



**February 2, 2025**

**We, Blessed Sacrament Parish, are a Christ-Centered Community,  
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,  
Committed to Loving Service to All God's People.**

**Mass Times & Intentions**

Day	Date	Time		Intention
Saturday	02/01	4:00pm	+	Stan McKinney by Natalie & Jim Zellers
Sunday	02/02	9:00 am	+	Tom Grishaber by Debbie Wright
		11:30 am	+	People of Our Parish
Monday	02/03			
Tuesday	02/04			
Wednesday	02/05	Noon	+	Bishop Bernard Schmidt by Our Parish
Thursday	02/06	Noon	+	Sylvester & Marie Edquist by Susan Bowyer
Friday	02/07	Noon	+	Jeanne Heagle by Bernie & Chuck Mabe
Saturday	02/08	4:00 pm	+	Jerry Roy by John & Mary Ellen Providenti
Sunday	02/09	9:00 am		People of Our Parish
		11:30 am	+	Bevin Kiser by Natalie & Jim Zellers

**We Remember in Our Prayers**

Barbara Baldy, Barbara Breese, Bo Burdette, Genevieve Chmellik, Mary Cole, Elizabeth Coleman, Matthew Crabtree, Juanita Diehl, Joe Eisel, Marietta Fenton, Bob Galloway, Mary Gargarella, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Brad Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, Claire Johnson, Linda Lynch, Louann Lynch-Kelley, Alec Mansfield, Keith Morgan, Diane Roberts, Bradley Smith, Pat Walker, Sandy Wheeler, Kevin Whelan and the Urecki family



***May He Rest In Peace***

Claude Churchwell died this week.  
A memorial service will take place this summer.

## This Week at Blessed Sacrament

After all Masses there will be the **BLESSING OF THROATS** in which we seek healing through the intercession of Saint Blaise.

St. Blaise is a bishop and martyr who lived in the fourth century in Turkey and Armenia. On his feast the church recalls a miracle cure associated with him and celebrates the blessing of the throats. Blaise apparently saved the life of a boy who was choking on a fish bone. The saint said that anyone who lit a candle in his memory would be free of infection, thus candles are used in the traditional throat blessing. He is listed among the Fourteen Holy Helpers, saints revered as healers. He is the patron saint of throat illnesses, animals, wool combers, and wool trading.

### Saturday, February 01

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room
- **Appalachian Pastoral Celebration – 1:00pm to 4:00pm in the Parish Hall**

### Sunday, February 02

- **Faith Formation for Students** - 10:15am to 11:15am
- **Adult Faith Formation** – 10:15am to 11:15am

### Monday, February 03

- **OCIA Meeting** - 6:00pm to 8:00pm in the Parish Hall
- **Energy Efficiency Meeting** – 6:00pm to 7:00pm in Room 2

### Tuesday, February 04

- **BSP Lyres Club in the Worship Space** – 5:30pm to 6:30pm
- **Brown Bag Book Club** – 12:00pm to 1:55pm in Room 5

### Wednesday, February 05

- **Bible Study** – 10:00am to 11:00am in Room 5
- **GriefShare Workshop** – 6:30pm to 8:00pm in Room 2
- **Bible Sharing** – 6:30pm to 8:00pm in Room 5
- **Study Guide:**
- **Zoom Link:** <https://us02web.zoom.us/j/85136740699?pwd=Q2pXLzdzZFdNNU1NajVpeEtKU0hJQT09>

### Thursday, February 06

- **Youth Meeting at Church** - 5:00pm to 6:00pm
- **Bells Rehearsal** – 6:00 – 7:00pm
- **Choir Rehearsal** – 7:00 – 8:00pm

### Friday, February 07

- **Eucharistic Adoration- Exposition** is at 6 p.m. with song and prayer and **Benediction** is at 8 p.m.

