



February 16, 2025

**We, Blessed Sacrament Parish, are a Christ-Centered Community,
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,
Committed to Loving Service to All God's People.**

Mass Times & Intentions

Day	Date	Time		Intention
Saturday	02/15	4:00pm	+	Joanna Amsbary Brennan by Linda Sutphin
Sunday	02/16	9:00 am	+	Mildred & John Graboski by Irene & Bob Galloway
		11:30 am		Parishioners of Our Parish
Monday	02/17			
Tuesday	02/18			
Wednesday	02/19	Noon	+	Jeanne Heagle by Ro DeBias
Thursday	02/20	Noon	+	Karen Bowling by Missy & Larry Summey
Friday	02/21	Noon	+	Paula Teufel Sharp by Ron & Kay Teufel
Saturday	02/22	4:00 pm	+	Jerry Roy by John & Margaret McGarrity
Sunday	02/23	9:00 am	+	Eleanor Kawsek by Irene & Bob Galloway
		11:30 am		Parishioners of Our Parish

We Remember in Our Prayers

Richard B, Barbara Baldy, Barbara Breese, Bo Burdette, Genevieve Chmellik, Mary Cole, Elizabeth Coleman, Matthew Crabtree, Juanita Diehl, Joe Eisel, Marietta Fenton, Bob Galloway, Mary Gargarella, Dante Geronilla, Joe Gregg, Jane Ann Grishaber, Brad Grishaber, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, Claire Johnson, Linda Lynch, Louann Lynch-Kelley, Alec Mansfield, Keith Morgan, Diane Roberts, Stan Rucker, Bradley Smith, Pat Walker, Crystal Wharton, Sandy Wheeler, Kevin Whelan and the Urecki family



May She Rest in Peace

A funeral Mass for Martha Gresham will be held on Tuesday, February 18th, at 11:00 AM. Visitation will begin at 10:10 AM.

**We will have a prayer quilt for *Joyce Mathena* this weekend.
It will be available for prayers and knot tying after all 3 Masses.**

This Week at Blessed Sacrament

Saturday, February 15

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

Sunday, February 16

- **Faith Formation for Students** - 10:15am to 11:15am
- **Adult Faith Formation** – 10:15am to 11:15am

Monday, February 17

- **OCIA Meeting** - 6:00pm to 8:00pm in the Parish Hall
- **Parkinson's Support Group** – 6:00pm to 8:00pm in the Conference Room

Tuesday, February 18

- **BSP Lyres Club in the Worship Space** – 5:30pm to 6:30pm
- **Finance Council** – 6:00pm to 8:00pm by Zoom

Wednesday, February 19

- **Bible Study** – 10:00am to 11:00am in Room 5
- **Lunch Bunch** after the noon Mass in the Parish Hall
- **GriefShare Workshop** – 6:30pm to 8:00pm in Room 2
- **Bible Sharing** –6:30pm to 8:00pm in Room 5
- **Study Guide:** <https://blessedsacramentwv.org/download/bible-share-02-19-25/?wpdmdl=2249&refresh=67adeaab324401739451051>
- **Zoom Link:**
<https://us02web.zoom.us/j/85136740699?pwd=Q2pXLzdzZFdNNU1NajVpeEtKU0hJQT09>

Thursday, February 20

- **Youth Meeting at Church** - 5:00pm to 6:00pm
- **Bells Rehearsal** – 6:00 – 7:00pm
- **Choir Rehearsal** – 7:00 – 8:00pm

Friday, February 21

Saturday, February 22

- **Men's Bible Sharing**- 9:00am in Room 5
- **Reconciliation** - 3:00pm to 3:30pm in the Reconciliation Room

Sunday, February 23

- **Faith Formation for Students** - 10:15am to 11:15am
- **Adult Faith Formation** – 10:15am to 11:15am
 - Church History continues in the parish hall
 - Lenten Book Study begins in room 2

Blessed Sacrament Parish Online Giving Portal

<https://giving.parishsoft.com/app/giving/bspwv>



Thank you for your generosity.



We Need Fabric for Prayer Quilts!

We've given away so many prayer quilts - and we have more to give away!

But we are running low on quilts and fabric to make new quilts.

If you have extra fabric, please consider donating it to this wonderful ministry! Contact Erica Bartholow: 304-657-9809 or ebartholow90@gmail.com

February 20

Dear Friends,

Please join us for Lunch Bunch on Thursday, February 20th, following noon Mass. Our menu this month is homemade chicken pot pie, and the salads, side dishes, and desserts that you may choose to bring. We also welcome door prize donations and help with clean up!

