

Blessed Sacrament Parish

February 11, 2018

*We, Blessed Sacrament Parish, Are a Christ-Centered Community,
Committed to Worship the Father, Committed to Respond to the Spirit's Gifts,
Committed to Loving Service to All God's People*

*Nosotros, la Parroquia del Santísimo Sacramento, Somos una Comunidad Centrada en Cristo,
Comprometidos a Adorar al Padre, Comprometidos a Responder a los Dones del Espíritu Santo,
Comprometidos en el Servicio Amoroso a Todo el Pueblo de Dios*

We Remember in Our Prayers:

Sal Ambrosio, Karen Bowling, Toni Bowers, Jim Cavanaugh, Elizabeth Coleman, Matthew Crabtree, Rhonda Crede, Jody DeBias, Ro DeBias, Karol Dunford, Patty Farry, Marietta Fenton, Patty Geissinger, Kathleen Groom, Ann Henderson, Betty Hines, Mike Howard, John & Claire Johnson, Ruth Kirk, Joe Lynch, John Lynch, Louann Lynch-Kelley, Alex Mansfield, Jr., Clara Reynolds, Phyllis Safreed, Mary Ann Shear, Michelle Smith, Gary Sutton, Tim Wells, Jr., Sandy Wheeler and Lily Woolwine.

Nota Bene: **St. Anne's Guild** will not meet this month. See you at the noon Mass on Ash Wednesday!

Thanks be to God for empowering our generous stewards to share their gifts:

- by celebrating and assisting with our celebration of First Reconciliation for our kids last Saturday!
- by participating in the workshop of Human Trafficking last Saturday!
- by participating in our Vocations Committee meeting last Sunday!
- by assisting with the Blessing of Throats (even for our shut-ins!) last weekend!
- by participating in our Energy Efficiency Committee meeting last Monday!
- by participating in our Pastoral Council meeting last Monday!
- by presenting about Discernment to our RCIA group last Monday!
- by participating in our Confirmation Orientation meeting last Tuesday!
- by participating and assisting in the Diocesan gathering of catechists last Thursday!
- by providing refreshments to our RCIA group, our Sunday morning crowd, our Bible Study groups, etc., etc.!!!!
- by participating in our Bible Study groups!
- by serving at Manna Meal and other Partners in Community Service!
- by providing transportation to parishioners who need it!
- by not dying when the pastor was away!

Lunch Bunch

We will have Lunch Bunch on Thursday February 15th. Mass will be at 11:30 am., followed by our Lunch bunch gathering in the Parish Hall. We will have Roasts and Roasted Vegetables. We will need Salad's, Vegetables and Desserts to share. Please mark all foods that have nuts. For information call Jane Roy: 304-768-0306

Donation Statements

To request your donation statement, please contact Natalie via email: blessedsac@suddenlinkmail.com.
Statements will be emailed unless a special request is made to have it mailed to your residence.
Statements will be sent on Fridays.

VOLUNTEER HELPERS NEEDED!!

Our faithful parishioner, **Jack White**, who makes a great effort to come to Mass despite significant disability from strokes, needs, for serious medical reasons, to move with his wife to a different house that is more accessible and doesn't have 100 steps leading to the entrance. His brother Bill has found a house that is good but needs some work before it is liveable. Bill hopes that some volunteers can help with the necessary tasks. All materials will be purchased by the family.

Tasks:

Install a total of 30 feet of chain link fence. (Dig holes, install posts on Tuesday. Attach fence on Wednesday.)

Replace Several P-traps.

Replace a leaking seal under a sink.

A licensed electrician needs to look at the breaker box and determine the best way to fix it. Bill would prefer the electrician make these changes.

A licensed electrician to observe and make recommendations on the following: replacement of wall outlets, some re-wiring, and the installation of electric boxes over wires spliced together. The electrician is welcome to do the work, but Bill will do the work under their guidance.

If someone would like to volunteer to bring lunch for the volunteers, I'm sure that would be appreciated too!

Location: 322 25th Street, Dunbar, WV

Work dates: Tue Feb 20 and Wed Feb 21.

Work time: could start as early as 9:00am each day.

If you can help or have questions, please contact Bill White via his cell phone: 304-545-0393

Wednesday Evenings in Lent*

Everyone is Welcome!

