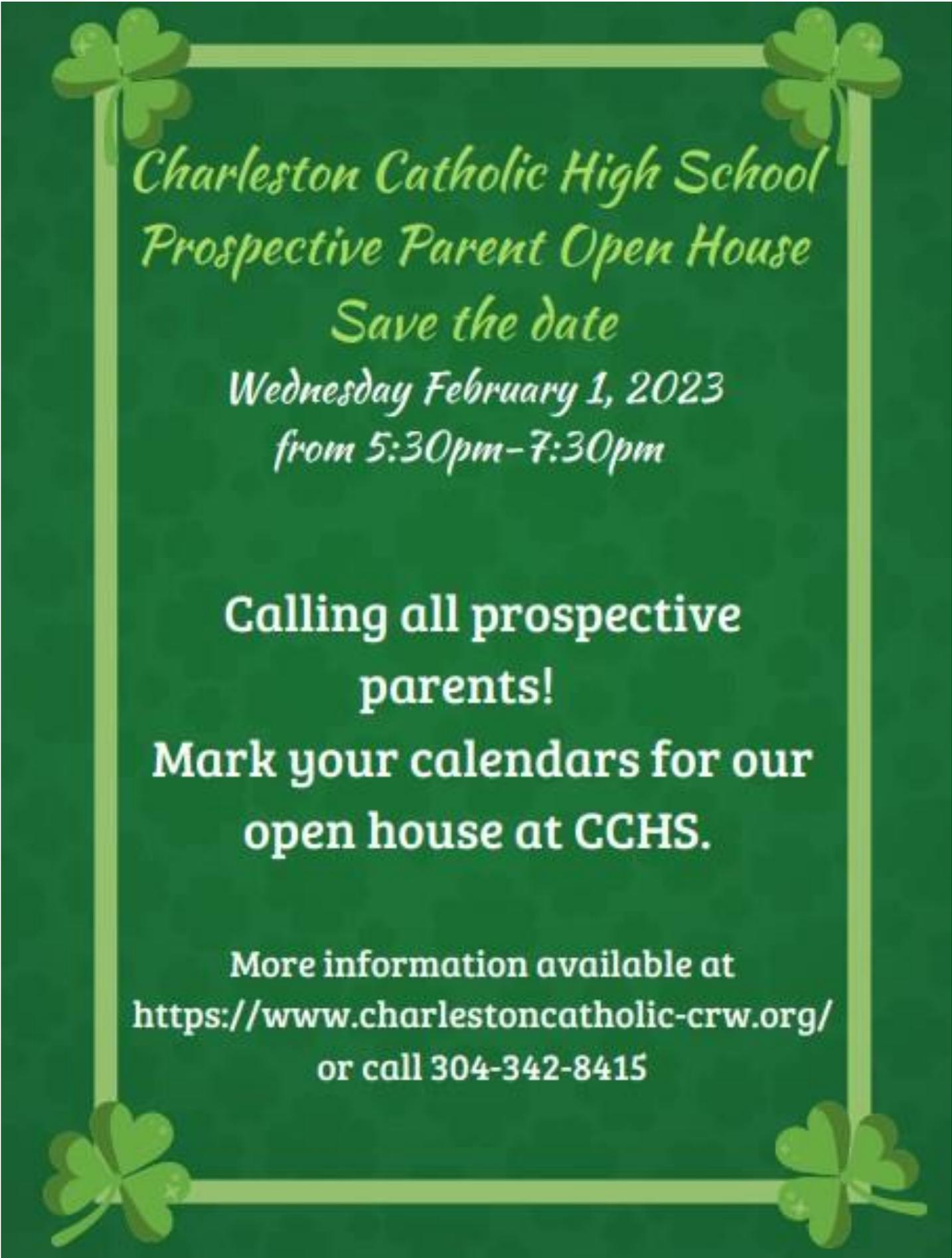
I am the light of the world, says the Lord; whoever follows me will have the light of life.

R. Alleluia, alleluia.

Gospel

Mt 5:13-16

Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father."



*Charleston Catholic High School
Prospective Parent Open House*

Save the date

*Wednesday February 1, 2023
from 5:30pm-7:30pm*

**Calling all prospective
parents!**

**Mark your calendars for our
open house at CCHS.**

More information available at
<https://www.charlestoncatholic-crw.org/>
or call 304-342-8415



Kanawha United Presbyterian

BraveHeart

FELLOWSHIP
Celebrating The Individual

Welcome to Braveheart Fellowship, Kanawha United Presbyterian Church's outreach to teenagers and young adults living with developmental disabilities. Our mission is to offer opportunities for social interaction through events planned to be as stress-free and as much fun as we can make them. All events are cost-free and open to everyone.

