



**January 11, 2025**

**We, Blessed Sacrament Parish, are a Christ-Centered Community,  
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,  
Committed to Loving Service to All God's People.**

**Mass Times & Intentions**

Day	Date	Time		Intention
Saturday	01/11	4:00pm	+	Rose Covey by Jim & Natalie Zellers
Sunday	01/12	9:00 am	+	Tom Grishaber by Debbie Wright
		11:30 am		People of Our Parish
Monday	01/13			
Tuesday	01/14			
Wednesday	01/15	Noon	+	Buddy Scalf by Priscilla Scalf
Thursday	01/16	Noon	+	Kathy Wharton by Father Paul
Friday	01/17	Noon	+	Fr. Edward Griffin by Our Parish
Saturday	01/18	4:00 pm	+	Jim Mathena by Jim & Natalie Zellers
Sunday	01/19	9:00 am	+	Dr. George L Hamilton Sr. by Beth Boyd
		11:30 am		People of Our Parish

**We Remember in Our Prayers**

Barbara Baldy, Barbara Breese, Bo Burdette, Genevieve Chmellik, Mary Cole, Elizabeth Coleman, Matthew Crabtree, Juanita Diehl, Joe Eisel, Marietta Fenton, Bob Galloway, Mary Gargarella, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Brad Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, Claire Johnson, Linda Lynch, Louann Lynch-Kelley, Alec Mansfield, Keith Morgan, Diane Roberts, Bradley Smith, Pat Walker, Sandy Wheeler, Kevin Whelan and the Urecki family

# This Week at Blessed Sacrament



Hygiene Weekend

## Hygiene Products for Rehabilitation Centers and Quick Response Teams

On the second Sunday of each month, parishioners are encouraged to donate hygiene products (especially sanitary napkins, shampoo, and toothpaste). Our Tithe Fund uses monetary donations to purchase items for these kits. A hygiene kit is used to hold personal care items that clean, comfort, and groom a person's body. Our hygiene kits are used by women and men in addiction recovery or emergencies. Please contact Rory Isaac at roryisaac823@gmail.com or Mary Odin at wmodin@frontier.com if you wish to help.

### Saturday, January 11

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

### Sunday, January 12

- **Faith Formation for Students** - 10:15am to 11:15am
- **Dismas Men's Group** - 7:00pm to 9:00pm in the Conference Room

### Monday, January 13

- **OCIA Meeting** - 6:00pm to 8:00pm in the Parish Hall
- **Pastoral Council Meeting**- 6:00pm to 8:00pm in Room 2

### Tuesday, January 14

- **BSP Lyres Club in the Worship Space** – 5:30pm to 6:30pm

### Wednesday, January 15

- **Bible Study** – 10:00am to 11:00am in Room 5
- **Bible Sharing** – 6:30pm to 8:00pm in Room 5
- **Study Guide:** <https://blessedsacramentwv.org/download/bible-share-01-15-25/?wpdmdl=2221&refresh=677f33a6d116d1736389542>
- **Zoom Link:** <https://us02web.zoom.us/j/85136740699?pwd=Q2pXLzdzZFdNNUU1NajVpeEtKU0hJQT09>

### Thursday, January 16

- **Lunch Bunch** after the noon Mass in the Parish Hall

**The Survey – Disciple Maker Index – will be available in paper format to complete during and after Lunch Bunch.**

### Friday, January 17

### Saturday, January 18

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

### Sunday, January 19

- **Faith Formation for Students** - 10:15am to 11:15am
- **Community Garden Meeting** – 10:15am to 11:15am in the Parish Hall

**The Survey – Disciple Maker Index – will be available in paper format to after the 11:30am Mass.**

### Blessed Sacrament Parish Online Giving Portal

<https://giving.parishsoft.com/app/giving/bspwv>



Thank you for your generosity.

## A Note

Dear Blessed Sacrament friends,

I have decided to resign my position as pianist here at church. I have been playing here for 13 years, and it's been a difficult decision to consider. There are issues I need to tend to, and quite honestly, after decades of being a church musician, moving from the piano bench to a La-Z-Boy sounds very good.

This is a spirit-filled church, very fortunate to have such dedicated, true believers. I've made some friends for life here and plan to still attend. I've played piano somewhere for 60 years, and no church I've ever attended has felt as warm and real as you folks. Thank you for being so welcoming and appreciative of my music.

