

## Blessed Sacrament Parish – April 9, 2023

*We, Blessed Sacrament Parish, Are a Christ-Centered Community,  
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,  
Committed to Loving Service to All God's People*

**Our office will be closed Monday, April 10 – Friday, April 14.**

Our parish office is open on Monday and Wednesday-Friday from 9:00am to 3:00pm.

The South entrance doors are unlocked during those hours.

Telephone (Parish Office): 304.744.5523 E-mail: BSCCWV@gmail.com

Web page: [www.blessedsacramentwv.org](http://www.blessedsacramentwv.org)

Pastor: Rev. Paul Wharton E-mail: [pjw424@gmail.com](mailto:pjw424@gmail.com) Cell Phone for Emergencies: 304-433-7472

Music & Youth Director: Mary Odin E-mail: [wmodin@frontier.com](mailto:wmodin@frontier.com) 304-767-9479

Office Manager: Natalie Zellers Office E-mail: BSCCWV@gmail.com

**Our Pastoral Council:** Chip Council, facilitator, Rick Brennan, Pam Council, Jackson Davis, Matt Davis, Anne Dever, Jack Dever, Christine Fernandes, Mike Granata, Molly Linehan-Belcher, Philip Maramba, Terry Mathias, Katie Smithberger, and Charlie Wilson

We stream our Masses on Facebook: <https://www.facebook.com/BSCCWV/>  
for anyone who cannot come to Mass in person.

Day	Date	Time		Mass Intention
Easter Vigil	4/8	8:30pm		For Our Neophytes
Easter Sunday	4/9	9:00am		For the People of the Parish
		11:30am	+	Mike Shawler by Don & Donna Becher
Monday	4/10			
Tuesday	4/11			
Wednesday	4/12	Noon		Blessings – Joseph Meyer by Missy Mowrer
Thursday	4/13	Noon		Blessings – Donna Meyer by Missy Mowrer
Friday	4/14	Noon	+	Tom Grishaber by Debbie Wright
Saturday	4/15	5:30pm	+	Don Churchill by Susan Churchill
Sunday	4/16	9:00am		For the People of the Parish
		11:30am	+	Judy Dumont by Pat Garnett

### We Remember in Our Prayers

Barbara Baldy, Bo Burdette, Elizabeth Coleman, Matthew Crabtree, Loretta DiGiorgi, Joe Eisel, Marietta Fenton, Rose Finch, Rita Finnell, Skip Finnell, Dante Geronilla, Joe Gregg, Bob & Kathleen Groom, Mary Lou Hammock, John & Arlene Hanna, Gary Hoskins, Rob Hrezo, John & Claire Johnson, John Lordan, Bob Lucas, Linda Lynch, Louann Lynch-Kelley, Sheila Kerns, Alec Mansfield, Barbara McCormick, Evelyn Miller, Keith Morgan, Bradley Smith, and Sandy Wheeler



### Rice Bowls

This collection will benefit Catholic Relief Services

Please return your Rice Bowls this weekend.

## This Week at Blessed Sacrament

Our office is closed this week.

Day	Date	Time	Event	Location
Sat	4/8	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom
		8:30pm	Mass – Easter Vigil	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>
Sun	4/9	9:00am	Mass - Easter	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>
		10:15am	Youth Music Ensemble	Church
		11:30am	Mass - Easter	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>
Mon	4/10	6:00pm	OCIA	Room 2
		6:00pm	Pastoral Council	Library
Tues	4/11	6:00pm	Liturgy Committee	Office
Wed	4/12	10:30am	Bible Study	Library
		Noon	Mass	Chapel
		1:00pm	Lectio Divina	Community Room
Thur	4/13	Noon	Mass	Chapel
Fri	4/14	11:15am	Scriptural Rosary	Chapel
		Noon	Mass	Chapel