February 21st, March 7th, 14th, 21st and 28th

6:00—6:30PM - A shared meal of meatless soup, bread and water

Volunteer Soup Makers invited to sign-up in the Gathering Space!

Everyone is invited to bring bread!

Parish Hall

6:30—7:00PM - God's Chosen Ones, Holy and Beloved!

We will learn about and reflect on the lives of

St. Katherine Drexel, St. Edith Stein, St. Therese of Lisieux and St. Teresa of Calcutta

Parish Hall

7:00—8:30PM - Bible Study on the Upcoming Sunday Readings

Conference Room

*** With the exception of Wednesday, February 28th**

Diocesan Lenten Pilgrimage

Basilica of the Co-Cathedral of the Sacred Heart

Sacrament of Reconciliation at 6:00—7:00PM

Celebration of Mass at 7:00PM with Guest Homilist: Fr. Bill Matheny

Social immediately following Mass



Stations of the Cross

† † †

Every Friday in Lent 5:30PM in our Chapel

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Lent and Easter Regulations

Lent runs from Ash Wednesday (Feb 14) until the evening of Holy Thursday (Mar 29).

Traditionally, Christians fast on two sorts of occasions. One may be called a time of repentance (for example, Lent). The other occasion is a time of anticipation (for example, the one hour before holy communion or the “paschal fast” during the Triduum in anticipation of the Easter event).

Lenten Fast and Abstinence

1. Fasting is to be observed on Ash Wednesday by all Catholics who are 18 years of age but not yet 59. Those who are bound to fast may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to each one's needs, but eating solid food between meals is not permitted.
2. Abstinence from meat is to be observed by all Catholics 14 years or older on Ash Wednesday and on all Fridays of Lent.
3. Continuing the Diocesan custom, all of the appropriate age are asked to fast and abstain on all the Wednesdays and Fridays of Lent as a voluntary practice.

The Paschal Fast

1. All Catholics of the appropriate age (see above) are to fast and abstain on Good Friday.
2. All Catholics are encouraged, as a voluntary practice, to fast on Holy Saturday until the celebration of the Easter Vigil.

God's Chosen Ones, Holy and Beloved!

Colossians 3:12

Who **are** God's chosen ones? Who **are** His holy and beloved? Perhaps the official canonized saints of the church? Yes. What about my mother, father and brother who have passed from this life to the next? Yes again! How about me and you—all of us who walk together, suffer together, pray together? Surprisingly, yes! We are all part of what the Church calls the communion of saints. It's really not complicated. The communion of saints is not only those who have died, and not only those who led heroic lives, but also those of us still on earth, and those yet to come. We all share in the holiness of Christ as God's chosen and holy people.

During this season of Lent that begins this Wednesday, I am going to spend 40 days marveling that God has chosen me as one of His holy and beloved ones. And I'm going to stretch myself to become more holy by learning from those saints, both canonized by the church and those who have touched my life personally—my parents, grandparents, parishioners, teachers and friends. These wonderfully holy and beloved people have much to teach me and frankly, I have much to learn. I hope you will join me during the next 40 days as our parish explores the lives of the saints and prays:

All you holy men and women, pray for us.

Jeanne Haas



Share Pictures of Your Loved Ones!

In addition to the pictures of the Saints you will find in our sanctuary, we invite everyone to send pictures of their loved ones who died—the small “s” saints in God's communion of saints. You can email a picture digitally to haasjeanne@hotmail.com or drop by and we will make a copy. We will display all your “saints” in the sanctuary too! May they all lead us to a holiness more like Christ Himself!

Lenten Reflection on Restorative Justice

On Tuesdays, during Lent, **beginning Tuesday, Feb 20**, through Tuesday, March 20, Rose Ann Hefner, CSJ, and Molly Linehan will be facilitating a program to learn about Restorative Justice. The program comes to us from a program unit of the Congregation of St. Joseph. Restorative justice is a way of understanding crime, and harm in all of its forms, as a violation of people and relationships, rather than solely a violation of law or rules. Restorative Justice operates from a belief that justice lies in problem solving and healing rather than punishment. This frame of reference is important not only for our criminal justice system, but also in our school, our families, and our own lives.

Time: Tuesdays 7:00 p.m. Place: Room 2

American Red Cross Blood Drive – Next Saturday

Saturday, February 17th from 9:00am – 2:00pm Parish Hall

To schedule a donor appointment go to www.redcrossblood.org; Put in sponsor code: blessedsp
Click on red arrow next to location address Select donation time Or call 1-800 Red Cross (1-800-733-2767)
Contact Susan Dickey, 304-744-8154 with any questions.