John Ellison

***Thank You John for your many years of beautiful music that helped to enhance the Mass for us.  
- Blessed Sacrament Parish***

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## The Disciple Maker Index Survey is Open Now!



Our parish is on a journey to know, love, and serve Christ as a parish community. Together let's embrace Christ's vision for missionary discipleship so our parish can thrive and be a place for others to grow together in faith.

The first step in this process is assessing our greatest strengths and opportunities, and that is where the Disciple Maker Index (DMI) comes in. The DMI is an important survey tool that invites you to reflect on your discipleship journey here at Blessed Sacrament. The survey is for every member in your household age eighteen or older.

**Take the DMI survey now by clicking the link below:**

<https://portal.catholicleaders.org/dmi/survey/x1a236>

- Your input helps strengthen our parish.
- Results help leadership prepare for the future.
- A report on the findings will be shared later in the spring.

If you prefer to complete a paper copy, we have planned three sessions after Mass with our Survey Coordinator, Jackie Lilly, where you will have an opportunity to provide your input.

Sunday, January 12 after 11:30 Mass

Thursday, January 16 during and after Lunch Bunch

Saturday, January 18 after 4:00 Mass

Sunday, January 26 after 9:00 Mass

At Blessed Sacrament Parish, we are blessed in so many ways. Together, we will identify our strengths and opportunities in greater detail as we strive to grow in missionary discipleship.

*Please continue to pray for this intention and for the growth and protection of our parish.*

## January 12th



### **PLEASE CONSIDER BECOMING INVOLVED WITH THE DISMAS GROUP NEXT MEETING THIS SUNDAY EVENING**

The Dismas Club is a Blessed Sacrament men's group that exists to serve the parish in various ways (work on the facilities, pancake breakfasts, etc.) We meet the second Sunday of the month at 7 p.m. in the North Conference room (near the Parish Hall entrance) to go over any needs of the parish with which we might help. The meeting is followed by a social hour. It is a good way to share in some comradery and help out the parish.

The next meeting is this Sunday. **PLEASE CONSIDER ATTENDING AND CHECKING US OUT FOR THE NEW YEAR.** We will be discussing, among other things, the assembly of scaffolding to change out the lights in the gym to LED lights beginning Monday January 13 and continuing. Even if you can't attend and do not receive emails from us, but would be willing to help out with the light project, contact the Dismas Secretary, Don Becher, at donbecher@gmail.com and he will pass it along to those heading up the project.

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## January 15th

### **New Wednesday Morning Bible Study to Begin!!**

Faith, Hope and Love: The Seven Catholic Epistles by Steven Binz will start on Wednesday, January 15 at 10AM in room 5 and on Zoom. New people are always welcome. Notify Jeanne Haas [304.382.2631] if you would like more information or to register.

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## January 16th



Dear Friends,

You are invited to join us for the first Lunch Bunch of 2025 on Thursday, January 16th, following noon Mass. Our menu will be soup and sandwiches, along with the side dishes and desserts that you may choose to bring. Remember that friends and family are welcome to join us as well!

Kathy and the Lunch Bunch Team

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## January 19<sup>th</sup> - Community Garden Meeting 10:15am to 11:00am

**Project Update** Phase 1 of our community garden project has been successfully completed. As we move forward, we are excited to share details about Phase 2. Determining Progress for Phase 2 will heavily rely on the donations we receive from our community members and supporters. Your contributions will directly influence the timeline and scope of the upcoming work.

As we embark on Phase 2, we are currently evaluating preferred styles of raised garden beds, examining eco-friendly materials for construction, and selecting the best soil mix to ensure robust plant growth.

We welcome input from the community regarding seed and planting choices to foster a diverse and thriving garden. Together, let's make our community garden a vibrant space for all! For more updates or to make a donation, please contact us. Thank you for your continued support!

### Poinsettia Plants

**Please take home one (or more) of the Poinsettia plants after all the masses this weekend.**

#### **How To Care for Poinsettias**

1. First, take the foil off of the plant so that it can drain (if you're attached to the way the foil looks, just remove it from the bottom of the pot). Place the poinsettia on a saucer or plate. Then, you'll want to keep the soil moist. But don't overwater—you don't want standing water in your plant saucer.
2. Next, make sure you keep your new plant in a steadily cool but well-lit room, preferably in a window. Most modern poinsettias will keep their bright foliage until spring if they are given enough light. Selections with lighter leaves tend to last the longest. But don't place it anywhere that's drying, like near a fireplace, vent, or drafty door.
3. Do not fertilize during the holidays—wait until the plant is actively growing again.