Most importantly, feel free to bring a friend or family member.

Thank you, Kathy Monahan and the Lunch Bunch Team



New Safety Measures for Our Church

On Monday, February 10th, we began keeping our building locked.

How does this system work?

Individuals who need to come in (at a time when the building is locked) can ring a doorbell/camera at our **south/main** entrance. Staff members can see and speak with the individual before letting them in.

*****Exceptions**

Wednesdays - Our building will be unlocked from 9:00am - 3:00pm

Noon Masses (not on Wednesdays) - Our building will be unlocked from 11:00am - 1:00pm

Lunch Bunch - Our Building will be unlocked from 9:00am - 3:00pm

And other times as needed

New Pictorial Directories Available Next Weekend (Feb. 22/23)!

Our new directories will be available for pick up in the gathering area.

Everyone who has their portrait in the directory receives a free copy. Also - if you registered as a new member of our parish in the last year (between January 1, 2024 and now), you receive a free copy.

Members of our parish can purchase a directory for \$20.

March 2



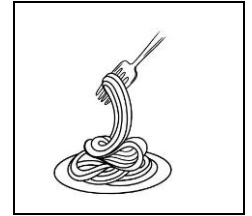
Pancake Breakfast - Sunday March 2nd between the Masses

We will not have faith formation classes - go eat some pancakes!

March 2

Spaghetti Dinner for HOPE

Charleston Catholic's HOPE Project will host a Spaghetti Dinner Fundraiser, 5:30-7:30, on Sunday, March 2nd and the CCHS Commons. Tickets are \$15 a plate. Children, age 5 and under, eat for free. Tickets can be purchased ahead of time at the school office or at the door on March 2nd.



All of the proceeds from the dinner will go toward the costs for the week-long project in June. HOPE participants commit to raise \$25,000 so that the Cabwaylingo Appalachian Mission can build a house for a family in need. Students and adult volunteers spend the week repairing homes and helping with the new construction. HOPE has the dual purpose of improving the quality of housing for low income folks in need and instilling the habit of service in students with a commitment to living the works of mercy.



Don't forget Coffee and Cookies after 9am Mass. Thank you for the volunteers who make it possible and so help us grow closer as a parish.



Thank You from Metro Valley Gabriel Project
We want to extend a huge thank you to your parish and to the many individual parishioners who support the Gabriel Project of WV. These two photos show two large donations we received this year. There have been many individual donations, both monetary and needed items such as diapers, wipesk and toiletries. We simply could not carry out our mission of serving our struggling families and their precious babies without your support.
Sincerely, Donna Hawkins, State Director, and Gabriel Project of WV Volunteers.



Daylight Savings Time

Our Saturday Mass time will change to 5:00pm on March 8th.
On Sunday, March 9th, Daylight Saving Time begins. Remember to set your clocks back one hour.



The results are in!

Kansas City Chiefs - 159
 Philadelphia Eagles - 363
 The commercials - + 245

For a whopping **767**
 cans of soup, boxes of crackers,
 and virtual cans of soup (\$1 = 1 can)

Together, we're going to feed lots of hungry people through Heart + Hand Outreach Ministries in South Charleston and the Good Shepherd Food Pantry in Coalburg!



The Youth Group thanks you for helping us live out the principles of Catholic Social Teaching, especially #2: Call to Family, Community, and Participation and #4: Option for the Poor and Vulnerable.

LENTEN BOOK STUDY

Do You Love Me?

A Practical Guide to Catholic Prayer & Spirituality

facilitated by John Shawler

SUNDAY MORNINGS 10:15 am - 11:15 am

In our School Room 2

February 23	—	Searching
March 02	—	Pancake Breakfast
March 09	—	Recognizing
March 16	—	Experiencing
March 23	—	Conversing
March 30	—	Following
April 06	—	Choosing



Do You Love Me? is a short booklet created by the Catholic Bishop's Conference of England and Wales. It uses the Resurrection Appearance in John 21:1-22 to explore the treasure of Catholic Prayer and Spirituality. Copies of the Booklet will be available.

Read one chapter *before* for each session.

Reflect on what you have read.

Write answers to a few questions.

Be prepared to share your thoughts, experiences, and ideas.

This a wonderful opportunity to prepare yourself spiritually for Holy Week and Easter.