## Hygiene Sunday

### Saturday, February 08

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

### Sunday, February 09

- **Faith Formation for Students** - 10:15am to 11:15am
- **Adult Faith Formation** – 10:15am to 11:15am
- **Community Garden Meeting** after the 11:30am Mass in the Parish Hall

### Blessed Sacrament Parish Online Giving Portal

<https://giving-parishsoft.com/app/giving/bspwv>



Thank you for your generosity.



## Donations Statements

We will mail hardcopies of donation statements to everyone who donated \$250 or more to us in 2024 by the end of next week - 2/7.

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**We will have a prayer quilt for Mary Burriss this weekend.  
It will be available for prayers and knot tying after all 3 Masses.**



## Prayer Quilt Ministry

This ministry began in 2010. Over 150 quilts have been given to parishioners or members of their families in the past 14 years. Friendship teams and families might find this is a fun and prayerful activity to adopt.

Most of the quilts are assembled by tacking. It requires basic sewing skills that can be learned through any number of YouTube videos. Blessed Sacrament can purchase/reimburse the cost of sewing materials.

Please let us know if you would like to learn more about this ministry by contacting Erica Bartholow: 304-657-9809 or [ebartholow90@gmail.com](mailto:ebartholow90@gmail.com)

## New Safety Measures for Our Church

**On Monday, February 10th, we will begin keeping our building locked during the week.**

**\*\*\*See exceptions below.\*\*\***

### Why are we doing this?

We often have volunteers and staff working on their own in various parts of our building during the week. We also have groups who meet here in the evenings. We can improve their safety by limiting access to only those people who have a legitimate need to be in our building.

### \*\*\*Exceptions

Wednesdays - Our building will be unlocked from 9:00am - 3:00pm

Noon Masses (not on Wednesdays) - Our building will be unlocked from 11:00am - 1:00pm

Lunch Bunch - Our Building will be unlocked from 9:00am - 3:00pm

And other times as needed.

### How does this system work?

Individuals who need to come in (at a time when the building is locked) can ring a doorbell/camera at our north entrance. Staff members can see and speak with the individual before letting them in.

### Questions/Comments/Additional Security Ideas?

Please share these with Father Paul ([pjw424@gmail.com](mailto:pjw424@gmail.com)) or drop a note in our suggestion box in the gathering area.

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**If you would like to correspond with Jim Scharf, his new address is:**

**860 Seminole Blvd., Tarpon Springs, FL 34689**

## The Disciple Maker Index Survey is Open **until February 6th.**

If you're a parishioner and haven't already taken the Disciple Maker Index (DMI) survey, NOW is the time! It's the very important first step in growing in our discipleship. We are currently assessing our parish's greatest strengths and opportunities, and need your response to help strengthen our parish and better prepare us for the future - as we strive to reflect more of Christ's love in our community.

Our parish is on a journey to know, love, and serve Christ as a parish community. Together let's embrace Christ's vision for missionary discipleship so our parish can thrive and be a place for others to grow together in faith. The first step in this process is assessing our greatest strengths and opportunities, and that is where the Disciple Maker Index (DMI) comes in. The DMI is an important survey tool that invites you to reflect on your discipleship journey here at Blessed Sacrament. The survey is for every member in your household age eighteen or older.

Take the DMI survey now by clicking the link: <https://portal.catholicleaders.org/dmi/survey/x1a236>

At Blessed Sacrament Parish, we are blessed in so many ways. Together, we will identify our strengths and opportunities in greater detail as we strive to grow in missionary discipleship. *Please continue to pray for this intention and for the growth and protection of our parish.*

## BookMark

Volume 4, Number 1

Welcome to the Blessed Sacrament Catholic Church Library!  
We exist to serve you, our Parish Patrons.

The Library is open for business in Room 6! Children's books are in the process of being outfitted with a "pocket" card so that our youngest patrons (or their parents) can check out a book more easily.



