

Blessed Sacrament Parish

June 10, 2018

*We, Blessed Sacrament Parish, Are a Christ-Centered Community,
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,
Committed to Loving Service to All God's People*

*Nosotros, la Parroquia del Santísimo Sacramento, Somos una Comunidad Centrada en Cristo,
Comprometidos a Adorar al Padre, Comprometidos a Responder a los Dones del Espíritu Santo,
Comprometidos en el Servicio Amoroso a Todo el Pueblo de Dios*

We Remember in Our Prayers:

Sal Ambrosio, Karen Bowling, Toni Bowers, John Bullock, Jim Cavanaugh, Elizabeth Coleman, Matthew Crabtree, Rhonda Crede, Jackson Davis, Jody DeBias, Ro DeBias, Karol Dunford, Patty Farry, Marietta Fenton, Patty Geissinger, Roger Green, Kathleen Groom, Ann Henderson, Betty Hines, John & Claire Johnson, Joe Lynch, John Lynch, Louann Lynch-Kelley, Alex Mansfield, Jr., Jo Midkiff, Phyllis Safreed, Mary Ann Shear, Michelle Smith, Gary Sutton, Andrew Thompson, Tim Wells, Jr., Sandy Wheeler, Lily Woolwine, Robin Welsh.

Thanks be to God for empowering our generous stewards to share their gifts:

- by presenting a beautiful concert to celebrate "Mary, Mother of the Church"!
- by praying before the Blessed Sacrament for our church and our world!
- by organizing, preparing and delivering meals "Cooked with Love" to parishioners who recently had surgery!
- by organizing and showing the movie "Romero" on our parish feast day!
- preparing snacks for the moviegoers!
- by participating in our times of adoration of the Blessed Sacrament and our Holy Hour for vocations!
- by sharing flowers from their gardens to adorn God's altar!
- by keeping the pastor well supplied with jokes and comics!

Special thanks from Ron Rushworth to all who donated articles for Sacred Heart's Yard Sale (it's today, Sat)

Last weekend our Music Ministry presented a magnificent concert in honor of Mary, Mother of the Church. You can enjoy it again at:

<https://www.facebook.com/BSCWV/videos/1447401302032740/>

For those who would like to send a message of encouragement to our parishioner Tim Wells, who recently had a heart transplant, please send it to: 523 Edgewood Road, Hurricane, WV 25526. Tim's wife Traci will be travelling back and forth to Cleveland and will bring all mail to him. We are thrilled to hear that Tim is recovering very, very well!

A Vocation Note

A STUDY COMMISSIONED by the Knights of Columbus revealed that 75% of Catholic young people who had seriously considered religious life felt they were never encouraged to pursue that goal. Do you know someone who would make a good priest, or nun, or deacon, or . . . ? Why not tell him or her so? Your encouragement may be all she or he needs.

Camp Leon 2018

Along with co-directors Paula Durst and Bob Lilly, parish staff members John Finnell and Mark Haas will be at camp all of this week to minister to our young-uns. In case you need to reach your pastor, email (snowman25303@hotmail.com) is more reliable than cell phone service. For a genuine emergency, please leave a message with the Bishop Hodges Pastoral Center 304-335-2165. Please keep us all in prayer for a safe, peaceful and uplifting time in God's country. Please note that there will be no weekday Masses this week but all Bible Study groups will meet as usual.



~~New Lighting!~~ ~~Science is Cool!~~ **Good Stewardship!**

We have some pretty neat news to share. Our use of electricity here at Blessed Sacrament has decreased twenty-nine percent. **29%!**

How did we do this? Do you remember when we changed the lighting fixtures in the sanctuary? And the office? And the gathering space? And the class rooms? All of the new lighting fixtures use **LED** light bulbs.

So, not only do we have more flexible-use lighting, but we are being good stewards with our energy use! Yay Blessed Sacrament!

Through your donations, we purchased the new, energy-saving fixtures and bulbs. Through a lot of volunteer labor and expertise by our Dismas Men's Club, we were able to install the new lighting systems.

And we're not done yet! **Our next lighting project will replace fixtures and bulbs in our Parish Hall.**

~~New Windows!~~ ~~Science is Cool!~~ **Good Stewardship!**

So, what will happen with our energy usage when we **replace the metal-framed windows** in the red-brick portion of our building? (This area includes the office, all faith formation rooms, the gym, etc.)

We don't know for certain, but we know energy will be saved and the amount we spend on our heating and cooling bills will decrease.

For the green geeks in our parish: What makes these new windows so great?

- UV-filtering Low-E Glass, insulating argon gas, and a warm-edge spacer system creates significant energy efficiency.
- In the summer, long-wave radiation from the sun will be reflected, keeping our building cooler.
- In the winter, these windows will let in short-wave radiation from the sun as well as keeping in the heat we already have.
- The U-factor is 0.27 and the SHGC is 0.29

These windows will be purchased from and installed by a local franchise of a national company, Window World. **The cost will be \$25,461.**

Once again, your donations will make this improvement possible. Something we are considering, that could make sponsoring a window fun – **naming rights!** We will also have a **contest** to name a window – the name with the most votes wins! Please see the display in the gathering space for more information.

Coming Events at Blessed Sacrament

Watch This Space!