PLEASE REGISTER by signing a sheet of paper in the Gathering Space or online by emailing John Shawler

johnshawler@gmail.com

This is also available here on line —

<https://cbcew.org.uk/plain/wp-content/uploads/sites/3/2018/11/do-you-love-me-2014.pdf>



Faith in Action of the Greater Kanawha Valley (FIAGKV) is a local nonprofit dedicated to helping seniors in Kanawha and Putnam counties sustain their independence and remain in their own homes as long as possible. They do this by providing transportation to medical appointments or the grocery store, running errands, making telephone reassurance calls or friendly visits, and more. They are a 100% volunteer driven organization, striving to make a difference neighbor to neighbor.

As an all-volunteer service organization, FIAGKV is always striving to grow its base of people willing to reach out to help, neighbor to neighbor. FIAGKV volunteers have the flexibility to select assignments that fit their schedules and interests. Whether they have two hours a week or two hours a month to offer, our volunteers have the opportunity to make a direct, positive impact on the lives of others every time they participate.

All FIAGKV volunteers are required to attend one Orientation session prior to serving. **We are pleased to be hosting a Volunteer Orientation Training here at Blessed Sacrament on Wednesday, February 26, from 6 – 7:30 pm. Everyone is welcome.**

For more information, call 304-881-7253, email info@faithinactiongkv.com or visit faithinactiongkv.com.



SAINT OF THE WEEK :

Saint Margaret of Cortona

February 22

An example of one who transformed herself from sinner to saint, Margaret of Cortona had an unfortunate childhood during which her mother died when she was seven, and then her father remarried to a woman who was unkind to her to say the least. In this environment Margaret sought love elsewhere, and at age 16 she ran off with an aristocrat who, although she bore his son, never would commit to marrying her. She tended to flaunt her wealth to those less fortunate and ended up with little love or respect either from the local population or her own family.

A turning point came when her husband was found murdered, and she decided to renounce her lifestyle that seemed so empty. She gave up her wealth and tried to make amends with her father. Unfortunately she was unable to do so due to her stepmother's hostility, and she once again found herself alone. With only God to depend upon, she went to Cortona with her son where they were offered shelter by two women. She later tended to the sick and poor of Cortona, while her son eventually took vows as a Franciscan monk.

Margaret became an example of God's forgiveness and although there were later rumors criticizing her, she was graced with visions from Christ. She was known by her fellow friars as "the Franciscan Mary Magdalene". Margaret of Cortona did not start life as a saint and showed great weakness to temptation, which she overcame through prayer and good works. She is surely a saint for our troubled times, and someone to whom we should pray for conversion for ourselves and the society in which we live. Saint Margaret is a Patron Saint of the falsely accused, hobo, homeless, insane, orphaned, mentally ill, midwives, penitents, single mothers, reformed prostitutes, stepchildren, and tramps.

source: <https://thecatholictravelguide.com/destinations/italy/cortona-italy-sanctuary-saint-margaret-cortona/>

Spiritual Icebreakers and Soup Starters 136

Icebreakers give us something to talk about. Soup starters make for a good beginning. Here is some spiritual kindling to use, think about, and pray with this week.

POEM

Seven Beatitudes of a Growing Faith

Blessed are those who have daily dialogue with God.
Their faces will shine like the sea.
Blessed are those who depend upon the Lord.
They shall throw away their crutches.
Blessed are those whose faith moves them to compassion.
They will warm our hearts and teach us to love ourselves.
Blessed are those who persevere.
Their courage will give us hope; their patience will calm our fears.
Blessed are those who trust in the living God.
Their joy in worship will light our path.
Blessed are those whose love of the church reveals deep faith.
They shall see the living God.
Blessed are those whose faith erupts in mission.
Their witness will show us the power of God.
— Dave Nash

PRAYER

Blessed are you, O Lord, for you have given me the gift of life today.
I am filled with gratitude for your unwavering love that sustains me each morning.
Help me, dear God, to always remember that my true happiness
 comes from following your path of righteousness.
Lord, teach me to be humble in all my ways, to put others before myself,
 and to recognize that true greatness lies in serving others with a loving heart.
Father, I yearn to grow in my faith and to seek your righteousness in all I do.
Fill me with a deep desire to follow your will & to spread your love to those around me.
Let me be a source of comfort and kindness to those who are hurting,
 just as you have been merciful to me.
Help me to keep my thoughts and intentions pure,
 so that I may experience the beauty of your presence.
Father, help me to be an instrument of peace in a world filled with turmoil.
Grant me the strength and courage to stand firm in my faith,
 even in the face of adversity.
Help me to always trust in your promise of eternal joy.
Heavenly Father, as I begin this day, I offer you my heart and my life.
May I live out the Beatitudes with joy and love, knowing that in doing so,
 I am drawing closer to you, my dearest friend and confidant. Amen.