### Food Drive for the Good Shepherd Food Pantry in Coalburg, WV begins

Sat	4/15	9:00am	Men's Bible Sharing Group	Room 5/Library and Zoom
		4:30pm	Reconciliation	Reconciliation Room
		5:30pm	Mass	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>
Sun	4/16	9:00am	Mass	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>
		10:15am	First Communion Class	Room 2
		10:15am	Youth Faith Formation	Library and Room 5b
		10:15am	Book Group: The Gift of Years (Joan Chittister)	Community Room
		11:30am	Mass	Church & <a href="https://facebook.com/BSCWV/">facebook.com/BSCWV/</a>

## Grocery List for Food Drive for the Good Shepherd Food Pantry in Coalburg.

ITEM	SIZE
Canned corn	16oz
Canned green beans	16oz
Canned mixed veggies	16oz
Baked beans	16oz
Fruit	15 oz
Vegetable soup	10.5 oz
Tomato soup	10.5 oz
Soup - chicken noodle	10 <sup>3</sup> / <sub>4</sub> oz
Tuna	12 oz
Canned chicken	10 oz
Crackers	1 lb
Pinto beans-dry	2 lb
Mac and cheese	7.25 oz
Peanut butter-creamy	16 oz
Spaghetti sauce	43 oz
Spaghetti noodles	16 oz
Canned white potatoes	15 oz
Canned tomatoes	14.5 oz
Vienna sausages	4.6 oz
Jello-any flavor	6 oz
Cheerios	12 oz
Frosted Flakes	12 oz
Pudding cups	
Ramen noodles	3 oz
Navy beans	1# or 2#

## **APRIL LUNCH BUNCH**

Thursday, April 20, all are invited to a special Mexican Fiesta at our Lunch Bunch! Plan to join us for Mass at noon, followed by Mexican specialties provided by La Caretta Restaurant in Kanawha City. Bring along whatever side dishes, salads or desserts you'd like. All ages welcome at no charge!

## **Suggestion Box News**

One of the suggestions we received requested we re-paint the lines for the parking spots on the north side of our building.

Check out how the City responded to our request:

We received a request to announce the names of those receiving Communion at home. Since our Masses are now streamed (read: available for anyone to see), we are considering how to make these names available for your prayers while still respecting the recipients' privacy and safety.

Please feel free to offer your suggestions – on any topic – in the suggestion box in our gathering area.

Of course, you are also always welcome to offer your suggestions directly to Fr. Paul.

Thank you for sharing your ideas for gardens – keep those coming! And for the expressions of gratitude for our warm, welcoming parish! (Keep those coming too!)



## **Easter Bunny Pictures!**

Parents: The Easter Bunny pictures are ready for you to enjoy!  
Please contact Liz at [bethjames98@gmail.com](mailto:bethjames98@gmail.com) or call 681-505-3832  
(Thank you Michael Switzer!)



## Prayers for the Newest Members of Our Church

Our parish has held the OCIA Elect in our thoughts and prayers for several months. If you would like to send your well wishes, prayers, or greetings to our newest members, here are their addresses:

Liz James – 238 Sutherland Dr., So. Charleston, WV 25303  
Pam Steelhammer – 5326 Sunrise Lane, Charleston, WV 25313  
Marla Weiner – 4908 Washington Ave., SE, Charleston, WV 25304  
Joey Thornton – 2002 Laurel Ridge Rd., Culloden, WV 25510

### The Gardens Project

A very rough description of our Gardens Project:

We will create a series of different gardens on our property along 4<sup>th</sup> Avenue.  
The gardens will serve different purposes but will all tie together into something beautiful.

The idea has been brewing for a year or so among several parishioners and our staff. After a member of our parish gave us \$5,000 in “seed” money, we felt the time to get started was now. Our Pastoral Council and Finance Committee recently learned of the idea and expressed their support.

So – share your thoughts with us about what you would like to see in these gardens.

An outdoor classroom/meeting space? A community vegetable garden? A house for bats?  
Benches named for deceased loved ones? Lots of butterflies? A place to play yard games?

You can write your ideas on “Suggestions” cards and drop them in the suggestions box in the gathering area.  
Or follow this link: <https://www.surveymonkey.com/r/CQCW6SX>

How will it be funded?