<https://www.southernliving.com/home/how-to-care-for-poinsettias>

### **A note from Family Life Pantry in Charleston.**

I wanted to thank all of you for helping with the pantry. We are in desperate need of food to restock it. We have no funds left to make bags for clients moving forward. I'm working with the Regional Family Resource Network to potentially apply for funds through the City of Charleston. It is due January 31st but I'm not sure when it will be awarded. Any assistance is greatly appreciated. Did you receive gift cards to places you don't go? Please consider giving these to our pantry.

In the 8 months since we opened, we have served 492 clients: 160 (0-17), 295 (18-59), 36 (60+)

Tina L. Ramirez

Director Great Rivers Regional System for Addiction Care

**Marshall Family Medicine**

PH: 304-552-3554



**SAINT OF THE WEEK :**

Saint Synclitica

January 5

The poignant sayings of the desert fathers have charmed many of us. But I suspect fewer among us have encountered the desert mothers. These dedicated lay women of the fourth and fifth centuries left the world for simplicity and solitude in the wilderness.

Saint Synclitica lived at Alexandria, Egypt, in the fourth century. As the daughter of wealthy Macedonian parents, marriage into a high-society family was Synclitica's expected course. But as a young girl she had pointed her life in a different direction by promising to live single for Christ. When Synclitica's parents died, she inherited their fortune and responsibility for her blind sister. Like Anthony, she distributed her wealth to the poor and abandoned the seductions of the world. Together with her sister she went to live in an unused burial chamber on a relative's estate. With a priest as her witness, she cut her hair to signify her break with ordinary society and renewed her vow of virginity. Many women sought Synclitica's counsel. Although reticent at first to give much advice, as she matured in holiness, she felt freer to teach others. In Synclitica's eightieth year, a disease infected her lungs and cancer began to devour her larynx and mouth. Gradually she lost her speech, but her biographer says her calm endurance of excruciating pain spoke plainly to all. She died around 400 at the age of 84.

source: <https://brandonvogt.com/synclitica/>

Saint Synclitica is a Patron Saint for ascetics, nuns, those who lead a contemplative life and the sick.

# Spiritual Icebreakers and Soup Starters 132

*Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.*

## PRAYER

There are *some* days, Lord,  
when I'm keenly aware  
of your presence, strength, support and grace...  
And *now and again* there are also days  
when I wonder where you are  
and when and if, again, I'll find you...

But on *most* days, Lord,  
well, for instance, like today:  
I trust you're by my side,  
that you always have my back,  
that your mercy is my strength,  
that your Spirit fills my soul,  
that your wisdom lights my path,  
that your counsel guides my choices  
that your healing touch anoints me  
with your blessing, peace and joy...

On *all* days, Lord, remind me  
- don't let me forget -  
that I'm ever your beloved,  
I'm your own and your delight,  
that you dwell always in my heart  
as my heart dwells in you...  
— Father Austin Fleming



## MYSTIC MORSELS

Just as one cannot build a ship unless one has some nails, so it is impossible to be saved without humility.  
—Saint Synkletike (a Desert Mother) (d.350)

In the beginning there is struggle and a lot of work for those who come near to God. But after that there is indescribable joy. It is just like building a fire: at first it is smoky and your eyes water, but later you get the desired result. Thus we ought to light the divine fire in ourselves with tears and effort.  
—Saint Synkletike (d.350)

## POEM

### Joy Erupts

Moments come when  
the heart dances in the light.  
So much more than the  
experience of fun or even happiness,  
joy erupts when the inner sphere  
scintillates in its completeness.

An experience touches us  
to the depths of our souls,  
and in that moment  
we are graced with a vision—  
if only fleetingly— of the flawless  
wholeness and perfection of it all.  
Then the heart fills and flows over,  
even amid the brokenness of this world.  
— Alan Morinis



Walter dreams of summer.

## Invitation

St Matthew Parish; 600 Crooks Avenue; Ravenswood, WV 26164 invites you to join them for a Novena for Santo Niño from January 11, 2025, to January 19, 2025

### DAILY NOVENA SCHEDULE

Sat, Jan 11th -7:00pm at St Matthew Novena Begins

Sun, Jan 12th to Sat, Jan 18th - Novena at 7:00pm

Sun, Jan 19th -Procession of the Santo Niño Statue at 11:00am- Mass at 11:15am

Novena closing after Mass followed by dinner in the Parish Hall.