MYSTIC MORSELS

Many lamps can be lit from one fire, and each one will shine out with the same nature of light. So it is when Christians are enkindled from that one nature and one divine fire, which is the Son of God. Then the lamps of their hearts are lit and burn brightly before him on the earth.
— Saint Macarius the Great (295-392)

When a great moment knocks on the door of your life, it is often no louder than the beating of your heart, and it is very easy to miss it.
— Boris Pasternak

We Care!


Let's surprise our college students and seminarians with some treats and mid-winter encouragement!

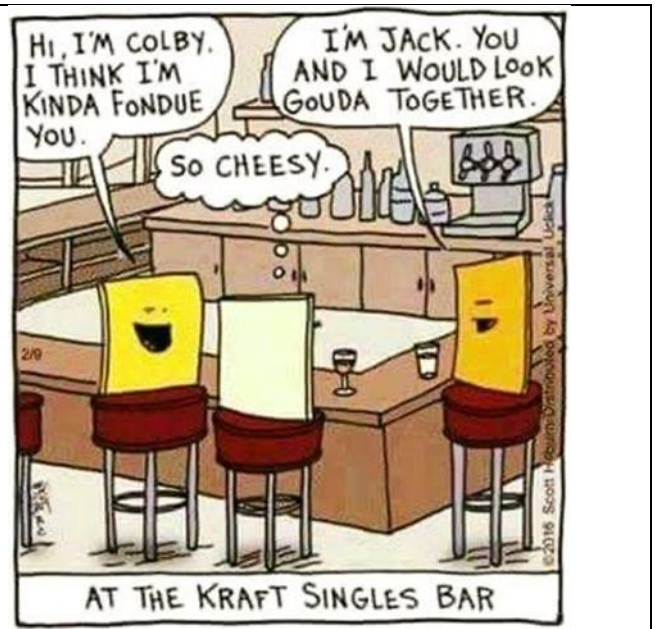


If you know a college student or a seminarian who could use some mid-winter encouragement, **please print their name and mailing address on the clipboard in the Gathering Space**, and the Youth Group will pack up a little box of goodies and mail it to them. If your student has to walk across campus to receive their mail, our "We Care" package will fit in their backpack or even a coat pocket. It's a small box filled with love from Blessed Sacrament Parish!

31 Club this week *31 Club members commit to praying for vocations one day each month.*

Sun	02/16	Mary Odin / Connie Jarzynski / Theresa O'Leary / Pippa Maramba
Mon	02/17	Bowles Family
Tue	02/18	Mary Burriss / Ruth Conrad
Wed	02/19	Ruth L Kirk / Paul Wharton
Thu	02/20	Denise Burgess
Fri	02/21	Rick Zitzelsberger
Sat	02/22	Susan Churchill / Jean Wood

 <p>MANNA MEAL SO THE HUNGRY CAN EAT</p> <p>MANNA MEAL/KROGER PICK UP SCHEDULE</p>	FEBRUARY	
	February 18	Matt Leary
	February 19	Anne Davis
	February 25	Dennis Thornburg
	February 26	Kelley Endres



FEBRUARY 14, 2025



This Sunday's Gospel includes the Beatitudes in which Jesus speaks about those who are *happy* or blessed. I am reminded of an old fable from years gone by. Said a puppy to his old uncle dog. From my short experience in life I have learned that the best thing for a dog is happiness and that happiness is in my tail. That is why I am chasing my tail, and when I catch it, I shall have perfect happiness." The old dog replied, From my research and long experience, I too, have judged that happiness is a fine thing for a dog and that happiness is in his tail. But I've noticed that whenever I chase it, it keeps running away from me, but when I go about my business, it comes after me."

Dr. Harold Treffert is the director of the Winnebago Mental Health Institute in Wisconsin. In an article entitled *The American Fairy Tale*," Dr. Treffert discusses five dangerous ideas we have about the meaning of happiness.

- First, happiness is *things*. The more you accumulate and have, the happier you will be.
- Second, happiness is *what you do*. The more you produce and earn, the happier you will be.
- Third, happiness is being the *same as others*. The more fashionable you are and conform with the times, the happier you will be.
- Fourth, happiness is *mental health*. The fewer problems you have and the more carefree you are, the happier you will be.
- Fifth, happiness is *communicating with electronic gadgets*. The more time you spend with a television set, a phone, computer, Play Station or tablet, the happier you will be.