With parishioner donations specifically directed to our Gardens Project. We will also apply for grants that support garden projects like ours.

Won't that take a long time? That depends. This project is really special and is not something that should be rushed through. We believe we will have the funding needed as we work through the various stages of this project.  
(Feeling doubtful? Ask us about the solar panel project.)

### Choosing a Logo for Our Parish

**Old Logo or New Logo? Friday, April 14 is the last day to vote.**

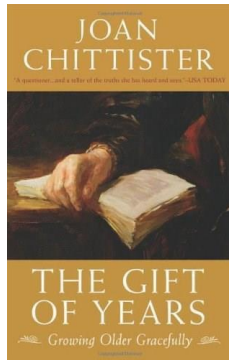
Please stop by the super secret ballot box in our gathering area and tell us about your choice of logo for our parish.  
Three easy steps:

- 1) Pick a ballot with the logo of your choice.
- 2) Tell us what the logo says to you.
- 3) Tell us what you think the logo would say to a stranger/someone new to our parish.

Or vote online: <https://www.surveymonkey.com/r/YCRM33T>. In late April we'll share the results and some of the comments we've received.

## Coming Soon

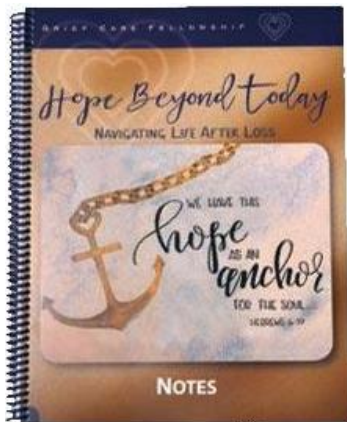
**Food Drive for Good Shepherd Food Pantry, Coalburg: April 15<sup>th</sup> – April 23<sup>rd</sup>**



**The Gift of Years Book Club**, led by Kathy Lester will hold its inaugural meeting on **April 16** from 10:15am-11:15am in the Community Room adjacent to the Parish Hall. If you do not have a copy of the book, we will have some available.

This book looks at the many dimensions of the aging process, its purpose and its challenges, its struggles and its surprises, its problems and its potential, its pain and its joys . . . it talks about the fear of tomorrow and the mystery of forever, and how to cope with it all . . .

### **A New Grief Ministry Program to Start! *Hope Beyond Today***

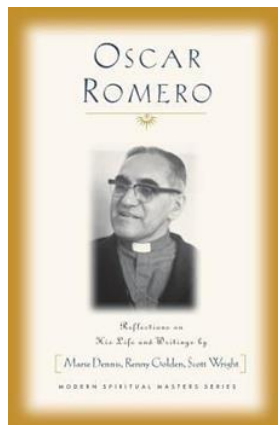


***Hope Beyond Today*** is a six-week program designed by those who have lost loved ones, and have navigated through the maze of hurt, sorrow, and heartache caused by grief. The program is designed to help those who have lost loved ones to find hope during their personal grief journey.

Each session begins with a 30-minute DVD, which is followed by discussion time for the group to share their own thoughts, words of encouragement and comfort. The Grief Ministry Team encourages you to give prayerful thought to participating in the upcoming ***Hope Beyond Today*** program.

Upcoming ***Hope Beyond Today*** Schedule:  
Six Consecutive Monday Evenings **April 17, 24, May 1, 8, 15, 22**  
7:00-8:30pm Room 5—Library

Please contact the church office to register @ 304-744-5523 or [bsccwv@gmail.com](mailto:bsccwv@gmail.com)



On Sunday, April 23, between the Masses, we will begin a study of **Oscar Romero: His Life and Writings**.