In January we are highlighting Sacraments:

- *7 Secrets of Confession* by Vinny Flynn
- *My First Holy Communion* by Melissa Nussbaum
- *Our Daily Bread* by Ralph Wright
- *The Lamb's Supper* by Scott Hahn

The Blessed Sacrament Library contains books, CDs, and DVDs that reflect a strong catholic emphasis. Questions? Comments? Just email me at [BSCCLibrary@proton.me](mailto:BSCCLibrary@proton.me). John C. Priestley II



## Sunday February 9th - Community Garden Meeting after the 11:30 Mass (weather permitting)

Join us in the parish hall for the Community Garden Committee meeting on Sunday, February 9, after the 11:30 Mass to get an update and discuss next steps. Phase 1 of our community garden project is complete, and we're excited to share details about Phase 2, which depends on your donations and input. Together, we can create a vibrant garden space for everyone—thank you for your continued support!

### Small Faith Community Gathering

There is a new small faith community coming together within our parish. Ruth Conrad will hold the first meeting at her home near Corridor G on Wednesday, **February 12 at 7pm**. We invite anyone who might be interested to join us for an evening of fellowship and conversation." We will use the coming weekend's reading as a starting point for any reflection anyone wants to share. **Please email Ruth** at [ellenseton54@gmail.com](mailto:ellenseton54@gmail.com) to let her know you'd like to come and get directions.

### "Lord, help us be mindful."



The Souper Bowl of Caring began in 1990 with a simple prayer, prayed by Rev. Brad Smith at Spring Valley Presbyterian Church in Columbia, South Carolina:

*"Lord, even as we enjoy the Super Bowl football game, help us be mindful of those who are without a bowl of soup to eat."*

22 churches raised \$5,700 in that first year. Since its inception, over 305,000 schools, businesses, and congregations of all faiths have raised more than \$198 million in monetary and food donations. Last year, 2,336 groups gave over \$4.4 million of monetary donations and 771,915 pounds of food to local charities.

**This weekend and the weekend of the Big Game, the youth of Blessed Sacrament invite you to bring cans of soup, boxes of crackers, and/or virtual soup (\$1 = 1 can) donations to help our brothers and sisters who are hungry in West Virginia.**

You can root for your favorite team, **the Kansas City Chiefs** or **the Philadelphia Eagles**, or you can root for **the commercials** by placing donations on your team's table in the Gathering Space.



Thank you for helping us live out the principles of Catholic Social Teaching, especially #2: Call to Family, Community, and Participation and #4: Option for the Poor and Vulnerable.



**Calling all high schoolers:**

# **Registration for the 2025 National Catholic Youth Conference is now open!**

Those of us who went to Indianapolis in 2023 will tell you:  
**It is AMAZING to be with 10,000 other Catholic youth from all over the country!**

NCYC is held every other year in Indianapolis and Long Beach, California,  
and this fall is our year, in Indianapolis.

Here are some details:

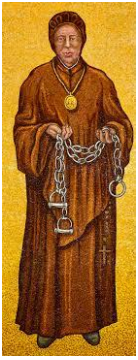
- **Everyone** from Blessed Sacrament who is in **high school (grades 9-12)** is eligible. **Parents are invited to come**, too. There's plenty of worship and learning for all.
- **Registration AND hotel costs will be subsidized by the Diocese and the remainder completely covered by Blessed Sacrament.** Don't worry if you haven't been able to come to evening meetings of the Youth Group recently or at all--Fr. Paul wants everyone to be able to go! :)
- The dates are **November 20-22, 2025**. We'll leave Thursday morning for Indianapolis and return on Sunday afternoon.

The website below will give you an idea of what this year's NCYC will be like, but if you want to know how it felt to *experience* it, talk to any of us who went in 2023:

**Katherine Dent** and her mom, **Lee Ann**;  
**Mitchell Ferrell** and his dad, **Roddy**;  
**Aidan Daugherty** and his mom, **Chris**;  
or **me, Mary Odin!**

If you're in high school, let Mary Odin know your plans by emailing her at [wmodin@frontier.com](mailto:wmodin@frontier.com).