According to Dr. Treffert, these five myths about happiness are the cause of many mental health problems today. If happiness cannot be found through these five myths of *The American Fairy Tale*," then where do we find it? Jesus gives us the answer when he outlines the beatitudes in Sunday's reading from The Gospel according to Luke.

I used to hear people say about someone who made a questionably-at-best choice or one with possibly dire outcomes, "I guess it's okay, as long as they are happy." Here's one thing making me happy these days: the number of parishioners who completed The Disciple Maker Index Survey. More about that in the future. Thank you very much.

Father Paul

Liturgical Ministries – February 15 & 16

	4:00pm	9:00 am	11:30 am
Lectors	R DeBias	D Burgess	K Lester
Altar Servers	W Stella J Borman	M Mathias J Borman	F & P Maramba
Communion Principal	V Stricker	T Streit	C Frye
Eucharistic Ministers	D Lewia S Francis	C Wirts J Aluise	R Brennan C Frye
Communion to the Sick		R Riser J Lilly T Aluise	
Greeters/Ushers	P & M Habenschuss	B Cornell D Elliott	Crane Family

Liturgical Ministries – February 22 & 23



	4:00pm	9:00 am	11:30 am
Lectors	P Frame	T McLane	G Wright
Altar Servers	C & V Stricker	G & M Ferrell	C Council
Communion Principal	R Teufel	R Plutro	J Lilly
Eucharistic Ministers	T Streit S Churchill	M Belcher O Duarte	J Midkiff J Priestley
Communion to the Sick		M Summey S Bowyer M Belcher	
Greeters/Ushers	J Providenti J Tridico	J Haas P Cochran	M B Abbot R Norman T Champe

Blessed Sacrament Catholic Church
305 E St
South Charleston, WV 25303
www.blessedsacramentwv.org
Phone: (304) 744-5523
E-mail: BSCCWV@gmail.com

Our parish office is open Monday and Wednesday-Friday from 9:00am to 3:00pm. The South entrance doors are unlocked during office hours.

The North entrance doors are unlocked on days that there is a Mass.

Second Collections - cash, envelopes, or checks made out to Blessed Sacrament may be placed in a marked box in the Gathering Space.

 <p style="text-align: center;">Online Giving Portal</p>	 <p>Give Trees Online To support Blessed Sacrament (all funds raised will go to our Garden Project), click here: https://blessedsacramentwv.givetrees.online/cause/give-a-tree/ or click on the QR code:</p>
<p>Pastor: Rev. Paul Wharton E-mail: pjw424@gmail.com Cell Phone: 304-433-7472 (For emergencies only after 8:00pm)</p>	<p style="text-align: center;">Deacons</p> <p>Deacon Tony O’Leary - cell: 304-395-6208 / email: aoleary@dwc.org</p> <p>Deacon Tommy Ross – cell: 304-590-5003 / email: tross@dwc.org</p>
<p style="text-align: center;">Office Manager: Natalie Zellers 304-744-5523 Office E-mail: BSCCWV@gmail.com</p>	<p style="text-align: center;">Director of Religious Education Mike Granata E-mail: mikegranata3@gmail.com Phone: 304-561-8063 Acting Director: Theresa O’Leary mtoleary93@gmail.com</p>
<p style="text-align: center;">Music & Youth Director: Mary Odin E-mail: wmodin@frontier.com Phone: 304-767-9479</p>	<p style="text-align: center;">Parish Therapy Cat Walter Email: WalterCatechist@gmail.com</p>
<p style="text-align: center;">Blessed Sacrament Parish Pastoral Council: Chip Counsil, Rick Brennan, David Lewia, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Dan McLaughlin, Jonathan Perry, Katie Smithberger, Charlie Wilson</p>	

St. Paul Catholic Radio - WLUX-AM 1450 Charleston/Dunbar



DIOCESE OF WHEELING-CHARLESTON

How to Report Suspected Cases of Sexual Abuse of Children

The Diocese encourages reporting to civil authorities first and foremost if a crime has been committed. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800.352.6513. In addition to civil authorities, you may also report suspected cases of sexual abuse by personnel or volunteers of the Diocese of Wheeling-Charleston to the Diocese, by contacting one of the Bishop’s designees 1311 Byron St., PO Box 230, Wheeling, WV 26003 Fax: 304.233.4086 Phone 304.230.1504 at 888.434.6237 or 304.233.0880: Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. You may also visit www.dwc.org, under “Accountability” for additional reporting mechanisms.”