Let us know if you will be able to join us so we can have enough books. [BSCCWV@gmail.com](mailto:BSCCWV@gmail.com)



## Coming Soon

### PARISH FAITH IN FILM SERIES – APRIL PRESENTATION

**Fr. Stu: Reborn**      **Rated PG-13**      **Length 2 hr. 4 min.**

**When: Sunday, April 23, 2023 at 2:00pm**      **Where: Blessed Sacrament Parish Hall**


When the original movie Fr. Stu was released, it received high critical acclaim, but an R rating because of a lot of profane language, including about 40 instances of the “F\_ word”. Many Bishops and Cardinals were willing to overlook that, due to the power of the story, but it was problematic for many Catholics. This “sanitized” version, title Fr. Stu: Reborn, was released in theaters last December, and is just available on DVD as of March 28. The same movie, characters, and story are now available in this PG-13 format. This is an amazing story of where God directs his vocations, and the influences He offers to initiate that Call in unsuspecting places.

Based on a true story, Father Stu: Reborn is an unflinchingly honest, funny and ultimately uplifting drama about a lost soul who finds his purpose in a most unexpected place. When an injury ends his amateur boxing career, Stuart Long (Mark Wahlberg) moves to L.A. dreaming of stardom. While scraping by as a supermarket clerk, he meets Carmen (Teresa Ruiz), a Catholic Sunday school teacher who seems immune to his bad-boy charm. Determined to win her over, the longtime agnostic starts going to church to impress her. But surviving a terrible motorcycle accident leaves him wondering if he can use his second chance to help others find their way, leading to the surprising realization that he is meant to be a Catholic priest.


### 31 Club this week

*31 Club members commit to praying for vocations one day each month.*

<b>Sun</b>	4/9	Carolyn Frye
<b>Mon</b>	4/10	Jane Roy
<b>Tue</b>	4/11	Joe Deegan   Tony O’Leary
<b>Wed</b>	4/12	Nancy McLaughlin
<b>Thu</b>	4/13	Mike Granata
<b>Fri</b>	4/14	Shelley Nason   Kathy Pojman
<b>Sat</b>	4/15	Moon and Peggy Musilli



## Creation Care Recipe of the Month-April



### Tortilla Soup

Enjoy this soup with extra avocado slices and tortilla chips.

**Ingredients**

- 2 Tbsp olive oil
- 3 garlic cloves (minced)
- 1 large onion (chopped)
- 4 carrots (chopped)
- 3 stalks celery (chopped)
- 1 jalapeno pepper (seeded and chopped)
- 3 cups vegetable broth
- 1 Tbsp chili powder
- 2 tsp ground cumin
- 1 tsp paprika
- 1 tsp salt, 1 tsp black pepper
- 1/2 tsp garlic powder

- 1/2 tsp red pepper flakes
- 1/2 tsp oregano
- 10 corn tortillas
- 2 limes, 1-2 avocados

**Instructions**

- Put olive oil, garlic, and all veggies into a large pot over medium heat; stir constantly for 5 minutes.
- Add vegetable broth and spices. Reduce heat, cover, and simmer until veggies are tender.
- Meanwhile, over medium-high heat, fry corn tortillas in heated oil. Cut into strips and use to top each serving of soup, along with lime wedges and avocado. (serves 8)

**Eating “lower on the food chain” is a powerful way to answer Pope Francis’ call to Care for Creation.**

**Why?** It can help reduce the amount of water, land, energy, chemicals, transportation, refrigeration and packaging we use. It can also help reduce stress on our livestock and its handlers, lower grocery bills, improve personal health, and keep us in solidarity with people with less means.

**How to do it?** Choose ingredients that are in-season, organic, locally grown, with simple or no packaging, and contain no meat and little dairy.

*Praise Be to God for His generosity — the soil and water, plants and animals that sustain us, and for the farmers who labor. Bon appétit!*

Check <https://nebo.sistersofmercy.org/files/documents/resources/Justice/Mercy-Meatless-Mondays.pdf> for more recipes, reflections and information.

## Partners in Community Service

**Faith in Action of the Greater Kanawha Valley** is a volunteer organization providing free services to older adults in Kanawha and Putnam counties.

Our volunteers assist seniors with transportation to medical appointments, trips to the grocery store, friendly check-in phone calls, and minor home repairs and maintenance projects.

Our volunteers appreciate the flexibility they have in scheduling and the variety of meaningful ways to engage. Our seniors appreciate the reliable and friendly personal attention they receive.