Our next event will be a Heart Throb Valentine's Party on February 9, 2023 from 6-8 pm at Kanawha United Presbyterian Church, 1009 Virginia Street East in Charleston.

Following that will be CARNIVAL! On May 25, 2023, 6-8pm

For further information, please contact Susan Marrash-Minnerly, 304-549-5749, srkmminnerly@gmail.com.

Can't wait to celebrate with you!



Do you want a life of **Heroic Sacrifice?**

Is God Calling YOU to be a Priest of Jesus Christ?

**Come join us
for a weekend of prayer
and discernment**

March 3-5

Priest Field Pastoral Center
4030 Middleway Pike, Kearneysville, WV 25430

To complete an application visit WVPriests.org



MAP Assessments give Students in WV Catholic Schools Clear Roadmap

Backed by assessments that are given three times a year, the Catholic Schools of West Virginia provide educators, families, and the students the opportunity to identify any learning gaps, as well as identify areas where the student can be challenged at a higher level.

The diocesan schools partner with the Northwest Evaluation Association (NWEA) for their state-aligned, online Measure of Academic Progress (MAP) assessments.

“Our MAP assessments truly serve as a roadmap for us for grade level aptitude, and college and career readiness,” Associate Superintendent Jennifer Hornyak said.

“The NWEA tests are adaptive, meaning students are measured where they are across grade levels instead of just at their grade level,” she said and added, “The online test adjusts during the assessment based on the student’s right or wrong answers. A right answer challenges the student to a harder question. A wrong answer bumps down a level to identify where the student’s ability is in the subject area, resulting in an identification marker of what the child’s needs may be to grow in this subject area. The teacher then can adapt their lesson plan to help the student attain individual goals, grade level goals, and cross grade level goals.”

The MAP testing also identifies college and career readiness.

“That is another asset of the assessment model, providing us a clear look at what opportunities would be best for our students to help them be the best version of themselves after their educational career with us,” Hornyak said.

To learn more about Catholic education in West Virginia go to: <https://wvcatholicschools.org>.

Intentional Growth Model Insures Accountability and Vitality

Intentional Growth Planning (IGP) model adds additional level of accountability and vitality for the Catholic Schools of West Virginia.

Superintendent Mary Ann Deschaine, Ed.S., said the school system must constantly evaluate its operations to not only a key to maintaining a vibrant community of schools, but also a key to the overall success of the students.

“Just as we expect our students to be better than yesterday in every way, we look at ourselves as a whole system to do the same,” she said, noting the system’s IGP – a four-year roadmap of accountability for stronger Catholic grade and high schools in the state.

“In collaboration with our principals, pastors, parishes, parents, alumni, and diocesan staff we work to continually improve and grow in our Catholic Identity, leadership, academic excellence, enrollment, and operational vitality. Hand in hand with our Cognia accreditation process we continue to evaluate our performance not only in the classroom, but also across the board and then aim higher.”

To learn more about Catholic education in West Virginia go to: <https://wvcatholicschools.org>.

Our Pastoral Council

Chip Council, co-facilitator	Matt Davis	Rick Brennan	Pam Council	John F. Gianola	
Tim Norris, co-facilitator	Ken Holz	Jack Dever	Anne Dever	Laura Jennings	
Katie Smithberger	Joe Gresham	Philip Maramba	Matt Hayes	David Lewia	Charlie Wilson

Council members are always grateful to hear about any concerns our parishioners have.

If you do not know any of the members personally, you may send a note or email to our parish office for them.

Items for the Bulletin – Deadline

Tuesday afternoon is the deadline for all articles, notices, corrections, etc. for the bulletin that will be published for the weekend.

Our Mailing Address: 305 E St

You may have noticed the sturdy outdoor mailbox near our south entrance. With it we can have dependable mail delivery whether our building is locked or unlocked. (During COVID, we needed a PO Box for our mail delivery.) **Please change our address in your contacts list back to 305 E Street, So. Charleston, WV 25303.**

Other Items

St. Paul Radio - West Virginia.....Presents Catholic radio on: WLUX 1450 AM Dunbar; WNUX 89.7 FM Beckley; WOUX 105.3 Parkersburg Visit www.sprmw.org for a link to stream Catholic radio to a smart phone

The Catholic Spirit Our diocesan newspaper, <http://thecatholicspiritwv.org/>

Diocese of Wheeling-Charleston

Go to www.dwc.org to find a directory for all priests (active and retired), religious, diocesan employees, parish addresses, etc.

The main telephone number is 304-233-0880. The main address for our diocese is P.O. Box 230, Wheeling, WV 26003.

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, to report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. Please visit www.dwc.org under "Accountability" for additional information and reporting methods.

Diocesan Financial Audit <https://dwc.org/2021-auditors-report/>