**Remember: This is for EVERYONE in high school,  
even if you've never been able to come to Youth Group meetings before! :)**



**SAINT OF THE WEEK:**

**Saint Josephine Bakhita**

**February 8**

Saint Bakhita was born around the year 1869 in the African country of Sudan, in the region of Darfur, in the city of Olgossa. At the age of nine, she was kidnapped and sold into slavery, where a series of owners humiliated, tortured and mutilated her. She was often beaten and kicked and whipped. Her trauma was so great that she forgot her birth name and her kidnappers gave her the name Bakhita which means fortunate.

At the age of 13 she was sold to a Turkish general and every day his mistresses punished her with whips and beatings. Bakhita underwent the excruciating ordeal of tattooing. In total, she bore 144 physical scars for the rest of her life.

In 1883, Bakhita was sold to an Italian family who treated her with kindness and respect. They brought her back to Italy to work as a maid and care giver to their baby, Mimmina. Bakhita became devoted to the child. When Mimmina was old enough to be sent to a boarding school in Venice, Bakhita accompanied her. The school was run by the Canossian Sisters. It was there that Bakhita first heard the gospel and believed that it was God’s will that she be free. Slavery was illegal in Italy, so Bakhita was able to leave her Italian owners and follow God’s calling for her.

Bakhita was baptized in January 1890 and took the name Josephine. She was also known as “Mother Moretta”, our Black Mother. After prayer and discernment, Josephine joined the religious order, pronouncing her religious vows on 8 December 1896 at the age of 27. The next fifty years of her life were marked by simplicity, witnessing to God’s love through cooking, sewing, embroidery and attending to the door. When she was on door duty, she would gently lay her hands on the heads of the children who attended the nearby school and caress them. Her voice was pleasing to the little ones, comforting to the poor and suffering. She was a source of encouragement. Her constant smile, humility and simplicity won people’s hearts.

As she grew older, she experienced long, painful years of sickness, but she continued to persevere in hope, constantly choosing the good. When visited and asked how she was, she’d respond: "As the Master desires." Surrounded by the sisters, she died at age 78. She was a woman of immense faith and forgiveness.

source: <https://www.bakhitacharities.org/saint-bakhita-bio>

She is a Patron Saint for victims of slavery and trafficked persons.



**Walter CAtechist at Work counting snow flakes and staring & glaring at his nemesis: a squirrel who is too fast to be caught.**

Charleston Catholic High School

*Winter Open House*  
for prospective families

*February 4th*  
5-7 pm

Please join us to learn more about CCHS and our mission to challenge students intellectually, spiritually and personally in a supportive atmosphere.

5:30 pm presentation by Principal Colleen Hoyer  
5:45 pm tours provided by current students

More information  
[www.charlestoncatholic.org](http://www.charlestoncatholic.org)  
304.342.8415

1011 Virginia Street, E.  
Charleston, WV 25301

## Spiritual Icebreakers and Soup Starters 135

*Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.*

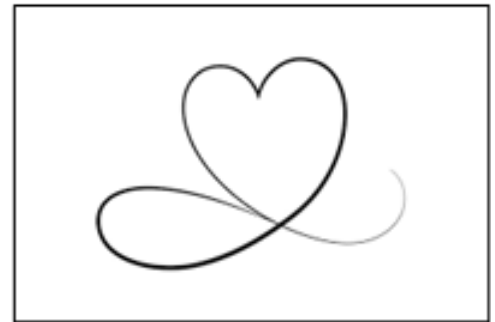
### PRAYER

O God, when I have food, help me to remember the hungry;  
When I have work, help me to remember the jobless;  
When I have a home, help me to remember those who have no home at all;  
When I am without pain, help me to remember those who suffer,  
And remembering, help me to destroy my complacency;  
bestir my compassion, and be concerned enough to help;  
By word and deed, those who cry out for what we take for granted. Amen.  
— Samuel F. Pugh

### POEM

(Lines written on a bookmark found in Saint Teresa of Avila's Breviary)

Let nothing disturb you;  
Feel no fear.  
All things pass;  
God remains.  
Patience and steadiness  
Achieve all things.  
When you are at one with God,  
Nothing is found  
to be missing.  
Of all things  
God alone  
fills all.