### Upcoming Volunteer Trainings (Offered In-person & Online)

Tuesday, April 4 @ 4:30pm

Thursday, April 20 @ 4:30pm

For more information on how you can get involved or to RSVP for an upcoming training, visit [faithinactiongkv.com](http://faithinactiongkv.com) or contact 304.881.7253.

### MANNA MEAL/KROGER PICK UP SCHEDULE

April 2023 (Revised)

April 12 ..... Rob Schissler

April 19 ..... Rob Schissler

March 26 ..... Greg Ayers

### Literacy Volunteers of the Kanawha Valley

Literacy Volunteers of Kanawha County teaches reading and writing as well as English as a Second Language(ESL) to ADULTS for FREE. Tutoring is one-on-one with flexible hours.

To Register: 304-989-9481 or [brperrone@aol.com](mailto:brperrone@aol.com)



Here for Good is back!

Here for Good, one of our favorite events of the year, is just around the corner. By pledging \$10 a month, you can help Covenant House continue to meet the basic needs of our most vulnerable neighbors—AND you'll gain entry (along with one friend) to our special Here for Good party on May 23rd.

Keep your eye out for more info, and be sure to follow along on Facebook in the weeks leading up to the event as we share the stories of young people in our community who are Here for Good.

**Covenant House**, 600 Shrewsbury Street | Charleston, West Virginia 25301  
(304) 344-8053 | [adouglas@wvcovenanthouse.org](mailto:adouglas@wvcovenanthouse.org)

### WV Institute for Spirituality

Life of the Beloved, a 5-week Group Spiritual Direction program via Zoom

Mondays, April 17<sup>th</sup> – May 15<sup>th</sup> from 7:00 – 8:00 pm EST Questions: email Jill Gordon at [jillgordon98@gmail.com](mailto:jillgordon98@gmail.com)

Through Henri Nouwen's book, *Life of the Beloved: Spiritual Living in a Secular World*, we will explore the great spiritual call of the Beloved which invites us to look at our individual brokenness under the light of the blessing.

Donation: \$25 (plus the cost of the book which you purchase on your own).

Register: email [wvisreg@gmail.com](mailto:wvisreg@gmail.com)



# Spiritual Icebreakers and Soup Starters 40

*Icebreakers give us something to talk about. Soup starters make for a good start. Here is some spiritual kindling to use, think about, and pray with this week.*

## POEM

### The Stone Has Been Rolled Away

When the broken come to wholeness,  
when the wounded come to healing,  
when the frightened come to trusting,  
the stone has been rolled away.

When the lonely find friendship,  
when the hurt find new loving,  
when the worried find peace,  
the stone has been rolled away.

When we share instead of taking,  
when we stroke instead of striking,  
when we join around the table  
the stone has been rolled away.

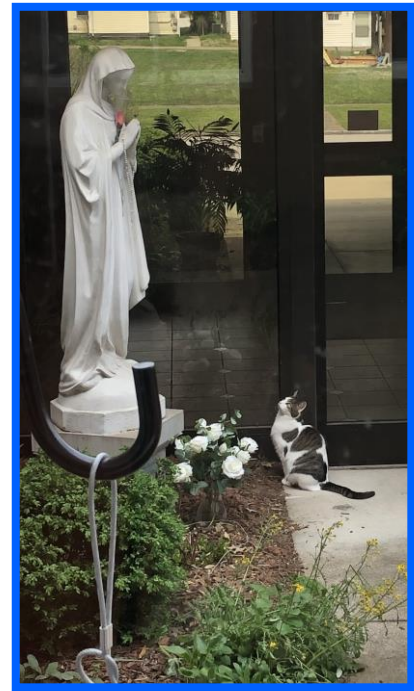
The stone has been rolled away!  
In you, Christ Jesus,  
love breaks through hatred,  
hope breaks through despair,  
life breaks through death.  
Hallelujah, Christ is risen!  
— Francis Brienien.