We are in the initial stages of developing a new pictorial directory for our Blessed Sacrament parish!

We've already made arrangements to have our parishioner, and professional photographer, Michael Switzer, take your pictures for the new directory.

(You are going to love this. There will be no sales pitch!
If you would like to order a photo package you can do so later through Michael's website.)

The next step will be gathering current contact information for all of our parishioners. During the month of June, we will provide everyone with a new registration form to complete. (We may even do this one weekend instead of the homily.)

And then we will share a large variety of dates and times with you, so you can schedule a time for you/your family to have a beautiful picture made.

We hope to have the directory ready for you by Christmas.

St. Anne's Guild

The guild will meet on Wednesday, June 13th at 12:30pm at Panera Bread at Southridge.

Learn to Control Your Diabetes

A **FREE** 6-week class offered here at Blessed Sacrament!

This is a class for people who have diabetes, care for someone with diabetes, or would just like to know more about managing diabetes. Classes will be in our conference room near the parish hall on the following Wednesdays from 10:00am to Noon. June 13, 20, 27, July 11, 18, and 25
Sign up by calling Susie at 304-346-9864 ext. 3221

Quality Insights will be offering the program. The program is funded by Medicare.

Do You Know Someone Interested in the Catholic Faith?

Invite and accompany them to our Summer Inquiry Sessions

Mondays, June 18, July 16, August 13

7:00--9:00pm

No pressure; friendly Q& A; Refreshments

Meeting Room #5

Mark Your Calendar for VACATION BIBLE SCHOOL!

Wednesday, Thursday, Friday August 8, 9, 10 6:00—8:00pm Ages 3-100 - adult sessions too!

Our Partners in Community Service

Catholic Charities of WV

Help your family member get the care they need in their home. Catholic Charities HomeCare provides temporary or long-term living assistance services for \$15/hour. Learn more at www.CatholicCharitiesWV.org/HomeCare or by calling (304) 345-2103.

Helpful pamphlets are available on the credenza

KPCC Counseling

Understanding Emotional Intelligence - Led by Ric Hardison, LPC

Why is emotional intelligence so important and how do you increase yours?

The intelligence traditionally known as IQ contributes to an initial level of personal and professional success and fulfillment. But the greater determinate of those outcomes is **emotional intelligence - EQ/EI**.

Research, since it was first presented in the 80's, shows that emotional intelligence can be increased. It is not therapy but a set of skills for living life more relationally. Exercises at this workshop will take your steps further along in the development of your EQ/EI. You will also learn tools you can use to help others grow in theirs.

This 3-hour workshop is great for counselors, social workers, coaches, nurses, clergy, or anyone who is interested in learning to increase emotional intelligence. No previous experience is necessary. CE credit available for SW, LPC, RN and Addictions Professionals.

Cost to attend: \$40 - **Trinity Lutheran Church, Charleston, WV**
June 21, 2018 from 9:00am-12:00pm

Other Items of Interest

Jose is on the INTERNATIONAL STUDENT EXCHANGE program for the upcoming school year. He will arrive 5 days prior to the beginning of school and he will return to Spain 5 days after the last day of school.

He has requested to be HOUSED by a good CATHOLIC family. He will attend the public school closest to the hosting family. Jose has his own medical and liability insurance. He has his own spending money of \$300.00 per/month--for personal needs, clothing, extra's. Jose He will be given chores to do, church to go to and participate with the host family in their activities.

If you are interested in hosting Jose, please contact: Penny Smith - 1-800-964-4678
For more information, see the placement program's website: iseusa.com

Helpful Information

Our Parish Staff

<u>Pastor</u>	Rev. John H. Finnell	Cell: 1.304.377.3560 E-mail: snowman25303@hotmail.com
<u>Deacon</u>	Rev. Mr. John Hanna	Home: 304.935.4646/Cell: 304.389.7255 E-mail: deaconjohnh@suddenlink.net
<u>Pastoral Associate</u>	Jeanne Haas	E-mail: haasjeanne@hotmail.com
<u>Office Manager</u>	Natalie Zellers	Office E-mail: blessedsac@suddenlinkmail.com
<u>Music & Youth Director</u>	Mark Haas	E-mail: MarkHaasCatholic@gmail.com

Our Pastoral Council

Jo Stone, facilitator	David Elliott	Kay Margocee	Matthew Crabtree	Rick Brennan
Susan Churchill	Molly Linehan	Colleen O'Neill	Bob Sylvester	Bob Lucas
John Gianola	Travis Green	Tom McLane	Joe Gresham	Vince Stricker
Peg Nagem	Joe Jenkins			

Minutes from the Parish Pastoral Council can be found on our webpage.

Our Contact Information:

Address: 305 E Street, South Charleston, WV 25303
Parish Office: 304.744.5523 E-mail: blessedsac@suddenlinkmail.com
Our office hours are from 9am – 3pm, Monday – Friday.
Web page: www.blessedsacramentwv.org

St. Paul Radio - West Virginia.....Presents Catholic radio on:

WLUX 1450 AM Dunbar; WNUX 89.7 FM Beckley; WOUX 105.3 Parkersburg
Visit www.sprwv.org for a link to stream Catholic radio to a smart phone