CYO Meeting

This Sunday, February 11th at 1:00pm in Room 5

We will meet to discuss past events, and upcoming activities including: Food Fast, Camp Tygart, and other functions.
Lunch will be served. Questions? markhaascatholic@gmail.com

Youth and parents:

We are hosting a "bonus" Youth Night **next Sunday, February 18 from 4:30 – 6:00 PM** in the parish hall. A team of Diocesan Youth leaders will be visiting our parish to lead a night called **Pursuit**. All parish youth and parents are invited and welcome! Learn more at: <http://www.wvcatholicym.org/family-night-pursuit.html>

Interested? Contact Mark: MarkHaasCatholic@gmail.com or Jeanne: HaasJeanne@hotmail.com or call 304-744-5523.

Our Partners in Community Service

Catholic Charities West Virginia is in need of a new vehicle to operate our food pantry at Loaves and Fishes Outreach Center in Hinton. One of our generous donors has offered to match donations made to this New Wheels Appeal. Any contribution donated to this appeal will be matched to help us reach our goal. Please donate today online at www.CatholicCharitiesWV.org or by phone at 304.905.9860.

Faith in Action - Upcoming Volunteer Orientation Trainings

We have several volunteer trainings on the schedule, from Elkview to Scott Depot!

Pick your spot, grab a friend, and come learn what we're all about!

Thu. Feb. 22 : 6 - 7:30 pm Elk Valley Branch Library, Elkview

Mon. Mar. 12 : 6 - 7:30 pm South Charleston Public Library

Thu. Mar. 22 : 5:30 - 7 pm Putnam County Library at Liberty Square

p.s. This is a great organization! Everyone will benefit from the training! JHF

Habitat for Humanity – A Taste of the French Goat Fundraiser

6:00pm - February 22nd at the Clay Center

Tickets are \$100 each/\$175 for two

Please see the bulletin board for more information.

Gabriel Project – Formula February

The Metro Valley Gabriel Project needs formula to help babies have a healthy start in life.

All formula donations we receive will be distributed to needy families in our area.

Donations of cans of powdered formula and/or ready-to-feed bottles of formula can be placed in or near the pink crate in the gathering area.

Please see the flyer on the bulletin board for more information.

Other Items of Interest

The award-winning film "**Heroin(e)**" will be shown at the University of Charleston Thursday February 15 at 7:00pm, free and open to the public, presented by West Virginia Public Broadcasting Corp. This excellent documentary looks at the reality of drug addiction in West Virginia through the eyes of 3 courageous and generous women heroines in Huntington, WV who have 3 very different ways that they work to respond to the daily tragedies of addiction and overdosing, providing challenge and inspiration to all who take time to view it. View the trailer at:

<https://www.youtube.com/watch?v=khSO7qEKbvo> and I believe the entire film is available to Netflix subscribers.

Spaghetti Dinner for HOPE

Charleston Catholic's HOPE Project will host a **Spaghetti Dinner Fundraiser from 5:30-7:30 on Friday, Feb. 16**, in the CCHS Commons. Tickets are \$7 a plate. Children, age 5 and under, eat for free. The meal will feature salad, pasta, vegetarian sauce (Lenten Friday), bread, and dessert. Tickets can be purchased ahead of time at the school office or at the door on Feb. 16th. HOPE is Charleston Catholic High School's summer home repair project with low-income families and senior citizens in Clay County, WV. HOPE participants annually raise \$35,000 to purchase construction supplies to help make 8-12 families' homes warmer, safer, and drier. HOPE has the dual purpose of improving the quality of housing for low income folks in Clay County and instilling the habit of service in students with a commitment to living the works of mercy.

Saint Anthony Traditional "Fish Frydays"

Fridays during Lent: February 16, 23, March 2, 9, 16, and 23
5:30 – 7:30pm

St. Anthony's Parish Center, 1027 6th Street, Charleston

Little Pieces of Light – A Five Week Lenten Reflection

Monday Mornings from 10:00 – 11:30am

February 19, 26, March 5, 12, 19

Basilica of the Co-Cathedral of the Sacred Heart

Pamphlets with registration forms are on the bulletin board and credenza.