ALL ARE WELCOME For all questions St Matthew Parish office (304) 273-2175.



# LET'S HAVE **Camp Leon** REUNION !!!

**Who would be interested in ...**

1. Having some kind of get-together / reunion
2. Helping to plan it



**My contact info is :**  
*Megan Carr*



Email: [mlcarr83@gmail.com](mailto:mlcarr83@gmail.com)



Facebook I.D.: [megan.carr.589](https://www.facebook.com/megan.carr.589)

## FLAT TIRE IN ALASKA



boredpanda.com

I used to look at my grandparents and think, 'I'll never be that old.' Yet here I am, livin' the dream.



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aunty acid



The Root & Branch gathering has been re-scheduled to January 14, 2025, at 7:00 p.m.

# ROOT AND BRANCH

Interfaith Discussion Group



Victor Urecki, Rabbi

Molly Linehan Belcher, Theology Teacher, Charleston Catholic High School

Mark Atkinson, Moderator

William Myers, Pastor

Nasir Abdussalam, Imam

Please join us for a theological panel discussion focusing on the similarities and differences between Catholic, Protestant, Jewish, and Islamic viewpoints.

Tuesday  
January 14, 2025  
@ 7:00 PM

Woman's Club of Charleston  
1600 Virginia St. E  
Charleston, WV 25311

Free & open to the Public!

## Family Life Center Pantry

# FOOD PANTRY

open to all parishioners in Need

In response to the challenges posed by the pandemic and other economic difficulties, we've established a pantry to support our parish communities. This initiative aims to address emergency needs and significantly impact lives within our area.

**PANTRY OFFERINGS**

- Emergency Food Supplies
- Home Care Essentials
- Personal Care Items

**OPERATING HOURS**

- Tuesdays: 10:00 AM - 12:00 Noon
- Wednesdays: 2:00 PM - 4:00 PM
- Thursdays: 4:00 PM - 6:00 PM

**LOCATION**

1024 Quarrier Street  
Charleston, WV  
(SIDE DOOR ON DUNBAR ST.)

**SUPPORT OUR PANTRY**

We encourage weekly/monthly donations of gift cards or monetary contributions to sustain our efforts. Please provide Kroger gift cards and note Family Life Pantry. They can be put in the collection baskets. If you would like to make a monetary donation, reach out to the contacts below. Your generosity helps us keep our shelves stocked.

Contact for Assistance or Volunteering:  
Tina Ramirez at (304) 552-3554 or Chris Joseph at (304) 546-7824

**31 Club this week** *31 Club members commit to praying for vocations one day each month.*

<b>Sun</b>	01/12	Nancy McLaughlin / Victoria Russo
<b>Mon</b>	01/13	Mike Granata / Jeni Riser
<b>Tue</b>	01/14	Shelley Nason / Kathy Pojman / Heather Pilcher
<b>Wed</b>	01/15	Musilli Family
<b>Thu</b>	01/16	Mary Odin / Connie Jarzynski / Theresa O'Leary / Pippa Maramba
<b>Fri</b>	01/17	Bowles Family
<b>Sat</b>	01/18	Mary Burriss / Ruth Conrad

**Upcoming Seminarian Birthdays.**

Birthday cards keep us connected - cards are a small gesture that make someone feel thought of in a way that email does not quite achieve. Please consider sending a card to:

**January 20<sup>th</sup>**

**Nathan Schmidt** – Mount St. Mary's Seminary 16300 Old Emmitsburg Road, Emmitsburg, MD 21727

**February 10<sup>th</sup>**

**Dominic Re** – Mount St. Mary's Seminary 16300 Old Emmitsburg Road, Emmitsburg, MD 21727

**February 16<sup>th</sup>**

**Joe Derico** - Pope St. John Paul II College Seminary 145 Taylor Street NE, Washington, DC 20017



**MANNA MEAL**

SO THE HUNGRY CAN EAT

**MANNA MEAL/KROGER  
PICK UP SCHEDULE**

**JANUARY**

January 14	Don Becher
January 15	Kelley Endres
January 21	Matt Leary
January 22	Don Becher
January 28	Don Becher
January 29	Don Becher