## Prayer

Lord God, You loved this world so much,  
That you gave your one and only Son,  
That we might be called your children too.  
Lord, help us to live in the gladness and grace  
Of Easter Sunday, everyday.  
Let us have hearts of thankfulness for your sacrifice.  
Let us have eyes that look upon  
Your grace and rejoice in our salvation.  
Help us to walk in that mighty grace  
And tell your good news to the world.  
All for your glory do we pray, Lord, Amen.  
— Rachel Marie Stone

*CATHolics have always called Mary, the Mother of God blessed because she said, “Yes” to God’s invitation. St. Fulton Sheen liked to point out that Jesus spent ten times as much of his life with her than he did with the Apostles and Disciples. When was the last time you prayed the Rosary? Consider praying this wonderful devotion by yourself or with those who live with you. Happy Easter!*



●●●●●● **PLEASE DON'T BE SCAMMED** ●●●●●●

Fr. Paul will only send parishioners emails from his Gmail account: [pjw424@gmail.com](mailto:pjw424@gmail.com). This week, several people received emails purporting to be from him. The email address used was Father.beautiful [hearts.live@gmail.com](mailto:hearts.live@gmail.com). We like to think he has enough good taste to never choose a name like that.) (4/24 is Fr Paul's ordination anniversary.)

Also, neither Fr. Paul nor any member of the Blessed Sacrament Parish Staff will **EVER** email or text you asking to buy gift cards for some worthy cause. Scammers know how busy we are this week and try to appeal to your good heart and generosity.

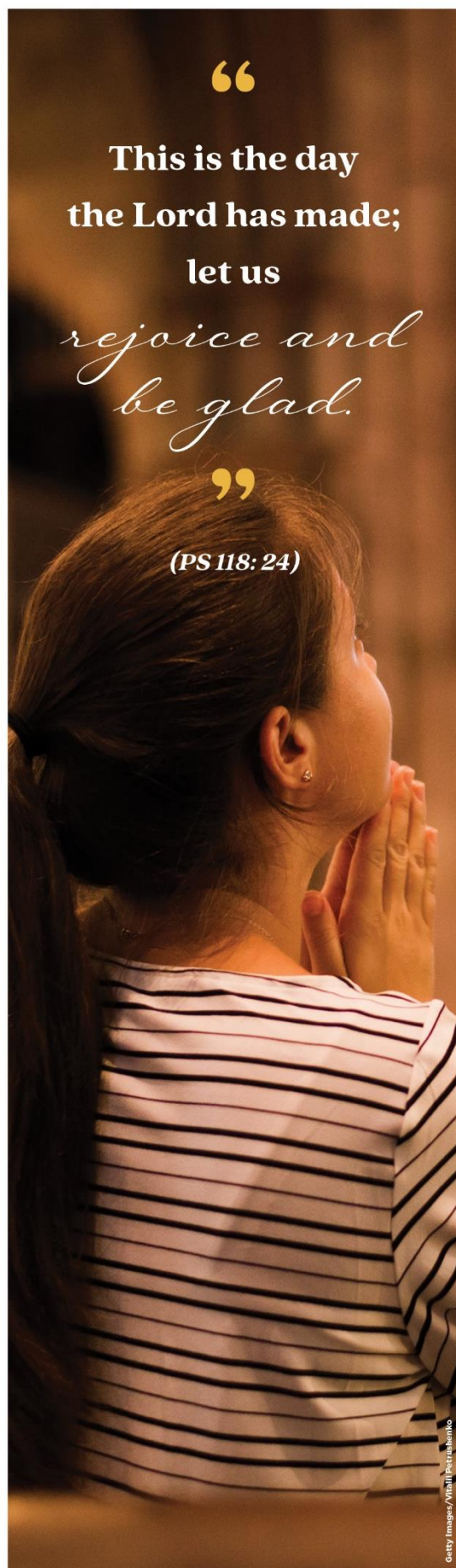
### Liturgical Ministers – Easter Vigil and Easter - April 8 & 9