Holy Days of Education

The Church's teachings on love run very deep and are worth considering during this month of February when our society is focused on love as well. Come, join fellow Catholics in our vicariate and learn the faith through Symbolon, the catechetical program reinvigorating the faith of Catholics everywhere. This session of Symbolon will be on: **A Love that Lasts** on Wednesday, February 21st at 7:00pm at St. John XXIII Pastoral Center, 100 Hodges Road, Charleston For more information, contact Michael Kawash: 304-549-6453 or mak@ramlaw.com

The Aging Brain – A 12-Week Lecture Series

The Aging Brain provides a new understanding of what happens in the brain as we age, and why. You will gain a new insight into the behavioral and cognitive changes that often accompany aging and how it affects us at the cellular, neural and behavioral levels while learning strategies to help keep your mind and brain sharp and healthy as you grow older.

Free and open to the public.

First Presbyterian Church, 16 Leon Sullivan Way, Charleston

Sundays from 4:00 – 5:30pm in the church dining room – February 18 – May 6

For more information, contact Dr. Robert G. Newman at 304-345-0225 or the church office at 304-343-8961

(You can also find more information on our bulletin at the bottom of the ramp.)

The West Virginia Institute for Spirituality Newsletter:

<http://wvis.org/wp-content/uploads/2018/01/WVIS-Winter-Spring-2018-Newsletter-1.pdf>

Articles included in this issue of the newsletter are:

- Executive Director Reflection
 - President's Letter
 - New Board of Directors & Welcome Back
 - The Call: Flowing Spirit Ministry & New Developments at WVIS
 - What is Spiritual Direction - Are You Seeking a Prayer Guide?
 - Spiritual Direction Programs - Lent and Almost Heaven Retreats - Lent-Pentecost Reflections
 - WVIS Calendar
- and many more topics of interest.

Giving Jesus Your Heart: A Spiritual Transplant Weekend Planned

Are you broken-hearted because of recent losses? Are the arteries of your prayer life clogged? Mend and unclog your heart by embracing the Sacred Heart of Jesus with Father Leon Alexander and Gerri Wright, March 15-18, 2018 at the West Virginia Institute for Spirituality in Charleston, WV. The cost of the weekend is \$500.00 which includes all lodging, meals, materials and intensive prayer periods linked with Palm Sunday, Holy Thursday, Good Friday, Holy Saturday and the Easter Sunday Resurrection. The deadline for registration is February 18, 2018. For additional information, contact Bob Harrison: Phone/Text 304-932-8246 or DRBOBWV@AOL.COM

Helpful Information

Our Parish Staff

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| <u>Pastor</u> | Rev. John H. Finnell | Cell: 1.304.377.3560 E-mail: snowman25303@hotmail.com |
| <u>Deacon</u> | Rev. Mr. John Hanna | Home: 304.935.4646/Cell: 304.389.7255 E-mail: deaconjohnh@suddenlink.net |
| <u>Pastoral Associate</u> | Jeanne Haas | E-mail: haasjeanne@hotmail.com |
| <u>Office Manager</u> | Natalie Zellers | Office E-mail: blessedsac@suddenlinkmail.com |
| <u>Music & Youth Director</u> | Mark Haas | E-mail: MarkHaasCatholic@gmail.com |

Our Pastoral Council

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|-----------------------|---------------|-----------------|------------------|----------------|
| Jo Stone, facilitator | David Elliott | Kay Margocee | Matthew Crabtree | Rick Brennan |
| Susan Churchill | Molly Linehan | Colleen O'Neill | Bob Sylvester | Bob Lucas |
| John Gianola | Travis Green | Tom McLane | Joe Gresham | Vince Stricker |
| Peg Nagem | Joe Jenkins | | | |

Minutes from the Parish Pastoral Council can be found on our webpage.

Our Contact Information:

Address: 305 E Street, South Charleston, WV 25303
Parish Office: 304.744.5523 E-mail: blessedsac@suddenlinkmail.com
Our office hours are from 9am – 3pm, Monday – Friday.
Web page: www.blessedsacramentwv.org

St. Paul Radio - West Virginia.....Presents Catholic radio on:

WLUX 1450 AM Dunbar; WNUX 89.7 FM Beckley; WOUX 105.3 Parkersburg
Visit www.sprwv.org for a link to stream Catholic radio to a smart phone