**FEBRUARY**

February 4	Don Becher
February 5	Anne Davis
February 11	Dennis Thornburg
February 12	Kelley Endres
February 18	Matt Leary
February 19	Anne Davis
February 25	Dennis Thornburg
February 26	Kelley Endres

### Liturgical Ministries – January 11 & 12

	4:00pm	9:00 am	11:30 am
<b>Lectors</b>	J Deegan	V Russo	K Lester
<b>Altar Servers</b>	K Lewia	M Mathias	R Brennan
<b>Communion Principal</b>	J McGarrity	P Musilli	J Lilly
<b>Eucharistic Ministers</b>	N Zellers R DeBias	M Belcher J Aluise	C & P Council
<b>Communion to the Sick</b>		M Summey S Bowyer M Belcher	
<b>Greeters/Ushers</b>	J Tridico J Providenti	K & R Plutro	A Sites S Nason T Champe

### Liturgical Ministries – January 18 & 19

	4:00pm	9:00 am	11:30 am
<b>Lectors</b>	J Priestley	P Council	MP Peck
<b>Altar Servers</b>	C Council	C Council W Stella	F & P Maramba
<b>Communion Principal</b>	R Teufel	M Burgess	C Frye
<b>Eucharistic Ministers</b>	B Frame D Lewia	B Sherrard O Duarte	J Knox J Priestley
<b>Communion to the Sick</b>		M Burgess L Hayes B Sherrard	
<b>Greeters/Ushers</b>	J Haas J Providenti	N & D McLaughlin	The Crane Family

## Blessed Sacrament Catholic Church

305 E St

South Charleston, WV 25303

[www.blessedsacramentwv.org](http://www.blessedsacramentwv.org)

Phone: (304) 744-5523

E-mail: [BSCCWV@gmail.com](mailto:BSCCWV@gmail.com)



Our parish office is open Monday and Wednesday-Friday from 9:00am to 3:00pm. The South entrance doors are unlocked during office hours. The North entrance doors are unlocked on days that there is a Mass.

**Second Collections - cash, envelopes, or checks made out to Blessed Sacrament may be placed in a marked box in the Gathering Space.**

<p><b>Pastor: Rev. Paul Wharton</b> E-mail: <a href="mailto:pjw424@gmail.com">pjw424@gmail.com</a> Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p>	<p><b>Deacons</b> Deacon Tony O’Leary - cell: 304-395-6208 / email: <a href="mailto:aoleary@dwc.org">aoleary@dwc.org</a>  Deacon Tommy Ross – cell: 304-590-5003 / email: <a href="mailto:tross@dwc.org">tross@dwc.org</a></p>
<p><b>Office Manager:</b> Natalie Zellers 304-744-5523 Office E-mail: <a href="mailto:BSCCWV@gmail.com">BSCCWV@gmail.com</a></p>	<p><b>Director of Religious Education</b> Mike Granata E-mail: <a href="mailto:mikegranata3@gmail.com">mikegranata3@gmail.com</a> Phone: 304-561-8063 <b>Acting Director:</b> Theresa O’Leary <a href="mailto:mtoleary93@gmail.com">mtoleary93@gmail.com</a></p>
<p><b>Music &amp; Youth Director:</b> Mary Odin E-mail: <a href="mailto:wmodin@frontier.com">wmodin@frontier.com</a> Phone: 304-767-9479</p>	<p><b>Parish Therapy Cat</b> Walter Email: <a href="mailto:WalterCatechist@gmail.com">WalterCatechist@gmail.com</a></p>
<p><b>Blessed Sacrament Parish Pastoral Council:</b> Chip Counsil, Rick Brennan, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Dan McLaughlin, Jonathan Perry, Katie Smithberger, Charlie Wilson</p>	

St. Paul Catholic Radio - WLUX-AM 1450 Charleston/Dunbar



**DIOCESE OF WHEELING-CHARLESTON**

### How to Report Suspected Cases of Sexual Abuse of Children

The Diocese encourages reporting to civil authorities first and foremost if a crime has been committed. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, you may also report suspected cases of sexual abuse by personnel or volunteers of the Diocese of Wheeling-Charleston to the Diocese, by contacting one of the Bishop’s designees 1311 Byron St., PO Box 230, Wheeling, WV 26003 Fax: 304.233.4086 Phone 304.230.1504 at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. You may also visit [www.dwc.org](http://www.dwc.org), under “Accountability” for additional reporting mechanisms.”