### MYSTIC MORSELS

Humility is 'thy will be done.' Humility is focused on God, not self. Humility is not an exaggeratedly low opinion of yourself. Humility is self-forgetfulness. A humble man never tells you how bad he is. He's too busy thinking about you to talk about himself.

—Dr. Peter Kreeft, *How the Weakness of the Cross Makes Us Strong*

Few souls understand what God would accomplish in them if they were to abandon themselves entirely to Him and if they were to allow His grace to mold them accordingly.

— Saint Ignatius of Loyola, Priest, Founder of the Jesuits





**31 Club this week** *31 Club members commit to praying for vocations one day each month.*

<b>Sun</b>	02/02	Joan Fernandes / John McGarrity
<b>Mon</b>	02/03	Sister Frances Kirtley / Marla Weiner / Wayne Miller
<b>Tue</b>	02/04	Missy Summey
<b>Wed</b>	02/05	Mary Ann Johnson / Vince Stricker
<b>Thu</b>	02/06	Ro DeBias / Sue Anderson
<b>Fri</b>	02/07	Philip Maramba / John Priestley / Elizabeth Battle
<b>Sat</b>	02/08	Peg Nagem

**Upcoming Seminarian Birthdays.**


Birthdays cards keep us connected - cards are a small gesture that make someone feel thought of in a way that email does red. Please consider sending a card to:

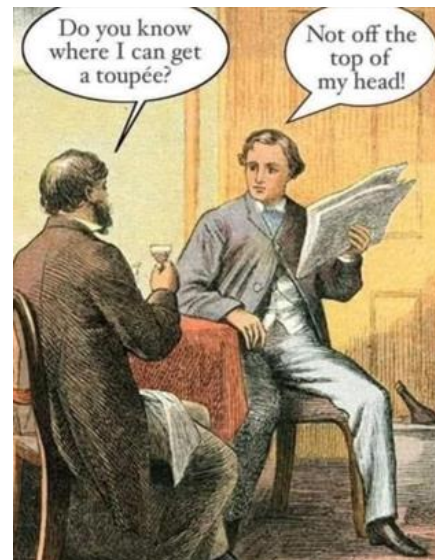
**February 10<sup>th</sup>**

**Dominic Re** – Mount St. Mary’s Seminary 16300 Old Emmitsburg Road, Emmitsburg, MD 21727

**February 16<sup>th</sup>**

**Joe Derico** - Pope St. John Paul II College Seminary 145 Taylor Street NE, Washington, DC 20017

 <p><b>MANNA MEAL</b> SO THE HUNGRY CAN EAT</p> <p><b>MANNA MEAL/KROGER PICK UP SCHEDULE</b></p>	<b>FEBRUARY</b>															
	<table> <tr> <td>February 4</td> <td>Anne Davis</td> </tr> <tr> <td>February 5</td> <td>Don Becher</td> </tr> <tr> <td>February 11</td> <td>Dennis Thornburg</td> </tr> <tr> <td>February 12</td> <td>Kelley Endres</td> </tr> <tr> <td>February 18</td> <td>Matt Leary</td> </tr> <tr> <td>February 19</td> <td>Anne Davis</td> </tr> <tr> <td>February 25</td> <td>Dennis Thornburg</td> </tr> <tr> <td>February 26</td> <td>Kelley Endres</td> </tr> </table>	February 4	Anne Davis	February 5	Don Becher	February 11	Dennis Thornburg	February 12	Kelley Endres	February 18	Matt Leary	February 19	Anne Davis	February 25	Dennis Thornburg	February 26
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### Liturgical Ministries – February 01 & 02