	8:30pm	9:00 am	11:30 am
<b>Lectors</b>	Peg Nagem Kathleen Bors Don Becher	Mychal Schulz	Kathy Lester
<b>Altar Servers</b>	Karen Lewia Jackson Davis	Maureen Matthias <b>Need a Volunteer</b>	Bob Danielson Eip Shawler
<b>Cantors</b>	Nancy, Charlie, John D, Matt	Rory Isaac	Heather White
<b>Communion Principal</b>	Todd Witsberger	Terry Matthias Peggy Musilli	Kathy Lester
<b>Chalice Minister</b>	Carolyn Frye John McGarrity	Bob Sherrard Sr. Fran Kirtley John Lordan	Pat Garnett Carolyn Frye
<b>Communion to the Sick</b>		Jackie Lilly Missy Summey Bob Sherrard	
<b>Greeters/Ushers</b>	David Lewia Jeanne Haas	Brian Cornell Susan Churchill Dan McLaughlin	Anna Sites Shelley Nason

### Liturgical Ministers – April 15 & 16

	5:30pm	9:00 am	11:30 am
<b>Lectors</b>			
<b>Altar Servers</b>	David Bowles	Chip Counsil	Pia Maramba Felix Maramba
<b>Cantors</b>	Joe Deegan	Jack Dever	John Shawler
<b>Communion Principal</b>	Ro DeBias	Peggy Musilli	Missy Summey
<b>Chalice Minister</b>	(Frame and Jordan)	(Aluise and Wirts)	(Lester)
<b>Communion to the Sick</b>		Ann Bradley Tom Aluise David Elliott	
<b>Greeters/Ushers</b>	Pat & Mike Habenschuss	Kelly & Rob Plutro	Ken McNeil Emilie McNeil





“

This is the day  
the Lord has made;

let us

*rejoice and  
be glad.*

”

(PS 118: 24)

April 9, 2023

## Easter Sunday

### The Resurrection of the Lord

Acts 10:34a, 37-43 | Col 3:1-4 or 1 Cor 5:6b-8 | Jn 20:1-9

Written by  
THE  
FAITHFUL  
DISCIPLE

#### **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

I love arriving to Mass early when the sacristan is preparing the altar, or even shortly after the prior Mass clears out. This is because I enjoy praying the rosary with fellow parishioners as well as having my choice of seat in the church, but there's also something about the silence, the stillness that permeates the atmosphere during that time. Sitting alone with one's thoughts tends to either disturb or flat-out bore many people, but consider the silence in a new light this Easter Sunday. Mary of Magdala visited Christ's tomb only to find it empty; what was the tomb like after Christ had risen and left? I'd like to think the silence of the sanctuary before Mass is like the silence of the tomb: still, peaceful and, most of all, joyful, for our Savior conquered the grave. In a way, arriving early to a silent church is like Mary arriving to Jesus' tomb and finding it empty. Soon, though, the church is filled with other believers – witnesses to the risen Christ who proclaim his victory over sin and death to share in the Eucharist before going out into the world to serve and make disciples.

#### **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

After Mass, many of us are swept up in a dizzying Easter timeline full of brightness and pastels, rushing from Mass to Easter egg hunts to lunch or dinner that may leave kids and adults alike exhausted. But our Easter worship and traditions are important because they mark this day as the most joyful of all celebrations, indeed the greatest event in human history. The Lord Jesus is calling us to new life in him! We take this time to celebrate and reflect on what this means. After his resurrection, Jesus revealed himself over time to his Apostles. But before they saw Jesus and truly understood he had risen from the dead, they experienced great sadness and fear. In the same way for us, we must remember that there is no Easter without the suffering and darkness of Good Friday. St. Paul tells us in the second reading that, in order to celebrate the feast, we must “clear out the old yeast, so that [we] may become a fresh batch of dough.” We can't celebrate with “the old yeast, the yeast of malice and wickedness” – we must let Christ purify our hearts and fill them with his Truth.

**WITNESS** Let the joy of Easter fuel a new resolve to be a witness to the Resurrection. Take Easter week to contemplate Scripture, to let Jesus fill your heart with his light and forgiveness so that you may bear his witness to those you encounter in the days and weeks to come.