	4:00pm	9:00 am	11:30 am
<b>Lectors</b>	G Wright	R Isaac	R Brennan
<b>Altar Servers</b>	K Lewia	J Carpenter J Camenter	C Council J Crane
<b>Communion Principal</b>	T Witsberger	T Mathias	R Brennan
<b>Eucharistic Ministers</b>	T Ciliberti R DeBias	L Hayes M Hayes	J Knox J Priestley
<b>Communion to the Sick</b>		L Hayes S Bowyer M Summey	
<b>Greeters/Ushers</b>	P & M Habenschuss	K & R Plutro	K McNeil T Greene

### Liturgical Ministries – February 08 & 09

	4:00pm	9:00 am	11:30 am
<b>Lectors</b>	M P Peck	D Burgess	K Lester
<b>Altar Servers</b>	C & V Stricker	M Mathias J Borman	F & P Maramba
<b>Communion Principal</b>	J McGarrity	T Streit	C Frye
<b>Eucharistic Ministers</b>	N Zellers B Frame	C Wirts J Aluise	R Brennan C Frye
<b>Communion to the Sick</b>		D Elliott J Lilly T Aluise	
<b>Greeters/Ushers</b>	D Lewia J Providenti	B Cornell D Elliott	Crane Family

## Blessed Sacrament Catholic Church

305 E St

South Charleston, WV 25303

[www.blessedsacramentwv.org](http://www.blessedsacramentwv.org)

Phone: (304) 744-5523

E-mail: [BSCCWV@gmail.com](mailto:BSCCWV@gmail.com)

Our parish office is open Monday and Wednesday-Friday from 9:00am to 3:00pm. The South entrance doors are unlocked during office hours. The North entrance doors are unlocked on days that there is a Mass.



**Second Collections - cash, envelopes, or checks made out to Blessed Sacrament may be placed in a marked box in the Gathering Space.**

<p><b>Pastor: Rev. Paul Wharton</b> E-mail: <a href="mailto:pjw424@gmail.com">pjw424@gmail.com</a> Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p>	<p><b>Deacons</b> Deacon Tony O'Leary - cell: 304-395-6208 / email: <a href="mailto:aoleary@dwc.org">aoleary@dwc.org</a>  Deacon Tommy Ross – cell: 304-590-5003 / email: <a href="mailto:tross@dwc.org">tross@dwc.org</a></p>
<p><b>Office Manager:</b> Natalie Zellers 304-744-5523 Office E-mail: <a href="mailto:BSCCWV@gmail.com">BSCCWV@gmail.com</a></p>	<p><b>Director of Religious Education</b> Mike Granata E-mail: <a href="mailto:mikegranata3@gmail.com">mikegranata3@gmail.com</a> Phone: 304-561-8063 <b>Acting Director:</b> Theresa O'Leary <a href="mailto:mtoleary93@gmail.com">mtoleary93@gmail.com</a></p>
<p><b>Music &amp; Youth Director:</b> Mary Odin E-mail: <a href="mailto:wmodin@frontier.com">wmodin@frontier.com</a> Phone: 304-767-9479</p>	<p><b>Parish Therapy Cat</b> Walter Email: <a href="mailto:WalterCatechist@gmail.com">WalterCatechist@gmail.com</a></p>
<p><b>Blessed Sacrament Parish Pastoral Council:</b> Chip Council, Rick Brennan, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Dan McLaughlin, Jonathan Perry, Katie Smithberger, Charlie Wilson</p>	

St. Paul Catholic Radio - WLUX-AM 1450 Charleston/Dunbar



DIOCESE OF WHEELING-CHARLESTON

### How to Report Suspected Cases of Sexual Abuse of Children

The Diocese encourages reporting to civil authorities first and foremost if a crime has been committed. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, you may also report suspected cases of sexual abuse by personnel or volunteers of the Diocese of Wheeling-Charleston to the Diocese, by contacting one of the Bishop's designees 1311 Byron St., PO Box 230, Wheeling, WV 26003 Fax: 304.233.4086 Phone 304.230.1504 at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. You may also visit [www.dwc.org](http://www.dwc.org), under "Accountability" for additional reporting mechanisms."